



ENGSO Youth Strategy 2024-27

SUSTAINABLE
DEVELOPMENT
GOALS

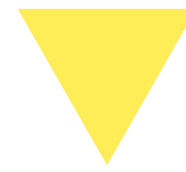
Youth
Goals

Slogan



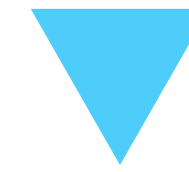
Giving youth¹
a real say² in sport³

Vision



Establishing and nourishing
strong alliances to empower
youth's development
through sport.

Mission



To serve as an overarching platform
for creating opportunities within the
European youth sport sector
through advocacy, strategic actions
and networking.

1 ENGSO Youth defines youth as persons between the ages of 13 and 35.

2 ENGSO Youth defines a real say as an equal opportunity in decision making within the grassroots sport sector.

3 ENGSO Youth defines sport through the following characteristics:

- Physical activity - it involves movements that increase the heart rate;
- Competition - it has a competitive element, although participants might not actually take part in competition themselves;
- Institutionalisation - it is organised by someone (such as a coach, committee, or organisation), has a base (such as a club or venue), and has some desired outcome (such as health-enhancing purposes, competitive success, educational and/or social inclusion aspect).

Core values

We are driven by the following principles:

DEMOCRACY

EQUALITY

INCLUSION

SUSTAINABILITY

INTEGRITY

EDUCATION

TRANSPARENCY

We operate by relying on advocacy, projects, policy and networking, with special focus on:



Sustainable development in and through sport;



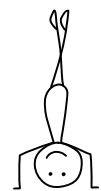
Education and employability in and through sport;



Inclusion in and through sport;



Sport diplomacy;



Health-enhancing physical activity;



Internal development and nourishing cooperation with ENGSO and its organisational bodies.

ENGSO Youth's understanding of organised grassroots sport is: Organised physical and sport activity practiced by people of all ages at a non-professional level and regardless of skills and ambitions. The activities are carried out on a regular basis for health, educational, social purposes, the enjoyment of movement and sense of belonging.

Objectives for 2027

ENGSO Youth has the objective of empowering and supporting youth in finding their active role in society through sport.

We aim to:

- Serve as a thriving platform connecting youth and sport sectors;
- Implement sustainable projects with long-term effects;
- Build long-lasting cross-sectoral partnerships and networks;
- Promote effective and meaningful youth participation and a rights-based approach to youth sport sector.

In doing so, we rely on our working groups:



INCLUSION



Main aim: to promote the participation of youth in sport regardless of disability, ethnicity, race, gender, socio-economic status, location, or other socio-economic background characteristics, while fostering intergenerational dialogue and solidarity through sport.

ENGSO Youth prioritises the following groups:

- Youth with physical, intellectual and psychosocial disabilities
- Youth with different gender identities
- Youth from different ethnic minorities
- Children (up to 18 years old)

Objectives for 2027

- Raising awareness of the barriers faced by young people and children within the grassroots sport sector, and the need to address and propose comprehensive solutions to overcome their challenges.
- Collaborating actively with stakeholders, NGOs, and other relevant institutions in the field in order to forge strategic changes for target groups and their ability to participate equally in sports and sport governing bodies.
- Creating opportunities (projects, events, workshops, etc.) using sport as a tool for social inclusion.
- Liaising with all relevant authorities and stakeholders in order to increase the accessibility of young people to sport and physical activity.



