



Youth Organisation of the  
European Non-Governmental Sports Organisation

# ENGSO Youth Report 2015-2017





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**Paolo Emilio Adami**  
Chairman  
of ENGSO Youth



## Foreword

Dear Friends,

I am delighted to present the report of the activities that ENGSO Youth has developed during 2015-2017. The last two years represent a turning point in many aspects for our organisation. We have consolidated relationships with European Institutions, in particular the Directorate for Education and Culture of the European Commission, and reached higher advocating levels that were previously inconceivable. We have achieved relevant objectives like having the European Youth Sport Forum included in the official calendar of the European Semester Presidency events and created a 2017 edition of the Pink Paper. We have strengthened friendships with fellow organisations and have established new partnerships, that have allowed us to further expand our network and peek into the unknown realities of the European youth or sport movement. We have successfully enlarged our platform by developing the young delegate group that is composed of extraordinary and committed young people coming from the entire European region. We have enhanced our structure by welcoming new organisations and strengthening relationships with long-time Members. All these successes would have been impossible without our committed volunteers, our enthusiastic facilitators, our tireless staff, our keen current and previous committee members and the steadfast support from ENGSO and its Executive Committee. None of this would have been possible without the grants that we were able to secure from public European Institutions. To all I would like to express my most heartfelt gratitude.

For the past 8 years that I have been volunteering in the ENGSO Youth Committee, I have witnessed its growth and we have all grown with it. Throughout the years, the spirit that has led the actions of the committees, in which I have served, was one of constantly venturing into unexplored territories. This left behind standard structures and mind-sets, in order to shape an organisation that, we perceived, could provide the answers to the needs of young people. Being flexible and resilient is also the key to survival for organisations, considering the dynamic world in which we live. As we have learned, we must adapt constantly to the changing environment (thanks Charles D.). As a youth-led committee we have always had the great advantage of not having to look too far to find our target group; they are our friends, our peers with whom we interact continuously and we understand each other's needs. Having acknowledged these needs, we endeavour to ensure equal access to physical activity and sport participation across Europe. Movement, physical activity and sport are universal languages that can overcome all barriers. These are therefore our resources and means to reach socially relevant objectives and contribute to society. The European youth sport movement has taken great leaps forward in the last decade and the results achieved in the last two years confirm that the time is ripe for greater objectives, autonomy and further growth.

Our commitment, capacities and expertise will relentlessly continue to be at the service of the young people, believing that movement, physical activity and sport are powerful tools and contribute significantly to a better society.



# Giving Youth a Real Say in Sports!



**Nevena Vukašinović**  
Secretary General  
of ENGSO Youth



## Foreword

Dear ENGSO Youth Family,

It is my 7th year that I am rowing with teammates in our ENGSO's boat. More or less every 3 years I have been finalizing one role, in order to start investing my strenghts towards the new challenges. It has been an honor serving as General Secretary of ENGSO Youth.

Receiving the Best Volunteer Award in 2013 still shines as one of favorite surprises that life has prepared for me so far. Receiving the TAFISA Sustainability Award 2015 was an acknowledgment of the ENGSO Youth proactive, passionate and always-a-step-forward way of thinking, functioning and making a change. Dialogue and trust we have developed and strengthened over the last years with diverse stakeholders made us widely acknowledged and made plenty of doors opened.

Pink Paper and European Youth Sport Forum are back in the game as fully funded for the first time since it has been established – it has brought over 130 young leaders comming across the sports, Europe and agendas; and it will take place every 2 years as part of European Presidencies' Portfolios. New youth council with exofficio role in Executive Board has been created based on ENGSO Youth good practice example – thank you International School Sport Federation! Young Delegates Database is becoming a Youth Sport Ambassadors brand with tripled the number of delegates and activities. First pan-European Study on role of sports for youth employability was launched. We have put sport as a global solution-enabler for the first time in global World Bank report. We have got our youth leaders actively contributing to emerging topics of health, refugees and integration, sustainable development and use of ICTs and new technologies. New website as the face of youth sport and new possibilities for engagement was developed via youth-sport.

net 2.0. We have worked hard to influence policies, agendas and activities in cooperation with HEPA, UNESCO, Eurochild, EUSA, Special Olympics, European Athletics, Sport and Youth Intergroups of European Parliament & more.

There are yet some milestones to be achieved together. We need meaningful and stronger relations and exchange with our ENGSO members. We need them then to understand importance of putting youth forward. More is yet to be done in fostering active engagement and equal opportunities for non-EU countries. We keep on calling the European Presidencies 2 years from now to take the EYSF torch further. We count on continuation of great cooperation with European Commission and Council of Europe in shaping the better Europe through sport (and with youth). We would like to see equally engaged young people with disabilities in all future agendas, dialogues and forums. We need to make global stakeholders understood that sport for development and peace goes beyond elite sports and IOC exclusively. We are still dreaming on opening sport space more concretely to the sector of youth out of sport and for active engagement of local youth councils and European Youth Forum. We are calling still on institutionalization of youth voice within sports movement, and creation of more youth councils within the sports federations and organizations.

ENGSO Youth is now focusing strengths towards all those yet to be achieved. I am very much looking forward to my new role as a committee member in co-chairing the board.

Once again I am positive that we are with the best team of young game-changers to share this journey with.



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# Part 1

## Events 2015-2017







## Nataša Janković > Nevena Vukašinić

BRUSSELS • BELGIUM / 25<sup>TH</sup> APRIL 2015

### TAFISA Closing Stakeholders Meeting

"ReCall: Games of the Past, Sports for Today" project succeeded in its goals and came to a close by gathering its partners in consortium. The Handbook was distributed amongst European stakeholders, the web and mobile application started its active life and all follow up activities have taken shape. At the European Parliament, ENGSO Youth signed the Appeal on the Promotion and Re-introduction of Traditional Sports and Games into the Daily Lives of European Citizens. UNESCO, UNICEF, Institute of European Sport Development and other partners and supporters led by TAFISA, will pass it on to the institutions and public for a future of better understanding, recognition and implementation of traditional sports and games in Europe.



## Xicu Colomar Martin

TALLIN • FINLAND / 15<sup>TH</sup> - 21<sup>TH</sup> JUNE 2015

### U23 European Athletics Championship

The training course for youth took place at the under U23 European Athletics event led by youth. It encouraged young people to dare to take up active roles in society at all levels and gave them an opportunity to learn how to contribute to policy making processes. ENGSO Youth has been in a coordinating role and monitored the implementation of trainings done in coordination with the European Athletics' network.





**Paolo Emilio Adami**

LISBON • PORTUGAL / 1<sup>ST</sup> - 3<sup>RD</sup> OCTOBER 2015

## General Assembly of the European Paralympic Committee

A key element of the GA's proceedings was the signing of a memorandum of understanding by the Presidents of the European Paralympic Committee and the European Olympic Committee. This represented a ground-breaking and formal commitment from the two organisations as they go forward together for the development of sport in Europe, particularly at youth level. Before this landmark moment, Patrick Hickey, EOC President, reasserted EOC's commitment to Paralympics, youth participation, education, gender equality and social inclusion via sport. ENGSO Youth was acknowledged as having played a significant role in the implementation of these commitments.



