

Dare to read our

Mandate report

Achievements, events, activities and the changes for the better we made during the 2021-2023 mandate.

Supported by:







Youth Goals





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Message from ENGSO Youth Chair

Dear friends,

I am privileged and grateful to be able to see the development of ENGSO Youth from the inside. Cannot be prouder of the youth, volunteers, staff members, partners, ENGSO members and stakeholders ENGSO Youth connects – all together we are working to ensure that grassroots sport & Youth empowerment would be prioritised in the European agenda enriching its full potential.

ENGSO Youth became a stable and strong body, recognized by European stakeholders. Topics, such as Social Inclusion and Human Rights through sports, Education and Employability, Mental Health, Sustainable development and Sport Diplomacy are highlighted in the report from the last two years. ENGSO Youth reached its highest budget in 21 years of its existence, which is coming from diversified funds, and has more than 5 full-time employees supporting the organisation in its daily operations.

These actions for the development and creation of a stronger bond with ENGSO member organisations allowed us to connect youth sports with decision-makers and advocate for the recognition of youth voices in Europe - be it European Year of Youth 2022 activities, representation in HealthyLifestyle4All Youth Ideas Labs initiative or ENGSO Youth legacy event - European Youth and Sports Platform.

European Youth and Sports Platform, which tends to become ENGSO Youth's flagship event, and it is going to be organised on 1-4 June 2023 under the Swedish presidency aims to build the bridges for the structural dialogue between Youth and main grassroots sport stakeholders and show our commitment to the heritage – from YOU(th) to YOU(th).

I am thankful for the opportunity to lead ENGSO Youth as a Chair and daring to continue to give **Youth** a real say in sport,

Ugne Chmeliauskaite ENGSO Youth chair

Message from ENGSO Youth Vice Chair

Dear friends,

As an organization committed to giving youth a real say in sports, we have been working tirelessly in the grassroots sports sector over the past years. We believe that a youth-led approach is crucial because we understand firsthand the immense benefits that grassroots sport can bring to our lives. That's why the mandate 2021-2023 has been marked by our ongoing efforts to actively engage young people in shaping the policies and practices that affect them, both on and off the field. By empowering youth to be agents of change, we create a more inclusive, equitable, and sustainable sports world.

Our approach to youth participation is reflected in our Strategy, developed from youth – for youth, which prioritizes areas such as sustainable development in and through sport, inclusion, healthenhancing physical activity, education and employability, and sports diplomacy. Our internal development and cooperation with ENGSO and its organisational bodies have also played a crucial role in our efforts.

ENGSO Youth has also been standing up for youth in the policy space, including the European Week of Sport 2021 and 2022, Youth Ideas Lab, European Year of Youth and Skills, and sustainable partnerships. Our position papers on the recognition of skills, statement on Ukraine, the impact of digital technologies, sport as a human right, and the European Sport Model have further demonstrated our commitment to youth in sports.

Finally, we have been working for youth through our projects, including Sport for Sustainable Development, Youth Integrity Ambassadors Programme, Sport Clubs for Health, Best Inclusion, Move4Nature, and SWinG. It is initiatives like these that have made a tangible difference in the lives of young people over the years, and have been instrumental in furthering our vision of giving youth a real say in sports.

As we enter into our third decade of existence, we are proud to have celebrated our 20th anniversary during this mandate. Looking back on our journey so far, we are humbled by the impact we have been able to make in the world of grassroots sport, particularly when it comes to youth participation. Our commitment to ensuring that young people have a real say in sports has never wavered, and we are excited to continue this mission in the years to come.

Filip Filipic
ENGSO Youth Vice-chair

Message from ENGSO President

Dear friends,

For the past 21 years, ENGSO Youth has been determined to advocate, promote and improve the position of youth within the European sport sector. It truly has been a pleasure to follow the progress and development of ENGSO's youth body and collaborate with them through policy, projects, events, and more.

As athletes, leaders, coaches, educators, or volunteers, young people represent a high percentage of members within the grassroots sport movement. In the EU, sport clubs are recognised as the type of youth organisation young people would most likely to participate in. This leads me to believe that giving youth an opportunity to play an active role and have representation within sports organisations is of crucial importance.

Supporting and unleashing young people's creativity and innovation is essential for the progress and development of any sports federation or club. Young people bring new skills and ideas to the table that support the solution-finding processes on today's most urgent matters such as sustainability, health, digitalisation, equality, diplomacy, integrity and education.

At ENGSO we believe that the active participation of youth should be guaranteed in the democratic structures and processes of any organisation that uses sport or physical activity as the basis of their functioning. Having confidence in youth and including them in all structures and partnerships, not only improves the internal functioning of the organisation but can also extend its reach beyond that and positively impact the lives of wider, bigger communities with people of all ages and from different backgrounds.

I gladly dare to stand up for youth, Stefan Bergh, ENGSO President



Our 2021-2023 achievements





Shaping European youth agenda: active participation in EC Youth Ideas Labs, European Week of Sport, EU Sport Forum, European Sport Platform, European Youth Forum work, European year of Youth and European Year of Skills activities.

Meet ENGSO Youth

ENGSO Youth is the independent youth body of the European Sports NGO (ENGSO). We focus on the youth sport-for-all sector in Europe and represent young Europeans under the age of 35 in sports in more than 30 countries. Since 2002, we have been at the forefront of youth sport advocacy at European level.