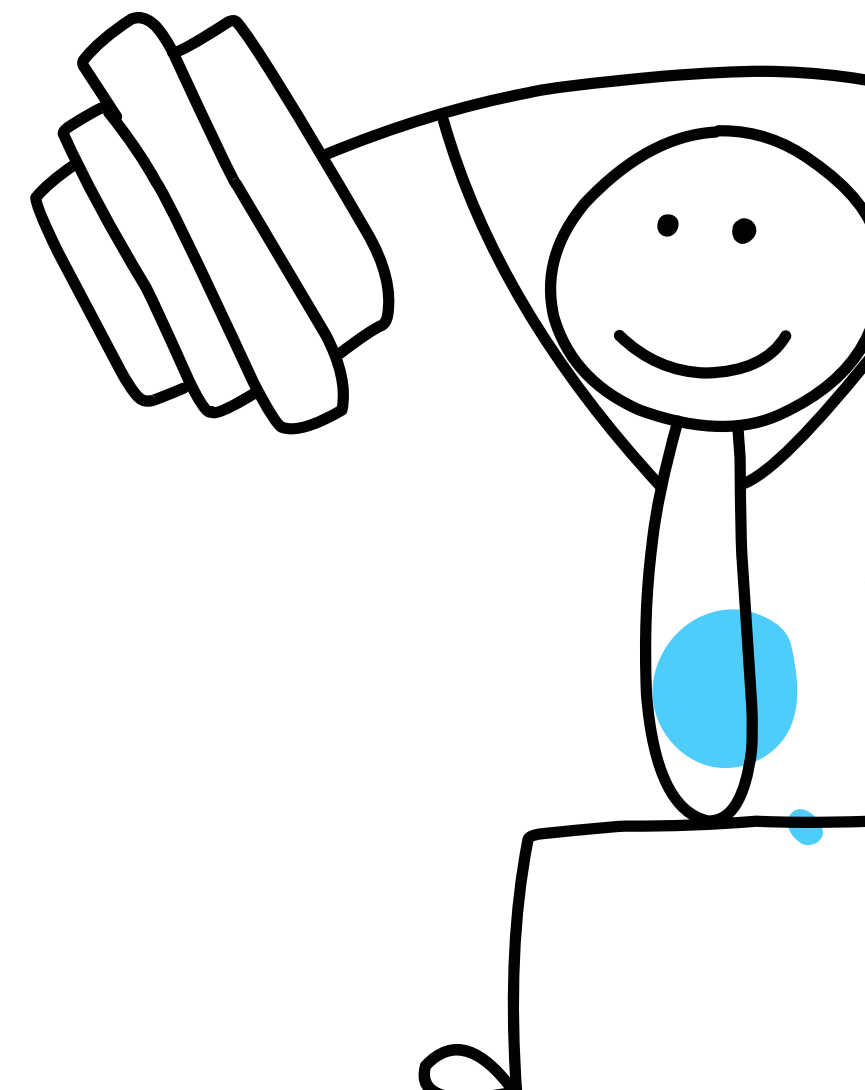


EDUCATION AND EMPLOYABILITY

Main aim: to ensure inclusive and equitable quality education and promote skills development opportunities through sport in formal, non-formal and informal education contexts.

Objectives for 2027

- Advocating for the quality physical education of youth as crucial in the development of life skills.
- Contributing to the recognition of sport, including education through sport methodology, as a valuable tool for education and training.
- Promoting volunteering as a valuable non-formal education opportunity that allows the acquisition of skills, experience and knowledge that increase employability possibilities.
- Fostering lifelong learning and skills development in and through sport. Advocating for decent jobs for every young person within and outside the sport movement.