**Filip Filipić**

BRUSSELS • BELGIUM / 27<sup>TH</sup> - 30<sup>TH</sup> APRIL 2015

## 2nd European Youth Work Convention



The 2nd European Youth Work Convention was an opportunity to discuss the challenges facing youth work at the local, national and European level. The aim of the Convention was to find common ground amongst the di-

versity of European youth work and to propose a new strategy for youth work, leading towards an agreement on the value of youth work at the Council of Europe and the EU. ENGSO Youth contributed to debates on youth work and its impacts as well as to the declaration which intends to increase the recognition of youth work. We took part in workshops dealing with, among other things, the aims and anticipated outcomes of youth work, the connections between youth work and wider work, the need for education and training for quality, and the value of youth work for young people, their communities and society at large. ENGSO Youth also shared information within its network on the state of youth work in Europe and the conclusions of the Convention; advancing the development of youth work in the sport sector.

## Romain Fermon › Nevena Vukašinović

BRUSSELS • BELGIUM / 5<sup>TH</sup> DECEMBER 2015



### Bilateral meeting with Director Youth and Sport of the DG EAC of the European Commission

Initiated by the Commission, the meeting furthered an alliance based on regular exchange throughout the year with the Office of Director for Youth and Sport, appointing ENGSO Youth as a link between sport and youth and mediator towards more active cross-sectoral cooperation. We have agreed on joint steps towards the reduction of schools drop outs, more active and interactive youth participation and fighting unemployment of young people using sport, culture and new technologies as channels. This meeting served as a base and starting point for many successful initiatives to come.



## Xicu Colomar Martin › Romain Fermon

### Nevena Vukašinović › Paolo Emilio Adami

BRUSSELS • BELGIUM / 6<sup>TH</sup> - 13<sup>TH</sup> SEPTEMBER 2015



### 1st edition of the European Week of Sport (EWoS)

ENGSO Youth created a #BeActive youth sport House in Brussels during the first ever European Week of Sport! ENGSO and ENGSO Youth launched a joint communication campaign that ran from 21 July to 13 September with the aim to inform, reach out and make Europeans act in order to adopt a healthier lifestyle. In the joint communication campaign, the following activities were carried out:

- regular website updates sharing information about different aspects of sport in Europe (EWoS, sports participation, financing, sport clubs)
- Facebook and twitter posts challenging Europeans to be more active
- Twitter interviews with relevant stakeholders (President of the European Youth Forum Johanna Nyman, ENGSO Youth Chair Paolo Emilio Adami, Director of Sport and Youth of the European Com-



mission Antonio Silva Mendes, Senior Researcher of the Mulier Institute Remco Hoekman, Commissioner Tibor Navracsics, etc.)

- communication activities promoting ENGSO and ENGSO Youth activities at the European Week of Sport-support of the initiative “Run4Employment”

With regards to the implementation, ENGSO Youth and ENGSO exhibited a stand at the Square Meeting Centre Brussels, which raised awareness of the activities and projects of ENGSO Youth among the general public and other European sports organisations. In addition, ENGSO Youth also contributed to the ENGSO Forum’s high-level panel discussion on the role of sport clubs in changing society in the future, which was organised on the EWoS focus day dedicated to sport clubs.



## Romain Fermon › Nevena Vukašinović

PARIS • FRANCE / 29<sup>TH</sup> SEPTEMBER 2015

### Bilateral meeting with UNESCO Chief of the Youth and Sport Sector

In the year that the Global Agenda 2030 was adopted and sport was increasingly anticipated as a tolerant, inclusive and peace-encouraging environment, ENGSO Youth was recognised as a platform for cooperation and development in the field of youth, culture and sport. With UNESCO’s Youth and Sport Department, we agreed on a partnership and a bilateral exchange of information. We recognised each other as potential partners in future projects, and agreed to support two major events; the UNESCO Youth Forum and the European Youth Sport Forum. These meetings and discussions represent the start and future of further joint activities and initiatives, as well as our interest to contribute towards sustainable development through sport.





## Michael Leyendecker › Nevena Vukašinović

BRUSSELS • BELGIUM / 19<sup>TH</sup> - 20<sup>TH</sup> OCTOBER 2015

### European Education, Training and Youth Sport Forum



Priorities for European cooperation in education, training and youth have been discussed and re-established. ENGSO Youth has been invited to present best practices of integration and inclusion of refugees through sport and non-formal education. We have secured the voices of those who are unheard and whose achievements are not recognised, whilst contributing in shaping overall recommendations.



## Andrea Ugrinoska › Yoan Soiro

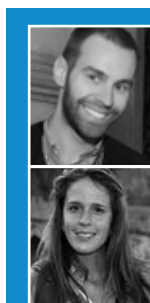
PARIS • FRANCE / 26<sup>TH</sup> - 28<sup>TH</sup> NOVEMBER 2015

### UNESCO Youth Forum

Through participation in the UNESCO Youth Forum – Youth Global Citizens for a Sustainable Planet, ENGSO Youth represented the sport sector in the field of environmental policy. Furthermore, ENGSO Youth mainstreamed sport into the United Nation's policy on sustainable development and climate change. This event has been one of the occasions for active participation of ENGSO Youth's Youngest Delegates (under 23).







**Filip Filipić › Nevena Vukašinić**

BELGRADE • SERBIA / 2015-2017

## ARCTOS implementation among ENGSO members

In order to re-conceive the ARCTOS project, established 7 years ago and transferred to diverse European countries, Serbian members started to deliver courses to youth from different backgrounds. Along with national developments that fostered understanding and tolerance, as well as



youth participation –ENGSO Youth opened up a space for online exchange among diverse national practices and open discussion on techniques for promoting anti-racism and tolerance.

NOC of Serbia is successfully transforming ARCTOS workshops through implementation of national and regional educational activities of the Olympic movement.



**Romain Fermon › Xicu Colomar Martin › Dora Farago**

PARIS • FRANCE / 27<sup>TH</sup> SEPTEMBER - 3<sup>RD</sup> OCTOBER 2015

## Sport Plays Mixed

Led by AEMSO, ENGSO Youth has joined forces with ANESTAPS, EUSA and many other youth sport stakeholders to promote equality in sports. Sport Plays Mixed project was set up in order to allow young people to raise awareness on the importance of mixed participation of males and females, and to provide a platform for young people to gain the attention of senior leaders and decision makers in order to give youth a voice towards gender equality in sport. The project started with a non-formal educational training course which used Education through Sport (ETS) as a methodological tool which in this instance advocates for equality through mixed participation in sport for boys and girls. The training course allowed the participants to share their experiences, learn





from others, receive first-hand examples of mixed sport, evaluate their experiences and come up with their personal recommendations of how to create more mixed participation in sport. Participants were also able to experience a mixed sporting event first-hand by observing and evaluating a sports tournament organised by Passe-Sport in cooperation with schools in the greater Paris region. The project concluded with the international conference entitled "Re-thinking and re-inventing sport: a key to promote a sense of living together, special focus on co-education and gender diversity". The conference was attended by over 80 participants and included keynote speeches and an expert panel debate. The final project recommendations have been prepared by 25 young people from across Europe, representing Finland, France, Germany, Italy and Spain, as an outcome of the #SPORTPLAYSMIXED training course. The recommendations are given based on personal experiences and specific examples from participant's countries but can be adapted to suit the needs of any specific organisation or country.