ENGSO Youth Committee 2021-2023

The ENGSO Youth Committee is the decision-making body which consists of a chair, vice chair and seven members. The members of the Committee were elected by the ENGSO member organisations at the Youth Assembly 2021.



ENGSO Youth Chair

- Lithuanian Union of Sports Federations
- 17, Partnership for the goals: because only together we can make the difference!



- Croatian Olympic Committee
- 13, Climate action: I think it is the most urgent one.



- Olympic Committee of Serbia
- 4, Quality Education: because it lays the foundation for achieving many other SDGs.



- HENRIETTA WEINBERG
- German Sports Youth (dsj)
- 4, Quality education: because it forms the basis for joint advancement.



- **Hungarian Competitive Sport** Federation
- 4, Quality education: because this could be the solution for all the other challenges in the world.



- The Netherlands Olympic Committee*National Sport Federation
- 5, Gender equality: because everyone deserves equal chances!



RONALDS RETS REZAIS (2021-2022)

- Latvian Sports Federations Council
- 16, Peace, justice and strong institutions, because it is the "glue" that allows our society, economy, institutions and political system to function efficiently.



PÁL VITALIS JOENSEN OLY

- Faroese Confederation of Sports and Olympic Committee
- 5, Gender equality: because I have two daughters that should get the same opportunities in sport, career and in life as myself.



LUKA ANTONIA BÖRGER (2022-2023)

- French National Olympic and Sports Committee
- 4, Quality education: because equal education for all sets the foundation.



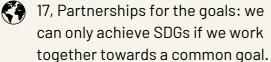
RASHAN MCDONALD (2021-2022)

Sport and Recreation Alliance

ENGSO Youth Staff 2021-2023

Meet the team behind ENGSO Youth's operations in the fields of policy, projects, communication, design, partnerships, memberships and internal strengthening. Through 2021-2023 the staff team welcomed 4 new members which support the organisation and implementation of events, projects and other activities.







4, Quality Education: everyone has the right to build their own opinion!



4, Quality Education: Quality Education is the cornerstone of all humanity, the one that give us the ability to address all other SDG's in a forward-looking manner, and upon which we become the change we want to see in the world.



MANAGER

5, Gender Equality: to build the basis of freedom of choice.



PAULINA GODLEWSKA, PARTNERSHIPS AND MEMBERSHIPS MANAGER



4, Quality Education: I believe inclusive and equitable quality education is a perfect tool for achieving the rest of the Sustainable Development Goals.



NADICA JOVANOVIK, **PROJECTS MANAGER**



10, Reduced Inequalities: everyone is worth to have the chance to be recognized and respected.

Secretariat LITHUANIAN UNION OF **SPORTS FEDERATIONS**

Lithuanian ENGSO member organisation -Lithuanian Union of Sports Federations - was established in 1992. It is an umbrella organisation for 73 national sport federations in Lithuania, being one of the widest sport organisation in the country.



secretariat@engsoyouth.eu



Lietuvos sporto federaciju sajunga Zemaites 6, LT-03117 Vilnius, Lithuania





RINGA BALTRUŠAITE, **ENGSO YOUTH SECRETARIAT**



7, Affordable and clean energy: energy is one of the extremely important elements of the daily life. It is limited. Without energy the world would not function. We need to take care of it.

Staff 2021-2022



Sport for Sustainable Development 2021-2022



Sport for Sustainable Development 2021–2022



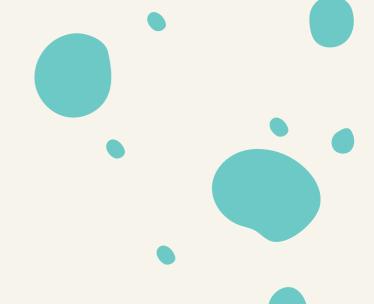
Sport Clubs for Health 2020-2022



2021 - 2022



2022





Being an Engso Youth Young Delegate has been an incredibly empowering experience for me. It provided me with skills, knowledge, network, and opportunities to develop as well as empowered me to create my own opportunities and confidently pursue possibilities, knowing that I have the backing of a supportive community. This experience has played a significant role in shaping my career in human rights advocacy and education helping me establish meaningful connections in the field and providing me with the necessary tools and knowledge. It has also inspired me to continue my journey of personal growth and development, both as an individual and as a professional.

AMANI RAWAND BEN BRAHIM



As a Young Delegate during the 2021-23 mandate, I had the opportunity to connect with and learn from some of the most inspiring professionals in the sporting world. Through this experience, I was able to gain valuable insights, broaden my perspectives, and strengthen my leadership and interpersonal skills. The knowledge, experience and network I acquired as a Young Delegate have been instrumental in helping me advance my career and achieve my professional goals.





CHRISTIAN SALEH HAJJ

The Young Delegates program has helped me to grow my professional network, to get to know how I can support the development and promotion of sport policies in Europe and disseminate sport for development in my country. If it weren't for this program, I wouldn't have the chance to become an IOC Young Leader. I'm eternally grateful for all the experiences that I have spent and that is the reason why I want to help the organisation be established even more.