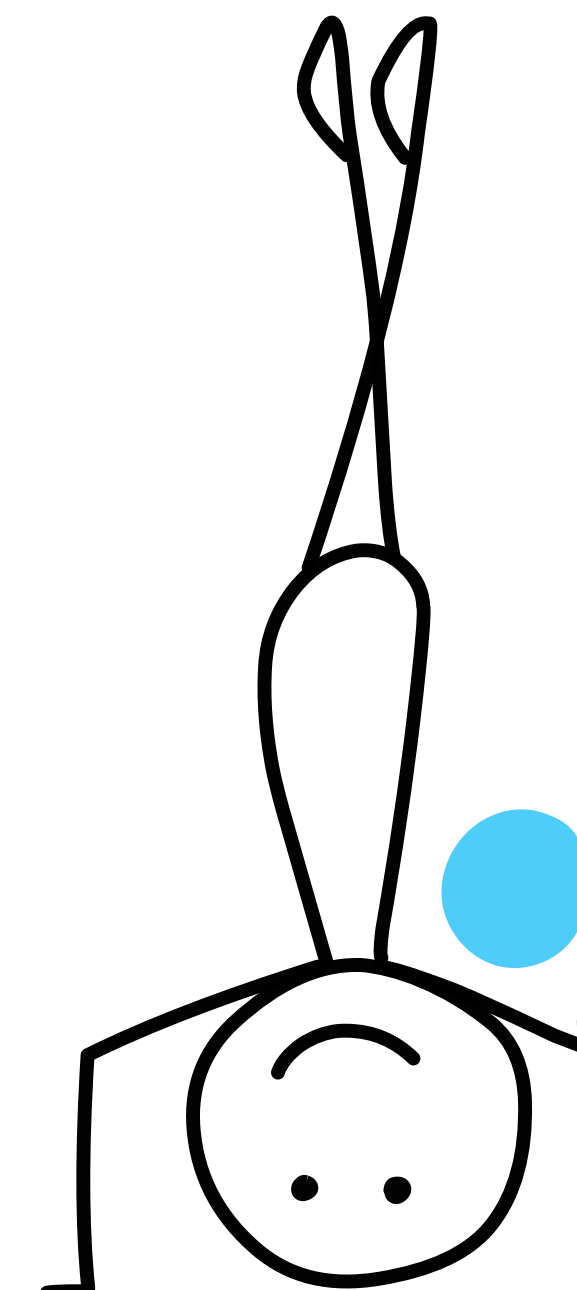
Mental Health &
Wellbeing

HEALTH

Main aim: to promote sport and physical activity as crucial determinants for the physical and mental health and well-being of young people.

Objectives for 2027

- Fostering the role of Grassroots Sport as an essential learning space for the promotion and improvement of physical and mental health and well-being of young people.
- Promoting the recognition of sport for all and health-enhancing physical activity in the prevention and treatment of mental health problems and non-communicable diseases in an integrated and multi-sector approach.
- Cooperating with sport and health stakeholders, NGO's and other relevant institutions in order to increase the physical activity levels of Young People.



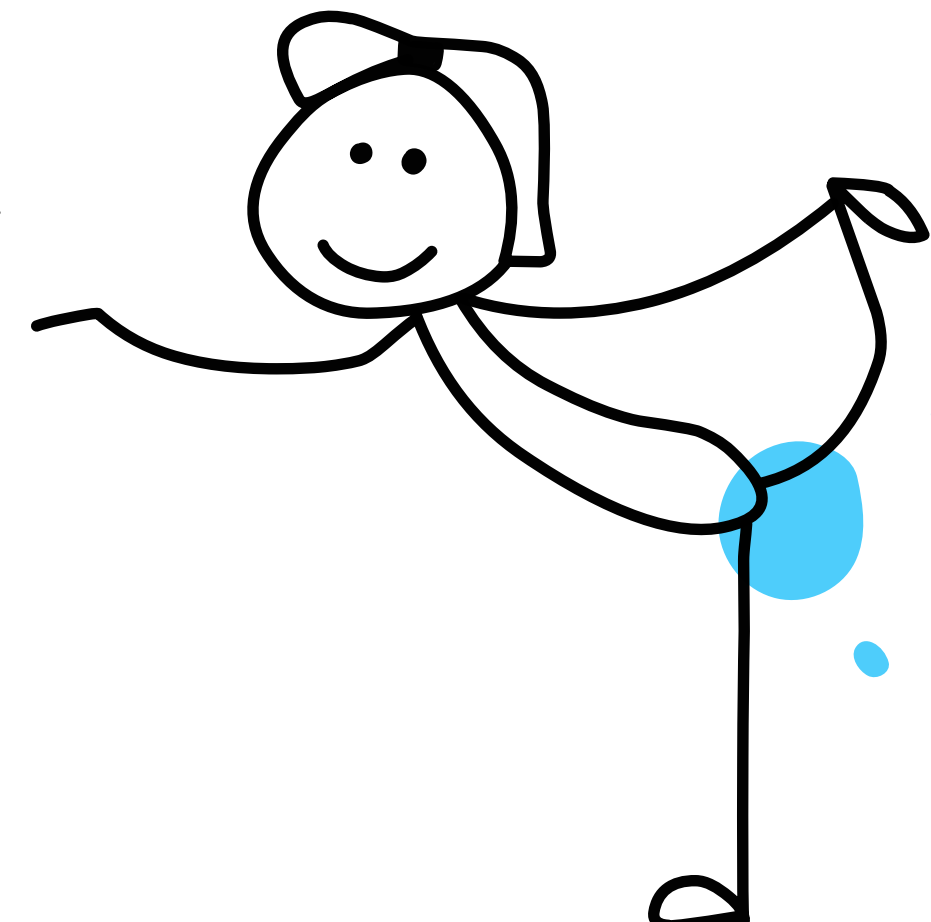
SPORTS DIPLOMACY



Main aim: to strengthen cooperation between youth and sport sectors, and ensure the right to proper youth representation in sport governance.