**Gerda Katschinka › Mariann Bardocs Bencsik ›**

**Romain Fermon ›  
Lea Van Breukelen**

STRASBOURG • FRANCE / 20<sup>TH</sup> - 21<sup>ST</sup> 2016

ENGSO Youth's active participation in the European Youth Event, organised in Strasbourg in spring 2016 where more than 8000 youngsters were brought together to exchange, actively participate and learn about European values, opportunities and agendas represented a turning point for putting sport on the youth agendas. ENGSO Youth attended for the second time the European Youth Event this May in Strasbourg. It was a unique opportunity

## European Youth Event





for thousands of young Europeans to make their voices heard directly at the European Parliament. ENGSO Youth was represented by 17 young sports leaders who have actively contributed to the EYE2016 Agenda by coordinating workshops, actively participating and leading active break-out sessions. Strasbourg was a great opportunity to get to know each other (besides committee members, our representatives came from our Young Delegates network) as well as to speak out loud with youth from other sectors about tools sport is offering when tackling European challenges. It also marked the first time that ENGSO Youth actively contributed to the event: Ioana Hudita, our young delegate held 4 yoga sessions, which were very popular. Our vice-chair, Romain Fermon held a workshop with the assistance of some Young Delegates, an additional workshop was organised with five partner organisations. The latter was entitled „The Only Way Is Up” and it was attended by 40-50 active participants. Young Delegate Daniel Marchi from Germany spoke about his experience in Strasbourg: "I have been passionate about ENGSO Youth for quite some time and I was excited to be part of the delegation at the EYE 2016! It was great meeting like-

minded young people from all over Europe who are passionate about sports and politics and I really enjoyed the positive vibe the group brought. At the EYE 2016, it became evident that young people do care about the EU and that they want to make their voices heard. I was particularly struck by the constructive and passionate participation of young people in the various workshops, which was very inspiring." Bence Garamvölgyi, Young Delegate from Hungary, would like to see more sport activities in the future: "Just as we have seen in the case of yoga, many young people were interested in these programmes. We could introduce different sport and leisure time activities next time. The best moments during EYE were those ones when we had some team-building games and common activities with fellow ENGSO Youth delegates!"

## Filip Filipić › Nevena Vukašinić

BRUSSELES • BELGIUM / 22<sup>ND</sup> - 23<sup>RD</sup> MARCH 2016

### Youth employment and social inclusion event



On the day of the Brussels Attacks, our representatives were in Brussels together with European youth to discuss challenges associated to youth employment. Where are we on the Youth Guarantee and how can we move forward with youth on making it a reality – those were the questions ENGSO Youth representative, Filip Filipic (committee member) tackled in an interactive discussion with youth organisations and policy-makers, as part of the event "Inclusion and Employment in times of crisis: The Youth perspective", which took place from 22-23 March, in Brussels, Belgium. Organised by the European Youth Forum in collaboration with the European Commission, the event had an aim to prioritise youth perspectives on employment and social inclusion. While analysing how to improve the Youth Guarantee, participants primarily discussed how youth could more actively be involved in shaping the process, what educational possibilities we could offer, what the best way to reach out to youth would be, and how to achieve the Youth Guarantee.



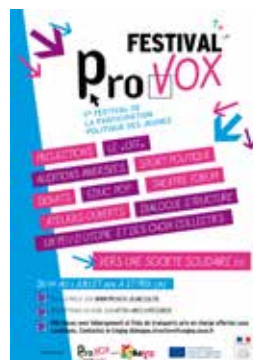
## Filip Filipić

PARIS • FRANCE / 1<sup>ST</sup>-3<sup>RD</sup> JULY 2016

### "Provox" Structural Dialogue Festival



ENGSO Youth's Committee member, Filip Filipic took part in the first Festival of Structured Dialogue - "Provox Festival", organised by CNAJEP in early July in Paris, France. By participating in the panel debate on "How sport can be used as a tool for a better social integration", the Festival offered a unique opportunity for ENGSO Youth to have a sport-related discussion and tackle youth policies, best practices and the French contribution to the current cycle of Structured Dialogue with approx. 200 participants.





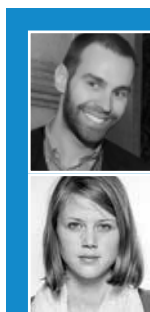


## Michael Leyendecker › Xicu Colomar Martin

SOFIJA • BULGARIA / 28<sup>TH</sup>-29<sup>TH</sup> OCTOBER 2016

### 18th ENGSO Forum

The main aim of the ENGSO Forums is to serve as a platform of knowledge and experience. That is why ENGSO has brought together decision-makers and experts from the European Commission and ENGSO member organisations. The ENGSO Forum in Bulgaria gave an opportunity to member organisations to interact and exchange on the relevant matters of good governance and the security of sports facilities and equipment. ENGSO Youth represented active projects and the youth's voice in sports.



## Filip Filipić › Orsolya Tolnay

PARIS • FRANCE / 28<sup>TH</sup> JUNE -1<sup>ST</sup> JULY 2016

### Youth Forum Academy

With an objective to empower, mobilise and connect youth organisations and individuals, Filip Filipić and Orsolya Tolnay, Committee Members of ENGSO Youth, joined approx. 50 representatives of European organisations at this year's #YFJAcademy in Paris, France. During the open session of the Academy, ENGSO Youth presented its Sustainable Development and Sports project, the Study on the contribution of sport to the employability of young people in the context of the Europe 2020, the Sport Empowers Disabled Youth (SEDY) project, and performed a short yoga class, which inspired participants to practice similar sports in the future. The four-day event was organised by YFJ and hosted by CNAJEP, the French National Youth Council, in late June. The programme consisted of diverse capacity building workshops: Participation to sustainable development goals, Internal communication, Messaging, Social media, Lobbying for beginners, Youth participation, etc.







**Nevena Vukašinić**

BRUSSELES • BELGIUM / 11<sup>TH</sup> - 14<sup>TH</sup> MARCH 2016

### European Youth Foundation: Partners Consultations

The meeting was built on previous experiences, but tackled new regulations (i.e. new grant categories), online applications and reporting systems. In addition the group discussed representation and building visual identity through EYF website that have been launched recently. All throughout last year, youth NGOs, as well as the EYF staff, have been getting familiar with the new framework and experiencing first-hand the implications of all these changes and developments, therefore the main aim of the organisers was to provide a joint opportunity to comment, discuss and further develop/adjust changes they are providing. The EYF team introduced themselves as one of the most efficient, positive, open minded and functional team according to their participating members. Each and every person of their team was constantly involved in seminar workshops and presentations. Very engaging, EYF presented their restored strategy of creating a real and tangible dialogue with the organisations across Europe, identifying the members and activities of youth led NGOs a part of their team.



**Nevena Vukašinić › Mariann Bardocs Bencsik**

NEW YORK • USA / 2<sup>ND</sup> - 4<sup>TH</sup> JANUARY 2017

### ECOSOC Youth Forum

The Economic and Social Council (ECOSOC) Youth Forum, held on 30-31 January 2017, provided a platform for youth to engage in a dialogue with Member States and share ideas on innovation, collective action and solutions to global problems. It also addressed the concept of “shared prosperity”, which is at the core of the 2030 Agenda for Sustainable Development. The forum brought youth leaders from around the world to





the UN Headquarters in New York. It gave them the opportunity to engage with policy-makers and other youth delegates and representatives. ENGSO Youth is perceived as a leading voice of youth in sports, not just in Europe, but our good practices are also valued globally. Our General Secretary Nevena Vukasinovic was one of panelists of this year ECOSOC Forum, strongly inviting to include sport officially in the next year's forum Agendas.