ISAIAH KIOILOGLOU

2021-2023 Young delegates



ENGSO Youth Young Delegates programme connects individuals who are willing to take meaningful action and play an important role in advocating and empowering children and young people in the sport for all sector. It is a devoted and knowledgeable group of individuals (18–30 years old), committed to using sport as a tool for positive social change. ENGSO Youth Young Delegates contribute to the development of the organisation and are directly involved in ENGSO Youth working groups during their two years mandate.

INCLUSION



RITA MARIA LOUREIRO PATRÍCIO



ANA BARRADAS



AMANI RAWAND BEN BRAHIM



NERIJUS TABOKAS



PANAGIOTIS PAPAGEORGIOU

EDUCATION AND EMPLOYABILITY



MIRJAM SCHWITTER



ISAIAH KIOILOGLOU



CHRISTIAN HAJJ



MARIANNA PIKUL

HEALTH



KAROLIN VALDMAA



TABEA WERNER



ANNA MARTIROSYAN



LAUR MIHAI AMANOLESEI

SPORTS DIPLOMACY



RICCARDO GABRIELE BERTELLI



PANIZ YOUSEFI MOJTAHEDI



CHELSEA ALAGOA



FATIMA AHMADOVA



PEDRO JOSÉ MERCADO JAÉN

SUSTAINABLE DEVELOPMENT



JANKA DESZATNIK



ALADDIN ALRIFAI



ANTON KLISCHEWSKI



ALESSIA DE IULIS



JACK NEEDHAM

Alumni club

The ENGSO Youth Alumni Club connects alumni members of ENGSO Youth with an aim to inspire, feel connected to the organisation, support and advise on the development of ENGSO Youth and to represent and share expert opinion on the ENGSO Youth working fields: Youth empowerment, Sustainability, Sport diplomacy, Health, Education & Employability, Social Inclusion by, for and through Grassroots Sports.





Inclusion in and through sport















Participation for All

Moving Rural Youth Forward

Inclusive

Equality of All Genders

- Participation and contribution to the European Sport Platform "Inclusion Paradox" (14-15 October, 2022);
- Participation and contribution to the 2022 EDF Conference on Sustainability and Human Rights
 (14-16 November) the 2022 IncluPass final conference (24 November) and the 2022 Moving people
 conference by ISCA (24 November);
- Development and publication of EY policy paper "Sport ad a Human Right?";
- Developed and implemented EY Human Rights Education through Sport Workshops, a series of 3 international activities;
- Developed a communication campaign on Women in sport via ENGSO Youth Social media;
- Within the HealthyLifestyle4All Youth Ideas Labs advocated and contributed to the pledge "TRANSform Lives Through Sport" focusing on the inclusion of transwomen;
- Strengthened cooperation with Special Olympics Europe-Eurasia in several projects; and participated and contributed to the series of roundtables of the BEsT Inclusion project where EY is a partner, being also the organiser of the roundtable on the inclusion of young people;
- Contributed to the work of ENGSO Equality within sport (EWS) Committee.







RITA MARIA LOUREIRO PATRÍCIO



AMANI RAWAND BEN BRAHIM



NERIJUS TABOKAS



ANA BARRADAS



PANAGIOTIS PAPAGEORGIOU

Health enhancing physical activity





- Developed and saw the approval of the large collaborative partnership project "HOORAY" which focus on young people's mental health and well-being and had its kick-off meeting in February 2023;
- Under the HealthyLifestyle4All initiative developed and implemented EY pledge to
 promote the importance of mental and physical health-enhancing sport activities among
 young people; collaborated with European Commission in a live interview on youth and
 mental health with EY Young Delegate (29.09.2022); developed a toolkit on protecting
 mental health of young athletes;
- Attended and presented the work on Mental Health and Youth at 2022 Sport Info Day;
- Coordinated EY participation in European Commission's initiative HealthyLifestyle4All Youth Ideas Labs.









KAROLIN VALDMAA



TABEA WERNER



ANNA MARTIROSYAN



LAUR MIHAI AMANOLESEI

Sustainable development in and through sport





Europe

- Developed guidelines for more sustainable local sports events for Youth leaders and developed environmental sustainability guidelines;
- Implemented the international activity "YOU(th) for sustainable sports" (1-6 April 2022);
- Within the framework of the project "Sport for Sustainable Development", implemented a youth exchange in Dakar (9-15 May 2022) a training course in Tokyo (8-14 September 2022) and the final conference of the project in Paris (28-29 November 2022);
- Integrated as partner a new small-scale project (Move4Nature a project that encourages participation in physical activities and green practices in sport through hiking and clean-up actions);
- Participated in the 2022 "Sport and SDGs in childhood" event (Paris, 7-8 Feb 2022) and in the 2022 North American Sport Management Association event (with a presentation on Sustainability & Sport);
- And supported and included the EU-CoE youth partnership sustainability guidelines in ENGSO Youth actions and activities.

