Objectives for 2027

- Strengthening ENGSO Youth partner network and establishing formal partnerships with youth and sport organisations.
- Supporting efficient knowledge sharing and capacity-building activities with ENGSO Youth member organisations.
- Establishing effective and meaningful youth participation mechanisms within the Sport sector.





SUSTAINABLE DEVELOPMENT

Main aim: to support and implement a holistic approach to the sustainable development of Grassroots Sport.

Objectives for 2027

- Advocating for the urgency in greening the sport sector.
- Supporting ENGSO Youth member organisations and partners in adopting a social, environmental and economic approach to sustainability.
- Promoting the use of a circular economy approach within the sport sector and advocating for more sustainable and accessible cities and sport infrastructures.

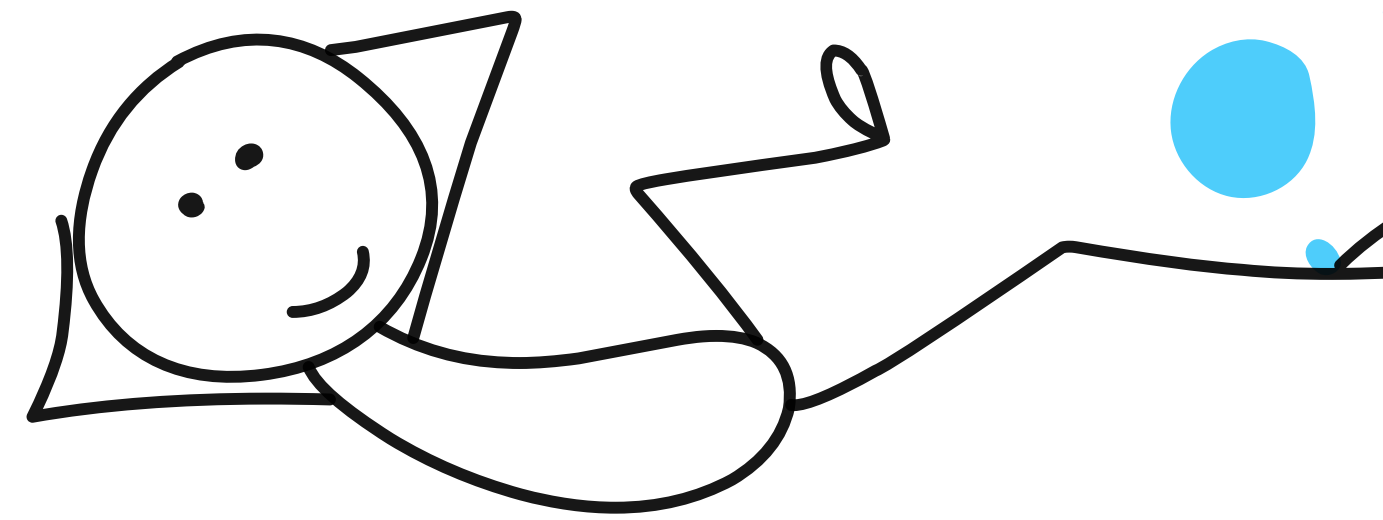


INTERNAL DEVELOPMENT

Main aim: to strengthen the internal capacity of ENGSO Youth.

Objectives for 2027

- Reinforcing cooperation with ENGSO Youth members.
- Ensuring transparent financial practices & ensuring diversified funds and accountable human resources.
- Further developing ENGSO Youth Young Delegates and Alumni Club programmes.
- Reinforcing ENGSO Youth European Youth and Sport Platform as a flagship event for the Youth and Sport sectors.
- Ensuring efficient and transparent internal and external communication.
- Developing capacity-building activities to strengthen ENGSO Youth.





@engsoyouth



www.engsoyouth.eu

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