**Sara Massini › Romain Fermon ›  
Xicu Colomar Martin ›  
Nevena Vukašinić**

MADRID • SPAIN / 26<sup>TH</sup>-28<sup>TH</sup> NOVEMBER 2015

COMEM



"The European Youth Forum's Council of Members brings together all YFJ members to take decisions on the policy of the platform. Participants amended the resolution presented at the COMEM and the changes were adopted by the YFJ assembly. We were able to introduce the value of sport during the education of young people as well as stress the importance of access to health for young people. ENGSO Youth actively contributed to the panel discussion that explored issues around preparing young people for the workplace and making sure that education systems include entrepreneurial skills as well as access to apprenticeships.





## ENGSO Youth Committee

AMSTERDAM • THE NETHERLANDS / 12<sup>TH</sup> - 13<sup>TH</sup> MARCH 2016

### ENGSO Youth Open Door Meeting

ENGSO Youth opened its doors to interested young people in Amsterdam, The Netherlands. The aim of this Open Door Meeting was to provide the young people with the latest information from the field and to discuss the future work programme. In addition, a workshop on EU and CoE funding opportunities and available partnerships was given by ENGSO Youth's project analyst Sara Massini. Furthermore they could follow a workshop on sustainable development through sport. Ideas and information were also exchanged to collaborate in the future. ENGSO Youth would again like to thank the participants for their interest, time and ideas.



## Paolo Emilio Adami › Nevena Vukašinić › Romain Fermon

THE HAGUE, THE NETHERLANDS • MALTA, MALTA / 2016 - 2017



European Sport leaders, practitioners, decision-makers and academia are all actively following European Sport Forums. ENGSO Youth has joined and actively supported the last two editions in The Hague (2016) and in Malta (2017) appreciating the opportunity to meet and exchange with leading representatives from international and European sport federations, the Olympic movement, European and national sport umbrella organisations and other sport-related organisations. The forum tackled key issues facing EU sport including how sport can support the integration of migrants and how to ensure good governance for the world of sport. Furthermore the participants were updated on EU sport policy and emerging topics like sustainability, employability and e-sports.

### ENGSO Youth at the EU Sport Forum





**Xicu Colomar Martin › Lea Van Breukelen › Orsolya Tolnay ›  
Sara Massini › Nevena Vukašinović ›**  
**Francesco Fiorini › Isiah Kioiloglou ›**  
**Bence Garamvölgyi ›**  
**Mikkel Hansen ›**  
**Romain Fermon**

AMSTERDAM, THE NETHERLANDS  
BELGRADE, SERBIA



During the European Athletics Championships in Amsterdam (Outdoor Championship) and in Belgrade (Indoor Championship), ENGSO Youth was invited to give the #Roadto2030 workshop on the United Nations Sustainable Development Goals in relation to sport at the Young Leaders Forum.

Almost 70 young leaders from all over Europe attended the Forum, a five-day educational event to educate young people about projects and programmes that benefit the grassroots of athletics and local communities.

Road to 2030 – Sustainable Development & Sports is an initiative of ENGSO Youth that targets the youth sport sector and explores ways in which the Sustainable Development Goals can be implemented in sport by youth for youth.

## European Athletics Championships and EA Young Leader's Forum



**Sara Massini**

LOS ANGELES • USA / 23<sup>RD</sup> - 28<sup>TH</sup> JULY 2015

## Special Olympics European Youth Activation Summit 2014

ENGSO Youth was part of the pool of trainers for the first Special Olympics Social Impact Summit focused on creating a truly unified generation, to work together to fight inactivity, intolerance and injustice.

The GenUIn Social Impact Summit was designed to generate critical change around the pressing issues facing people with intellectual disabilities. This six-day summit was held from 23-28 July 2015 during the Special Olympics World Games in Los Angeles, Calif. The meeting hosted 120 young social change leaders aged 16-25 years old, with and without intellectual disabilities, from 30 countries around the world, who challenged each other



to generate true acts of inclusion in their respective communities. Our project Analyst and Policy Office Sara Massini, responsible for the topic of inclusion for the organisation, was an active contributor in charge of 20 young people, with and without mental disabilities. A total of 40 youth leaders had been selected to be part of the exchange programme between the U.S. and China as a result of the 5th High Level Consultation on People to People Exchange (CPE) in Beijing, during which the United States, under Secretary of State for Public Diplomacy and Public Affairs Richard Stengel, announced the launch of Special Olympics programming between U.S. and Chinese schools and universities. Youth leaders from various other partner organisations were also represented, including Lions Club International, UNICEF, the Future Project, and more.

The experience was a great opportunity to foster the long term cooperation between EY and SO and to contribute in empowering young people with and without disability through sport and help them to become agents of change.



**Gerda Katschinka**

LUXEMBURG / 29<sup>TH</sup> JUNE - 1<sup>ST</sup> JULY 2016

## CEREPS Inaugural Meeting



ENGSO Youth was invited to represent the youth's voice within the constitutive meeting. The vision and purpose of our research council is to serve as a communication base and open consortium for advanced studies in cross-border collaboration of different national and regional institutes of sport sciences across Europe and for primarily EU-based associations and federations which focus on physical education, youth sport and other physical activities to ultimately enhance an active lifestyle for children and adolescents. The council aspires to include important stakeholders of different institutes, associations and societies to enhance collaborative partnerships across borders of each institute, association or society which focus on research for the holistic, well-balanced and individual development of young people's body, will and mind.





**Filipa Godinho**

COIMBRA • PORTUGAL / 1<sup>ST</sup> - 5<sup>TH</sup> DECEMBER 2016

## EUSA Convention

The 2018 edition of the European University Games (EUG2018) is a European Sport Event that will take place in Coimbra from 15th - 28 July 2018 and will host over 4000 participants, all of whom are students of more than 300 universities from over 30 European countries.

The European Universities Games is a multisport event involving athletes from universities of Europe, held in different European University cities every two years, since 2012. This event is organised under the umbrella of the European University Sports Associations and Coimbra was selected to host the 2018 edition.

One of the innovative aspects of this organisation is the high level of student involvement. Both the Portuguese University Sports Federation and the Coimbra Students Union contributed to the Organising Committee with important roles, demonstrating the importance of involving the students at the decision making level and considering their values and capacity

In the previous year, the main objective was the promotion of the event and the refurbishment of the Coimbra University Stadium (EUC) which has already begun and which will regenerate almost all spaces within the complex. The Organising Committee's schedule included some preparatory and promotional events, as well as a periodic meeting with the authorities and national sport federations. In conclusion, this last year was an important year in preparing to welcome sport and youth from all around Europe. If we change someone's life, we can change the world. This sentence sums up the concept of these games and all preparatory years.





## ENGSO Youth

BERLIN • GERMANY / 17<sup>TH</sup> - 19<sup>TH</sup> DECEMBER 2015

### Visiting ENGSO Youth's German roots

ENGSO Youth Committee's closure meeting for 2016 took place in Berlin!