JANKA DESZATNIK

ALADDIN ALRIFAI

ANTON KLISCHEWSKI

ALESSIA DE IULIS

JACK NEEDHAM

Education and employability in and through sport









Quality Employmen

Quality Learning

- Established and strengthened partnerships with organisations that focus on the use of sport in education in school/universities;
- Implemented workshops on volunteering and volunteering management and capacity-building events at the European University Games 2022;
- Saw the successful approval of the final report of the EYVOL project (Empowering Youth Volunteers Through Sport);
- And followed up on the policy paper developed in 2021 on the "Recognition and validation of skills for youth gained through sports", with a project application on quality education and more engaging sport activities through skill development for physical education teachers, students and sport workers.









MIRJAM SCHWITTER



ISAIAH KIOILOGLOU



CHRISTIAN HAJJ



MARIANNA PIKUL

Sports diplomacy









Connecting EU with Youth

Constructive Dialogue

- Implementation of the project "Youth Integrity Ambassadors Programme;
- Facilitated inter working groups cooperation in view of the research on youth participation in sport governance and developed EY position paper on youth participation in sport governance;
- Liaised with the WG on sustainable development and developed EY position paper on sustainable partnerships for SDGs and European Youth Goals;
- Liaised between working groups to develop EY partnership procedure for joining projects;
- Engaged and disseminated EY work in youth and sport sector through participation and communications with several institutional partners and youth organisations;
- Participated and contributed to key sport events and initiative such as the EU Sport Forum, the European Week of Sport and the HealthyLifestyle4All initiative and contributed to the work of ENGSO EU Advisory Committee and Enlarged Partial Agreement on Sport (EPAS) work.











PANIZ YOUSEFI MOJTAHEDI



CHELSEA ALAGOA



FATIMA AHMADOVA



PEDRO JOSÉ MERCADO JAÉN



RICCARDO GABRIELE BERTELLI

Internal development and the way forward

12

statutory meetings





Working group on Internal Development



further strengthening internal procedures and protocols within the 5 working groups



development and approval of
EY monitoring,
communication and
evaluation plan (including risk
management)



Revision of the financial regulations



Revised EY visibility guidelines; and the new EY website



Developed internal sustainability guidelines



Participation in Executive Committee of ENGSO, ENGSO EU Advisory Committee and Equality within sports Committee



Cooperation, project development, and advocacy efforts by joint staff initiatives between ENGSO staff and ENGSO Youth staff and joined meetings





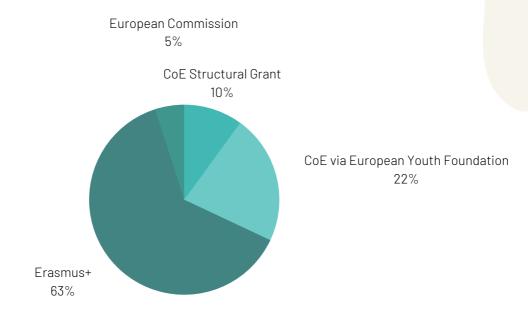
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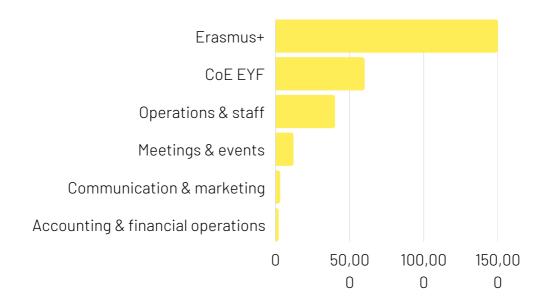
Finances

Income sources



Contribution in-kind from ENGSO Member organisations via hosting, providing work space, supporting Committee members, etc.

2022 overview in numbers:





Events

We also organised events to provide opportunities for young Europeans to participate and contribute to the European youth sport movement.

In 2021-2023 we travelled to 3 different continents in order to implement activities and organise educational events.

Youth Assembly



2021

The Youth Assembly 2021 was held on Saturday, 12 June 2021. Due to the pandemic restrictions the event was organised in a virtual format. The Assembly hosted the elections of a 2021–2023 Committee which included fourteen candidates who were nominated for the nine available committee positions.







Elections



The 2022 edition of the Youth Assembly was held in Torshavn, Faroe Islands, hosted by the Faroese Confederation of Sports and Olympic Committee, on the occasion of the 30th ENGSO General Assembly, on 28 May, 2022. The Committee held elections to replace one member and welcomed Luka Börger who represented the French





New Committee member elected





Back to Basics - Human Rights Education through Sport

programme







Human Rights Education

100

young leaders engaged





Local actions



Position paper on Sport as a Human Right







The main idea of the programme, which kicked off in Budapest (Hungary) in February 2022, continued in Portimão (Portugal) in June 2022, and concluded in Arnhem (Netherlands) in October 2022, was to support youth and sport organisations as well as sport and youth workers in developing competences to act as multipliers for human rights and human rights education through sports. More than 100 young leaders working within and/or with the youth & sport sector from more than 30 countries were introduced to a theoretical context around sports' contribution to promote, ensure and advocate for Human Rights.

With the inspiration of discussions, exchange and their own expertise, participants of the Human Rights Education workshop series, led by ENGSO Youth, created a manual and a board game that includes meaningful non-formal education physical activities and exercises with the common goal: to highlight and educate on the power of sport as a tool to promote Human Rights.

The activities were aligned with the EU Youth Policy and European Year of Youth 2022 objectives of raising awareness of and contributing to the dissemination of EU values.