All committee members attended youth sport gathering, hosted by DOSB in the former ENGSO Youth's Secretariat's premises in Berlin.

Welcomed by Mrs Rebekka Kemmler Mueller on behalf of Deutsche Sportjugend, ENGSO Youth committee members, representing national Olympic committees and confederations from around Europe discussed activities held in the previous year and shaped future agendas. Active youth participation, volunteering, inclusion and health were to remain top priorities for 2017.

Significant support and successful cooperation with our main stakeholders in the previous year was acknowledged once again by the youth leaders from Spain, Hungary, France, Portugal, Austria, The Netherlands, Serbia and Italy.



## ENGSO Youth

ZAGREB, RIJEKA • CROATIA / 2016

### ENGSO Youth welcomed at the European Universities Games Zagreb-Rijeka 2016

ENGSO Youth was kindly invited by the Organising Committee of the European Universities Games Zagreb-Rijeka 2016, to use its facilities for a committee meeting.

Sport matters from the youth's perspective and youth matters focused on sports were on the agenda in Zagreb and Rijeka. Besides the meeting and the work on several projects, the committee members were lucky to be invited to see the water polo finals. Furthermore, EUSA and ENGSO Youth shared their common interests in the field of sport and youth and the relationship between both organisations will continue to strengthen for future projects.





**Nevena Vukašinović › Romain Fermon › Michael Leyendecker**  
**Francesco Fiorini**  
**Simon Plasschaert**

BRUSSELS • BELGIUM / 27<sup>TH</sup> SEPTEMBER 2016

## Youth and Sport first joint session at the European Parliament

Together with the Youth intergroup, Sport intergroup, Sport and Citizenship and the European Youth Forum, ENGSO Youth has organised a must-attend public session for everyone connected to youth, sports, inclusiveness and all possible combinations of those topics.

An international panel with academics, youth workers, former elite athletes, entrepreneurs and presidents all highlighted their views on how sports can be better used as a tool to include young people. "Youth and Sport: Team-up for inclusive societies" has provided, for the first time, an avenue inside the Parliament for the sport and youth exchange, offering different perspectives and approaches to the challenges both sectors are facing. Education plays a role towards securing inclusive societies for both sport and youth, while Tuesday's discussion in Parliament confirmed once again need for collaborative and active mobilisation. Chaired by Sport Intergroup Co-Chair, Mr Mark Tarabella and Youth Intergroup Coordinator, Mr Wout Van Caimere, followed by Sport Intergroup Co-Chair Mr Santiago Fisas and Vice-Chair Mr Bogdan Wenta, Tuesday's event in the European Parliament gathered attention and built a foundation for further joint interventions. Hopefully with even more decision makers involved, especially from the youth sector.

"I insist on the special role of sport for integration and active participation of young people." Mr Antonio Silva Mendes addressed the audience. "Youth as actors of a change", Director of Youth and Sports Policies and Program, underlined while closing his interventions in the European Parliament, the importance of combining youth, sports and education on grassroots level with numerous opportunities via Erasmus Plus events is just one step towards more joint (re)actions to come. Recommendations, best practice examples and inputs from both sides, as well as direct exchanges between practitioners and decision-makers will all be included in the Pink paper, which presents a set of #youthandsport recommendations and was published at the European Youth Sport Forum 2017.





## Paolo Emilio Adami › Nevena Vukašinović › Romain Feron

ST JULIAN • MALTA / 8<sup>TH</sup> - 9<sup>TH</sup> MARCH 2017

### EU Sport Forum

The European Commission in collaboration with Maltese Presidency and SportMalta organised this year's European Sport Forum on March 8 and 9 in St Julian in Malta. Over 350 participants, key stakeholders in sport took part at the event, including representatives of the ENGSO Youth - Chair, Vice Chair and General Secretary. Various topics were discussed, mainly sport diplomacy, gender based violence in sport, employability, inclusion and the role of volunteers, digital technology in sport and e-sports, anti-doping, environmental impact of sport and social platform for sports. As part of the Forum programme, the supporting organisations of the good governance pledge also officially signed the declaration, in presence of Commissioner Navracsics. EU Sport Forum was also a great opportunity for networking, for strengthening partnerships with the established partners, as well as establishing contacts with potential new partners - ENGSO Youth has used this opportunity to interview Mr Commissioner on the role of youth in sports and support of decisionmakers to the European Youth Sport Forum, starting right after the EU Sport Forum there in Malta.



## Nevena Vukašinović

BAKU • AZERBAIJAN / 5<sup>TH</sup> - 6<sup>TH</sup> MAY 2017

### 4th World Forum on Intercultural Dialogue

The contribution of sport and physical activity towards intercultural understanding was the panel where our General Secretary was invited to give an intervention during the 4th World Forum on Intercultural Dialogue in Baku. With special emphasis on deconstructing cultural stereotypes, the panel on the contribution of sport towards intercultural dialogue will examine the role sport can play in developing knowledge and attitudes, as well as sensitivity and respect towards individual differences. Recognising that intercultural competences and learning are key aspects of all group-related activities, the speakers have been selected so that the panel represents a broad spectrum of experiences, ideas and examples of good practices that can be adapted to different social, economic and ethnic frameworks. Panel was moderated by the UNESCO.





# Part 2

## Other Projects and Activities





MALTA • MALTA

## European Youth Sport Forum

The first edition of the European Youth (and) Sport Forum was held in Aarhus, and 2017 was the 8th edition of the Forum. Since 2008, a Pink Paper has been published after the event, gathering recommendations, and providing a concrete set of solution based actions, to be implemented in order to tackle the problems it addresses. The European Youth Sport Forum in Malta was Funded by the Maltese Presidency of the Council of Europe and hosted by Sport Malta, in collaboration with the European Commission and ENGSO Youth. Over 120 youth sport leaders from all member states and CoE members were invited to share their ideas and their knowledge. EYSF2017 was opened by Director General Sport Mr Mark Cutajar, Chair of SportMalta Mr Luciano Musuttill, Secretary General of ENGSO Youth Ms Nevena Vukasinovic, Head of Sport Unit at the European



Commission Mr Yves Le Lostecque and Parliamentary Secretary for Research, Innovation, Youth and Sports Mr Chris Agius. Throughout the Forum, following plenary presentations and workshop activities, the participants developed a set of recommendations and actions which formed the Pink Paper on the topics of social inclusion and volunteering, healthy lifestyle, and sport diplomacy. These topics were formally identified as the key priorities in the frame of the Maltese presidency. Keynote speeches reflected the Forum's key themes: Sport as a Catalyst for Social Inclusion; Volunteers in the Centre of the World; Pink Paper; Best practices on Social Inclusion and Volunteering through Sport; Fighting Obesity through Physical Activity; Nutrition and its impact on Public Health. Similarly, the panel debates covered the following areas: Role of Ambassadors for Sport, Intercultural Dialogue through Sport. The event programme also delivered several sports activities, under the #beactive slogan and healthy lifestyle challenge. Participants were given the chance to network and present their organisations during a fair that was organised. Participants also attended a debate on sport as a means of diplomacy in the Maltese House of Parliament, lead by the Speaker of the House of Representatives Mr Anglu Farrugia, with key members of the parliament in attendance. The final plenary discussion involved key stakeholders and policy makers, including the President of the Republic of Malta Mrs Marie Louise Coleiro Preca, Head of Sport Unit at the European Commission Mr Yves Le Lostecque, as well as representatives of the Ministries, Universities, Sports federations, and youth participants. The EYSF 2017 Pink Paper recommendations put forward by the youth delegates would be communicated to the European Commission. The recommendations aim to further inform and prompt decision makers to change agendas on values, priorities and concerns of the European youth who are already having an impact at a local, national and European level. The document serves as the active contribution and engagement of Europe's youth within the European Work Plan for Sport and Europe 2020.