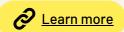


Youth for Sustainable Development



The "YOU(th) for sustainable development" project educated and supported 30 young people to initiate a sustainable change within their communities through organising sport events. During the various educational workshops and activities, the participants developed practical guidelines and recommendations on sustainability and the use of Sustainable Development Goals in sport for youth leaders working in the sport sector.

Throughout the 4-day training, ENGSO Youth equipped young participants with tools and educational resources on how to: make a sustainable change through sport; contribute to the sustainable development goals guidelines with a focus on climate change; make an impact in their communities.







Sport for Sustainable Development





Tokyo





150 young people



Sport for Sustainable Development was a long but empowering journey that took us on a global mission, from Europe to Senegal and Japan, to advocate, educate and promote the powerful role sport and youth play in achieving sustainable development goals.

The Erasmus+ funded initiative Sport for Sustainable
Development kicked off in 2020, just days before the Covid19 pandemic changed the course of our lives, and the
trajectory of this project. After several online activities,
release of the "Score All 17" manual, and at last, youth
exchange in Senegal and training course in Japan (2022), the
project reached the final stage of the journey – the Sport for
Sustainable Development conference which was held in

job shadowing partcipants in Tokyo



Score all 17 manual



Training course on sport integrity







Within the framework of the Youth Integrity Ambassadors Programme (YIAP), an Erasmus+ funded project, the first European Training Course on sport integrity was organised, held on 9-15 February 2023 in Lisbon, Portugal, and hosted by the Portuguese Sport Confederation.

The capital of Portugal welcomed 36 young people who joined the first European training course on sport integrity for young ambassadors. The participants, aged between 18-30 years old and coming from all over Europe, were chosen by the YIAP project partner organisations.



Best inclusion: age inclusion in workforce







Within the Best Inclusion project framework, ENGSO Youth was responsible for the organisation of the second roundtable, which revolved around the topic of "age diversity" and discussed the barriers that young people face when it comes to employment within the European sport sector. The roundtable was held on 8 November 2022 and welcomed 14 experts from various subfields of sport and European countries (France, Lithuania, Italy, Denmark, Belgium, Spain, Malta, UK, Netherlands).









Vilnius



Our project manager Ivana Pranjic made an inspiring presentation about Sport for sustainable development (project) and the related youth movement who is leading the global conversation on making our planet a healthier, more inclusive and equal place to live. We also supported the event with a moderation of the sustainability session which was led by the former Committee member Lovisa Broms. The ESP concluded with an organisation of "SwinGing towards women leadership" workshop where we presented our involvement with the project SWinG.

2022



Arnhem



During the 2022 edition of the European Sport Platform we led a workshop based on the interactive game and with a goal to champion human rights through sport. The workshop which gathered participants of all ages and backgrounds.

The workshop was part of the "Concluding and Strategising Seminar", the third and last international learning activity of the Human Rights Education programme.

STANDING UP FOR YOUTH



European Week of Sport 2021: HealthyLifestyle4all pledge

The HealthyLifestyle4all initiative was officially launched by the European Commissioner Mariya Gabriel, on 23 September 2021, in Bled, Slovenia, on the occasion of the opening of the European Week of Sport 2021. ENGSO Youth Chair Ugne Chmeliauskaitė signed a pledge, committing to actively contribute as a grassroots sport partner through promotion of the importance of mental and physical health-enhancing sport activities among young people, and to activate youth to become active and strengthen their mental and physical health through inclusive sport activities.





Participation at the Opening in Bled, Slovenia

Signing the pledge to the HealthyLifestyle4all initiative



We also joined ENGSO and The European Lotteries (EL) in highlighting the importance of grassroots sport for mental health and well-being during a joint webinar which was held during the European Week of Sport 2021.

European Week of Sport 2022: Youth Ideas Labs & #BeActive for sport integrity

During the 2022 edition of the European Week of Sport, we launched the Youth Integrity Ambassadors Programme, a project that trained 36 young people to be integrity ambassadors in their own local communities and implement their pilot activities to strengthen sports-based values and integrity. The topic of the project served as a motto for the event held within the framework of the European Week of Sport 2022, in cooperation with ENGSO and the European Lotteries.

While this event marked the end of ENGSO Youth journey and contribution to the European Week of Sport, it is worth mentioning that this contribution started in Prague with our participation in the official opening of the Week, where ENGSO Youth facilitated one session of the event and presented the HealthyLifestyle4All Youth Ideas Labs final pledges.







Session moderation & participation at the Opening in Prague, Czech Republic Presentation of Youth Ideas Lab





European Commission

HealthyLifestyle4all Youth Ideas Lab



HealthyLifestyle4All Youth Ideas Labs 2022 is an European Commission initiative to celebrate the European Year of Youth 2022 and contribute the youth voice to the HealthyLifestyle4All campaign. ENGSO Youth was one of the six organisations that actively contributed to the initiative, by participating in all three activities: EU Sport Forum in Lille in June 2022, meeting in Brussels in August 2022, and European Week of Sport Opening in Prague in September 2022.

We contributed to the development of proposals on youth-health related topics that were presented to decision-makers, moderated session at the European Week of Sport Opening, shared recommendations through "Sustainable partnerships" position paper and continue to advocate for the initiative to become a regular dialogue between youth and the European Commission.