**Maria Acs › Romain Fermon ›  
Xicu Colomar Martin ›  
Dora Farago**

BUDAPEST • HUNGARY

## ENGSO Youth is supporting Education Through Sport Community



ENGSO Youth salutes this great initiative and will continue to encourage and support its developments. Stay up to date via social networks: Facebook ETS - move & learn Twitter @ETSMOVEANDLEARN.



**Xicu Colomar**

## Member of Eurochild



Over the years Eurochild has become a network internationally recognised for its work to promote children's rights and well-being. The European Commission recently renewed a 4-year strategic partnership - recognising Eurochild's important role in securing last year's Recommendation Investing in Children and now in supporting its implementation across EU member states. The list of Eurochild's other strategic partners is long and prestigious and ENGSO Youth is honoured to stand as the only youth sport voice in their network. Eurochild's joint campaign with Hope and Homes for Children on Opening Doors for Europe's Children has achieved important steps to ending institutional care in Europe. Eurochild is campaigning on a platform with UNICEF and 13 other child rights organisations to make the EU a global champion for children's rights, known for Eurochild-UNICEF compendium of articles calling for the EU to play a leading role in realising the rights of every child everywhere.

## Gerda Katschinka › Michael Leyendecker



### VOICE

"In 2014 the Education, Youth, Culture and Sport Council of the European Union acknowledged that "gender based violence in sport, especially sexual harassment and abuse of minors, is a significant problem but requires additional research so that it can be better understood". VOICE will generate crucial research data on sexual violence in European sport by listening to the accounts of those that have been affected by sexual violence in sport. The resulting evidence-base will provide a platform to produce powerful knowledge-exchange opportunities and develop relevant educational resources. The objective is to enhance the sports community's capacity to combat sexual violence and strengthen integrity in sport. A crucial feature of the project will be the staging of eight 'Acknowledgement Forums' across Europe with key stakeholders from the sport and victim-support communities. Those affected by sexual exploitation and abuse in sport will be at the centre of the project. Their experiences will help sport organisations develop a deeper understanding of this problem and, therefore, a greater capacity to prevent it within their own settings. This includes the presence of former Olympian gymnast Gloria Viseras on the project's steering committee. Gloria has previously spoken out about her childhood experiences of sexual abuse within sport. The VOICE project is a collaboration between eight universities and four pan-European sports agencies. Each university is partnered with a national sports agency and a national child protection / victim support organisation. This systematic cooperation will generate important research data and enable the development of contextualised resources for the benefit of the European sport community and beyond.







**Sara Massini › Lea van Breukelen ›  
Mariann Bardocs Bencsik**

SASARRY • ITALY

SEDY

ENGSO Youth has been one of seven partners involved in the 3 year project "Sports Enabling Disabled Youth" contributing to the goal of increasing physical activity of disabled children and young people by increasing their participation in adapted physical activities (APA). The project, led by the Amsterdam University of Applied Science, involves seven countries in total; Netherlands, UK, Finland, France, Italy, Lithuania and Portugal. The project was approved and officially kicked off in Amsterdam in 2015. ENGSO Youth was responsible for dissemination, to implement the activity of research



and to organise an event for the exchange of best practices in Italy. In September 2016 ENGSO Youth organised an international seminar for the exchange of best practices in Sassari, Sardinia. The data was collected by the project partners and the competences of 40 youth workers and youth leaders in sport field were empowered to adapt physical activities to different needs of young people with different disabilities. In 2017 the project will be closed in Amsterdam where the result of the research phase and the results of the pilot activities will be presented to a wider public of professional and expert in the field.



## Orsolya Tolnay › Nevena Vukašinić



### ASPIRE Project - Activity, Sport and Play for the Inclusion of Refugees in Europe

ENGSO Youth has joined ENGSO's ASPIRE project, an international collaborative project, co-funded by the Erasmus+ Programme of the European Union, that seeks to find out how to best support migrants and refugees, building on the wide popularity of sports and other forms of physical activity. ASPIRE could serve as pioneering in the long-term, offering a positive, evidence-based response to the many problems of inclusion related to the current migrant and refugee crises, during and after the settlement of migrants and refugees and with regards to improving the access of social services for refugees.



## ENGSO Youth Committee

2015-2017



### ENGSO's SCORE project



The SCORE project aims to promote equal opportunities in sport coaching and focuses on increasing the number of employed and volunteer female coaches at all levels of sport, as well as enhancing knowledge on gender equality in coach education.

The project targets sports and coaching organisations at all levels, and specifically the coaches, trainers, former athletes, volunteers and decision-makers in the field of coaching.

During the lifetime of the project, an "awareness pack" will be developed with different tools which target both sports organisations and coaches to increase gender equality in coaching.

Another main element of the project is the development of a mentoring programme; educating future mentors for potential coaches in the countries of the partner organisations. ENGSO Youth is happy to support and follow the project and activities, gladly meeting other youth leaders in sport, as part of SCORE's growing family.



## ENGSO and ENGSO Youth: Representation in the ENGSO ExCom Meetings

In order for youth to succeed in this mission, we need partners. Paramount for this is ENGSO and especially the ExCom, who has backed us every step of the way and has been a guarantor for the success we have to show over the past years. ENGSO ExCom's statutory meetings take place 5 times per year. ENGSO Youth's chairman represents the youth's views in the Committee and reports on the developments in the youth sector and future projects in the field of youth sports, he is the expert on



youth issues in the Committee. The aim is to develop concerted action between the youth sector and ENGSO and we are acknowledging ENGSO's support, communication and cooperation, which has further grown and developed over the past two years.



### Member of the European Youth Forum

ENGSO Youth is an observer member of the European Youth Forum (YFJ) and is the only youth organisation representing the views of young people in sports. Through the participation in the two annual "Committee of Members" meetings, ENGSO Youth increases its visibility among European Youth Organisations and actively contributes to the discussion regarding youth rights. Beside the statutory events, ENGSO Youth, regularly attends Working Group activities and other events organised by the European Youth Forum.



### Study on Contribution of Sport to the Employability of the Young People in the Context of Europe 2020 Strategy

The study will aim to increase knowledge on the interactions between sport, employment and youth across the EU in order to suggest improvements of EU policy in this area. It will provide an overview and analysis of good practices, taking into account taking into account the formal recognition of qualifications gained through informal and non-formal learning related to sport in the Member States. It will propose future recommendations and strategic actions plans related to





contribution of sport to the employability of young people. It will build on already existing information in the other areas like volunteering and skills and development of human capital. This study is part of the Europe 2020 strategy and was supported and launched by the European Commission where ENGSO Youth is a partner in the consortium, led by the University of Brussels Vrije and supported by fellow partners from Streetfootballworld and VDAB.