Participation in 3 events;







European Year of Youth

Due to the hardship youngsters experienced during the pandemic, 2022 was dedicated to young people and proclaimed as the European Year of Youth. The initiative shined a light on the importance of European youth to build a better future – greener, more inclusive and digital. Besides the HealthyListyle4all initiative and the Youth Ideas Lab that focused on youth health, ENGSO Youth organised several other activities that were reported under the initiative, such as international activities on Human Rights Education, Sustainable Development, inclusive workforce, sport integrity and mental well-being of youth. We also regularly took part in the European Youth Event (2021 and 2022), and ran several communication campaigns promoting the initiative and its outcomes.

- 8 international events;
- Communication campaigns;
- Advocacy & diplomacy with institutions.



European Year of Skills

2023 was declared as the European Year of Skills, raising awareness on the importance of skills that are in demand and which will contribute to sustainable growth and innovation. As part of the legacy of the European Year of Youth, we continued to work and advocate for youth, particularly for skills developed through sport and youth employability. We developed and applied for a big collaborative Erasmus+ partnership with a project that focuses on young people and skills development in and through sport.

- Project application about skills through sport;
- European Youth & Sport Platform launched.



Position papers



Solidarity with Ukraine: statement from ENGSO, ENGSO Youth and Young Delegates

Theme: peace, inclusion of refugees

Shocked and saddened by the ongoing war in Ukraine, ENGSO, ENGSO Youth and ENGSO Youth Young Delegates condemned the Russian and Belorussian aggression and the violation of the territorial integrity of Ukraine in the strongest terms possible. We called for the immediate ceasefire, Russian withdrawal and the reinstalment of peace. As the European Sports NGO representing the civil society of sport, our aim is to stand up for peace, defend and promote human rights, and fight inequality, discrimination, violence, abuse and hate in sport and through sport. We reaffirmed our solidarity with Ukraine, its people and the sports movement.



Recognition and validation of skills for youth gained through sports

Theme: education & employability

Education, as a lifelong process, enables the continuous development of a person's capabilities as an individual and as a member of society, and can take different forms. Beside formal education, self-regulated learning, context-bound learning, lifelong learning, informal learning and non-formal learning became basic elements of education.

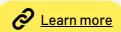




Impact of digital technologies on grassroots sport with the focus on Artificial Intelligence

Theme: digitisation

Opinions on the digitisation of the sports industry differ widely, however, there is a general compromise among the stakeholders that "sitting out is not an option" Many people argue that digitisation has drastically improved the sport experience for all the actors involved. For professional sport, fans usually consumed sporting events on traditional television just like they did other TV programs. The modern fans, particularly young people, are consuming sporting events on-demand just the way they consume all their entertainment on streaming services (e.g. Netflix, YouTube, Twitch etc.). They want to pause, rewind, forward, and enjoy their sport events with complete flexibility. Are digital technologies in grassroots sport, with the focus on Artificial Intelligence, a threat or an opportunity?





Sport as a human right?

Theme: human rights

Millions of people all over the world are affected by forced displacement due to conflicts, human rights violations, harassment, national disasters, and climate change. According to UNHCR, there are now more than 84 million refugees and displaced people around the world. About 14,200 applications for international protection were lodged by unaccompanied minors in EU+ countries representing 3% of the total 485,000 asylum applications in 2020. In this position paper we highlighted the impact sport initiatives can have on the inclusion and lives of refugees.



Sustainable Partnerships for SDGs and EU Youth Goals

Theme: partnerships

In an increasingly interdependent global society dangerously challenged by multiple factors of polarisation, multilateralism and multi-stakeholder partnerships are crucial to leverage the cross-sectoral interconnection between the Sustainable Development Goals and the EU Youth Goals, and therefore enhance their effectiveness and impact while accelerating progress in their achievement. This position paper explains the importance of the sustainable partnerships to achieve SDGs and EU Youth Goals.



ENGSO Position Paper on European Sport Model

Theme: sport diplomacy

In 2022, the European Sport Model was a widely discussed topic. Drawn up in collaboration with the members, the position paper lays explicitly the focus on the bottom part of the pyramidal structure – the grassroots sport movement. The broad basis on which the model is built. The position paper not only reflects on the reality of grassroots sport in that model but also depicts the relationship and connection to the pinnacle of the sport model.





WORKING FOR YOUTH

Projects

Projects are our way to develop resources and engage young people through and with sport. In mandate of June 2021-June 2023 we worked with numerous organisations and institutions from around the world. For the first time ever, we ran a transcontinental Erasmus+ project that organised activities in Africa and Asia. As partners, we collaborated on several projects promoting inclusion, climate action, gender equality, education, skills development and more. At the beginning of 2023, we also kicked off our biggest project to date.

Coordinator

Sport for Sustainable Development

2020-2022







Topic:

Sustainable development

About:

The project was a collaboration between 5 partners from 3 continents - Europe, Africa, and Asia, that raised awareness on the educational power of sport and supported youth sport trainers, workers, leaders and NGO staff to increase knowledge, skills and competences in the field of sustainable development through sport.

Activities:

- 1) Creation of a training manual for delivering the SDG workshop,
- 2) Training course in Tokyo, Japan,
- 3) Local visibility and dissemination activities,
- 4) Youth exchange in Dakar, Senegal,
- 5) Closing conference in Paris, France.

Partners:

ENGSO Youth as the coordinator, Hungarian University of Physical Education, Sport and Citizenship, National Olympic Committee of Senegal and Kokushikan University of Japan.

Website:

www.sport4.sd.com





Coordinator

Sport for Sustainable Development

2022-2025







Topic:

Health

About:

Mental health of young people, particularly teenagers, has been declining. The HOORAY (Youth for Youth's Mental Health through Physical Activity) project aims to address this challenge by exploring the impact and positive influence physical activity and sport can have on improving the overall well-being and mental health of young people.

Activities:

- 1) Good practices collection
- 2) Research (3 studies)
- 3) Educational resource
- 4) Online knowledge hub
- 5) Final conference

Partners:

ENGSO Youth as coordinator, International Sport and Culture Association – ISCA, Technical University of Munich, Budapest Association for International Sports, Instituto Superiore di Sanita, Monikansallisten naisten hyvinvointi ja liikunta ry, Rijeka Sports Association for Persons with Disabilities, Sports Alges e dafundo.

Website:



Youth Integrity Ambassadors Programme

2022-2024











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Construc

Topic:

Sport integrity

About:

Youth Integrity Ambassadors Programme (YIAP) aims to train and empower young people and make them active Ambassadors of Integrity in Sport. They enrolled in an educational program to acquire knowledge and competences on management, digital tools, and values such as democracy, equality and fairness. The programme will support their role as ambassadors of integrity and their quest to become an active and responsible citizens.

Activities:

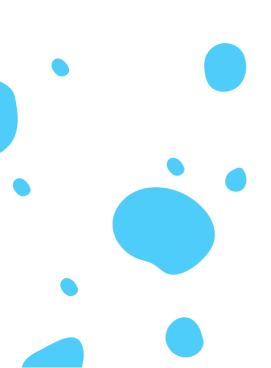
- 1) Training course and educational programme in Portugal
- 2) Youth activities, led by young ambassadors
- 3) National activities
- 4) Dissemination campaign
- 5) Final conference

Partners:

Swedish Sports Confederation (RF) as coordinator, ENGSO, EUSA Institute, RF-SISU Smaland, Special Olympics Euroasia Foundation, Confederacao Do Desporto de Portugal, Lithuanian Union of Sports Federations (LSFS) and Organizzazione per l'Educazione e lo Sport (OPES)

Website:

https://www.engso-education.eu/youth-integrity-ambassadors-programme





Best Inclusion

2022-2025













Forward

Societies





Topic:

Inclusion

About:

The project aims to achieve an inclusive workforce within the sport sector, by considering the inclusiveness and the diversity of the European workforce around 3 axes: gender, age and disability. The main aim is to strengthen the employability around these axes by accompanying sport employers and giving them the right tools to hire from these different categories of workers without any hesitation.

Activities:

1European online roundtables. Best practices collection, Studies and research, Policy recommendations and educational tools development

Partners:

EASE as coordinator, ENGSO, EUSA Institute, EOSE, ENGSO Youth, Fondation Alice Milliat, Finnish Paralympic Committee, University of Murcia, University of Cassino, Munster Technological University, IHRSA, Arbetsgivaralliansen, Sportwerk Vlaanderen.

Website:

https://www.easesport.eu/best-inclusion

Move4Nature

2022-2023



Climate action

MOVEYNATUTZE





About:

Move4Nature project combines physical activity with concrete climate action. We use outdoor sports, particularly hiking, as a tool to teach youth, and adults, about the importance of the environmental protection and climate action. Through hiking and physical activity in nature, the project will facilitates inclusion and intergenerational exchange.

Activities:

Good practices collection, Education tools, Clean up actions, Hackathon, Final conf<mark>erenc</mark>e

Partners:

Institut IMPACT, ENGSO Youth, Center Veriga, AJSPT Suceava, and expert: Mhor Outdoor

Website:

http://institut-impact.si/move4nature

Sport clubs for health (SCforH)

2020-2022

Topic:

Health





The main objective of the project was to increase participation in sport and HEPA in EU by encouraging sports clubs and associations to implement SCforH principles in their activities.

Activities:

Research, online course and training tool, national SCforH Conference for Sport Associations and Sport Clubs, training on ScforH principles and final seminar.

Partners:

Institute for Health and Sport, Victoria University, Institute of Sport Science, Karl-Franzens University of Graz, Physical Activity, Sports & Health Research Group, Department of Movement Sciences, KU Leuven, Faculty of Kinesiology University of Zagreb, Faculty of Physical Culture, Palacky University Olomouc, International Sport and Culture Organisation (ISCA), Department of Teacher Education, University of Turku, Faculty of Sport and Health Sciences, University of Jyvaskyla, European Federation for Company Sports (EFCS), Faculty Sports Sciences, University of Lorraine, German Gymnastic Federation, National School, University and Leisure Sport Federation, Department of Sport and Health Science, Athlone Institute of Technology, Gaelic Athletic Association, Faculty of Sport and Physical Education, University of Belgrade, European Non-Governmental Sport Organisation (ENGSO), School of Health Sciences, Orebro University.