### Member of the ENGSO EU Working Group



ENGSO Youth was represented in the ENGSO EU working group, delegated to follow 3-4 meetings a year where ENGSO's activities related to EU Policy are under discussion. The working group is an important platform for facilitating cooperation and exchange of information between ENGSO and ENGSO Youth, for bringing the views of young people to the attention of ENGSO and for including them in ENGSO's activities and statements.



### Communication and Marketing Working Group

Aiming to lead the strategic and innovative representation of voluntary sports organisations in Europe, as well as to lead strategic, qualitative and proactive internal, external and cross sectoral communication, the ENGSO CM Working Group has developed a working culture both through online and offline meetings throughout the previous year.

On top of the discussions on strengthening existing tools, networks and activities; mapping institutions, key players and events; redefining the presence in new (social) media, WG has prioritised two further milestones. These are to maintain and improve the active contacts with member organisations AND to shape and develop a cooperation proposal with an aim to enlarge the network: attracting new members and sponsors.

The CM working group will continue to consult its members, youth and experts in communication and marketing, to maintain sustainable exchange and cross-communication, to better position the network and to give additional visibility to ENGSO's mission and activities.



## The ENGSO Youth Volunteer Award 2015

ENGSO Youth published a call for candidates who must prove an outstanding engagement as a volunteer working within the youth sport sector. The winner of the 2017 award was Francesco Fiorini, for demonstrating the possibilities that are present in volunteering within the youth sport sector. The committee is honoured to share many journeys with Francesco Fiorini, who is a youth professional in sports originally from Verona, Italy and currently working from Antwerpen, Belgium, but definitely a citizen of the world by his dedication and expertise. Fiorini provided the following inspiring words "My mission will always be to work not only for youth but especially with youth, in order to make the sport world a more welcoming and accessible place for young people". Francesco has promised that he will take us to a river for a canoe slalom experience one day, so far we have spoken about the Vinele river in Lithuania. Francesco Fiorini has addressed the audience at the award ceremony. The next ENGSO Youth Volunteer Award will be awarded in 2019.





## Member of YFJ's Migration and Human Rights Working Group

ENGSO Youth, as one of the leading partners of European Youth Forum's Migration and Human Rights working group, joined the consortium of other youth organisations in order to set up the working plan as well as to build the strategy for advocacy – on how to effectively integrate young refugees through the activities of youth organisations.



## TAFISA Sustainability Award



**President Paolo Emilio Adami: ENGSO Youth is on fire**



A great acknowledgement of ENGSO Youth's aspiration toward creating a legacy of voluntarism was the fact that ENGSO Youth was awarded with the Sustainability Award of the Association for International Sport for All (TAFISA). ENGSO Youth received the award on 15 October in Budapest, Hungary, at the 24th TAFISA World Congress for its successful "Young Delegates" programme and the network ENGSO Youth had been implementing all over Europe, contributing to empower young people to create opportunities for all to be active.

## European Week of Sport Campaign

During the European Week of Sport ENGSO Youth initiated and developed a successful campaign on social media, trying to bring all stakeholders together around the goal of reducing physical inactivity, obesity and sedentary lifestyles amongst Europeans. We have managed to engage leading decision makers as well as representatives of the grassroots in our weekly Twitter interviews.



## Peace and Sport Annual Forums

ENGSO Youth has been invited as a plenary session speaker and as part of the global youth sport initiative to emphasise why the participation of active youth in peacebuilding through sport is important. High-level exposure during the Forum, around the world, gave our network the opportunity to be identified as change makers and representatives of youth voices on a global level. We have also been acknowledged and supported by the YouthSportWorld campaign for true participation of youth #backyouthyourself.





## Member of XG Employability

ENGSO Youth has contributed as an observer together with ENGSO in shaping the dialogues and report of the Expert Groups.

The report includes a general introduction on the interaction between youth, sport and employability in the European Union and describes the most important findings of the discussions held during the meetings of the Expert Group on Human Resources Development in Sport (XG-HR) regarding the contribution of sport to the employability of young people. It also draws from other sources (i.e. scientific literature, research and policy reports, etc.) and formulates general and specific recommendations.



## Giving Youth A Real Say in Sports

In order to improve cross sector cooperation and the development of youth work, ENGSO Youth cultivated its network by regularly contacting individuals, stakeholders and partner organisations in the youth, sport and other sectors. We also mainstreamed sport into youth and development policy by stepping out from exclusively sport box into the avenues of cooperation with among the others UNESCO, UN-OSDP, European Youth Forum, Eurochild and Young Peacebuilders. ENGSO Youth has been voicing the opinion of young Europeans in sport by attending meetings, stakeholder forums and other events. We have strengthened the ENGSO Youth alumni initiative contributing to the autonomy of young people,



increasing their competences and skills. We also organized events on creating projects in sport organisations as well as disseminated information and best practice examples to empower young people. Related to youth employment in and through sport, ENGSO Youth carried out European and national campaigns through joining the European consortium for an implementation of a Study on Employment of Young People through Sport; where together with partners we are mapping the existing good practices for improving better transition from education to working life and labor market. Spreading values related to sport, such as solidarity, equal opportunities, etc., we organized events (international and national seminars, forums, workshops, meetings, training courses) disseminating results of past projects combating social exclusion, discrimination, homophobia and sexual harassment directed against vulnerable groups, as well as fighting against doping. ENGSO Youth developed youth policy responses to sustainable development, exclusion and discriminated or vulnerable groups and contributed to the preparation and implementation of the 1st and 2nd European Week of Sport. Being strongly inspired by our aims, main and specific objectives, we have worked hard involving significant team work, knowledge and wider network to maintain the Activity Plan as it was planned. ENGSO Youth has secured the involvement of partners related to youth work also coming from outside sport sector. ENGSO's youth team, staff and network have created links not only at European level but also among our national members and those youth organizations not yet involved in sports (good examples are coming from youth councils from France, Germany, Spain, Italy, Austria and Slovenia). Besides aiming to discover and empower youth professionals and leaders through/in sport, ENGSO Youth considers itself proud and strongly committed to manage to create space and occasions to get involve indigenous groups and on top of them NEETs - young people not in education, employment and training, refugees, migrants and disabled. Following this path of wide inclusion, tolerance and recognition through sport, we have created strong connections with Special Olympics, European Athletics and UNESCO Youth and Sport office and the impact developed through these partnership is moving beyond the borders of Europe and spreading European values and best practices globally. ENGSO Youth's activities have always been based on principles of non-formal education, youth co-determination and innovative participatory approaches, therefore our activities are for youth and - more importantly - led, developed and implemented by youth.



# Part 3

## The Organisation



### ENGSO Youth Committee 2015-2017

The ENGSO Youth General Assembly 2015 gathered 30 young sport leaders from member countries in Lisbon, Portugal. Working on the common vision of the ENGSO Youth's future goals, the Assembly discussed the most important topics of today in the world of sport. Combined with the formal setting of the GA and presentation of the volunteer award, the main agenda was the adoption of the ENGSO Youth Action Plan and the election of the new Youth Committee. Good practices from the previous mandate have been shared among new committee members. With their engagement and desire to contribute, Youth Committee is going to influence successful ENGSO Youth 2015 - 2017 mandate. The ENGSO Youth Committee meets 5 times per year for statutory board meetings and has regular telephone conferences to plan and prepare its upcoming and future activities and decide on the directions that the organisation should take.