Website:

https://www.scforh.info/

SWinG

2019-2021













Forward





Topic:

Gender equality

About:

The project identified and nurtured female emerging leaders and empowered them to become real actors of change-change makers and decision makers in the sport and physical activities sector. The final aim was to facilitate and support aspiring women sport leaders in achieving a change-making position in sport governing bodies.

Activities:

Mentorship programme with mentees from all over Europe, webinars, 9 educational resources developed, campaigns and communication activities, case studies and research.

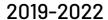
Partners:

The French Federation for Company Sport (FFSE) as coordinator, Athletes for Hope, European Hockey Federation (EHF), FCEM, Lazio, University of Copenhagen, European Federation for Company Sport (EFCS), ENGSO Youth, PWN-Paris, PARTIZAN Skofja Loka

Website:

https://gamechangeher.org/the-team

MONITOR







Employability









About:

The project implemented the Employability Study's recommendations while also developed a manual to enable (starting) youth, sport, employability and education organisations to undertake systematic Monitoring and Evaluation. It developed policy guidelines for employability sector on recognition of skills developed through sports.

Activities:

Research, monitoring and evaluation (M&E) toolkit, study visits and workshops, webinars, final conference

Partners:

Vrije Universiteit Brussel (VUB) as coordinator, Street League, Sport 4 Life, Oltalom, Rheinflanke, Rotterdam Sportsupport, and Magic Bus, ENGSO Youth, ILO

Website:

https://www.sport4employability.eu/kopie-van-home

EYVOL

2019-2021











Topic:

Volunteering

About:

The project provide young multipliers (youth leaders and civil society activists) and young people specialized in sport with concrete educational and training tools to be used in youth empowerment activities based on sport and for the training of young sport volunteers.

Activities:

Best practices, self assessment tool, educational programme, policy recommendations

Partners:

The French Federation for Company Sport (FFSE) as coordinator, Athletes for Hope, European Hockey Federation (EHF), FCEM, Lazio, University of Copenhagen, European Federation for Company Sport (EFCS), ENGSO Youth, PWN-Paris, PARTIZAN Skofja Loka

Website:

https://www.eyvol.eu

We work with European and international organisations

INSTITUTIONS



















MOU AND PARTNER ORGANISATIONS















WE SUPPORT













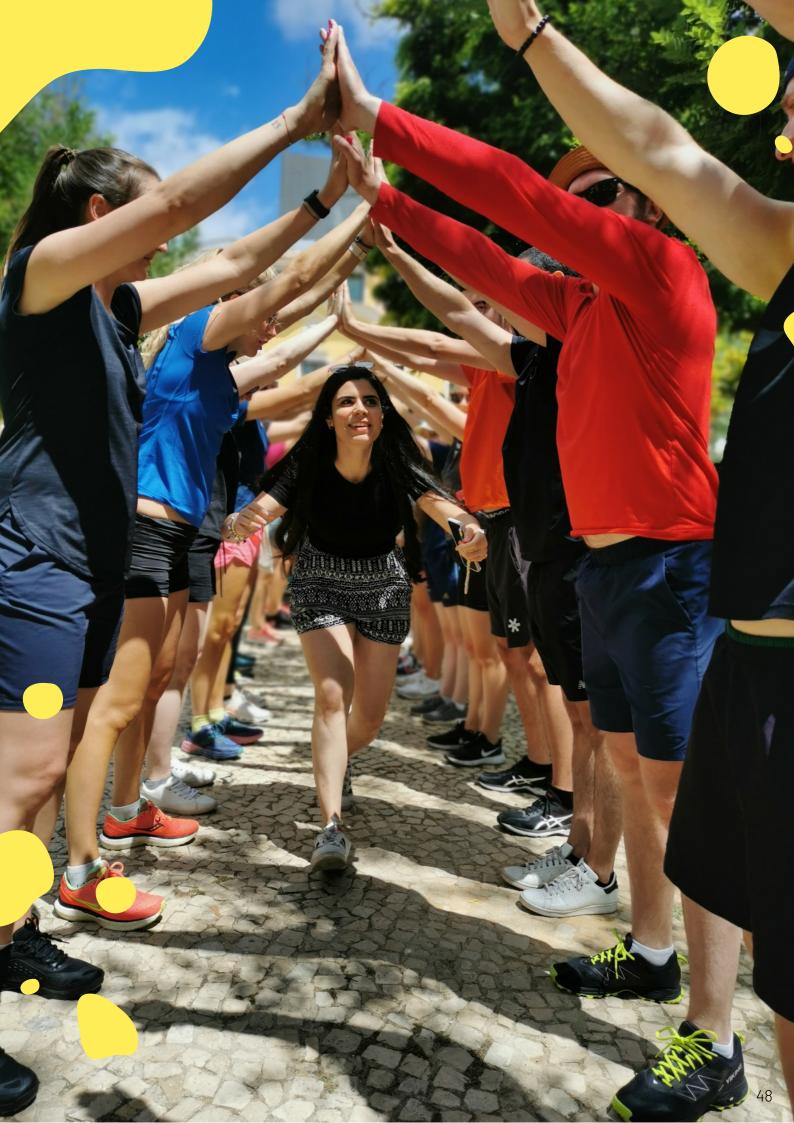








Brighton Declaration



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