## ENGSO Youth secretariat

The ENGSO Youth Secretariat in Belgrade (Secretary General, Nevena Vukasinovic), Rome (Policy Officer, Sara Massini), Berlin (Associate, Maria Acs) and in Salzburg (Associate, Orsolia Tolnay) supports the work of the 9 ENGSO Youth volunteer board members. Amongst other things this encompasses administrative tasks; reporting; financial administration and controlling funding applications; organisation and facilitation of events, seminars and statutory meetings; preparation of appropriate documents for the board members in their diverse functions; and representation of the group on national and European levels. After a very successful and committed decade within ENGSO Youth, Rebekka Kemmler Mueller handed over the secretariat to Nevena Vukasinovic in December 2014. ENGSO's Youth Secretary General is now based in Belgrade, supported by the NOC of Serbia.



## ENGSO Youth Young Delegates Database

ENGSO Youth has decided to establish the “ENGSO Youth Delegates” in order to give young, interested people the chance to get involved in the youth sport sector. Young Delegates are experts from different European countries, of both genders, aged between 18 and 35. They have expertise in various sport-related fields, such as health, sport accessibility, human rights, social inclusion, volunteering, fight against doping, fair play, communication, the Olympic movement, etc. The purpose of the Young Delegates is to develop an expert network of young Europeans who can support the daily work of ENGSO Youth. The organisation relies on the delegates in supporting its strategy-building and advocacy work; in supporting its working groups and in representing it at local, national and international events. In the past two years, over 150 activities have been carried out by 36 Young Delegates from 23 countries.

They acted as social multipliers for the youth and sport sector in Europe. We are involving and delegating our young delegates in numerous seminars, educations and activities around Europe, continuing the legacy of the volunteer and empowering young people. For more information, please see: [www.youth-sport.net](http://www.youth-sport.net) and follow #engsoyouthdelegates





# Part 4

## Public Funding

Youth in Action,  
structural grant  
/ European Union



Education and Culture DG

'Youth in Action' Programme

European Youth  
Foundation Funding  
/ Council of Europe



COUNCIL OF EUROPE  
CONSEIL DE L'EUROPE

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ERASMUS+ structural grant/ European Union  
Annual income of ENGSO members

Over the past two years ENGSO Youth has had approval for a variety of projects giving us the occasion to enlarge the action of our advocacy work and strengthen the position and role of our organisation in different areas of the sport sector and even more so within the youth work sector, which is our main target. We have applied for the structural fund of the new programme ERASMUS + youth chapter FPA which was granted, we can therefore cover the structural funds for 2015-2017 and we managed to obtain the grant to cover staff and the cost of statutory meetings from 2015 to 2017. We are dully aknowledging also the support comming annulay from our members.

# Part 5

## Public Relations and Publications



### youth-sport.net 2.0 – A new space for youth sport leaders



As a reputable pan-European organisation dedicated to giving youth a real say in sport, it is essential for ENGSO Youth to have a modern, effective and yet simple way of interacting with its target group. Given that ENGSO Youth's website is home to several thousand visitors a month, the key challenge of the relaunch project was the development of web design that fulfils the high aesthetic and functional requirements, but also serves as the main online space for young leaders to express their actions, visions and achievements in the area of sports.

The website was conceptualised, designed, developed and maintained solely by Filip Filipic, ENGSO Youth Committee member, who has also been part of the Communications team and who has made it his own personal goal to improve the organisation's main form of communication to the public, by relaunching this platform. Therefore, after several months of work on the project, on behalf of ENGSO Youth, Filip was extremely happy and excited to announce the launch of the brand-new web avenue. This important organisational milestone symbolically took place on September 18, during the European Week

of Sport, thereby emphasising the importance of this topic.

youth-sport.net is the new youth sport platform, which offers an opportunity for youth sport ambassadors to follow the latest news, check out possibilities for participation and exchange opinions and actions with fellow leaders within the field of sports.

ENGSO Youth sends out regular e-newsletters and is active on social media networks such as Facebook, Twitter, Instagram and Linked-In.



## Pink Paper 2017



The European Youth Sport Forum represents the largest exchange among youth in sports, resulting in a set of recommendations and actions put forward by youth to address policies, policy makers and key actors within sports and youth. Since 2002, EYSF provides the space for active youth participation and engagement, where Youth Voices are raised to be heard and considered. The European Youth Sport Forum 2017 (#EYSF2017) gathered 120 young leaders in the youth and sport sector from across Europe. The Forum took place in Malta, from 10 - 13 March, under the support of the Maltese Presidency of the Council of the European Union.

Participants, aged 18-35, were selected to exchange ideas and practices, and to develop a set

of recommendations and actions on the topics of healthy lifestyle, social inclusion, volunteering, and sport diplomacy.

EYSF2017 recommendations put forward by the youth will be further used as input for decision makers and agendas. It will further serve as a contribution of active youth civic engagement within the European Agenda 2020 and Global Agenda 2030.

The "Pink Paper" declaration consists of the participants' recommendations and it has been designed to assist stakeholders within the youth and sport sectors in initialising and seeing through their decision-making processes and meaningful actions.

Pink Paper was handed over to the Commissionaire Mr Navratchich.

You can download the Pink Paper from EYSF 2017 on the ENGSO Youth website. Back up youth yourself, don't take youth for granted and further spread the Youth's voice!



## ENGSO Youth Committee



### ENGSO Youth advocacy towards youth sports benefits at the European Parliament

Throughout 2016, the European Parliament's Committee on Culture and Education had been drafting an own-initiative report on an integrated approach to Sport Policy: good governance, accessibility and integrity. The report under the leadership of Rapporteur MEP Hannu Takkula set out the European Parliament's point of view towards sports. ENGSO Youth has not missed the chance to raise youth sport's voice by advocating for issues that could bring benefits to young people in sports in the long term. We have recommended amendments to the Report that highlight:

- Volunteering in sport as a means of non-formal education and skills development,
- Anti-doping prevention at as early an age as possible,
- Synergies among sports participation of youth, technology and innovation,
- The contribution of sports to sustainable development and the Global Agenda 2030.

We are happy to announce that all of our recommendations in the above-mentioned fields have been accepted on 12 December 2016 by the European Parliament's Committee responsible for sport. The European Parliament's Plenary has



also adopted the report entitled “Integrated approach to Sport Policy: Good Governance, accessibility and integrity” with a simple majority on 2 February 2017. We shall not forget that there is still a lot to do to ensure that young people participate in decision-making, planning and execution processes at all levels.



## ENGSO Youth Committee



## Road to 2030: Sustainable Development Goals and Youth in Sport

On 3 August 2015, the 2030 Agenda for Sustainable Development outcome document was launched, publishing goals for global development for the next fifteen years; on September 25 the UN General Assembly adopted and set up new global guiding.

ENGSO Youth recognizes the Global Agenda 2030 for Sustainable Development as a historical opportunity to secure that sport and physical activity are integrated as a



meaningful and cost-effective tool to achieve the sustainable development goals.

ENGSO Youth has made a statement to actively support this initiative:

"Sustainable Development Goals & the 2030 Development Agenda - ENGSO Youth's Position as representative of grassroots sport in Europe Furthermore ENGSO Youth has developed a "Road -to -2030: Sustainable Development & Sports" long term programme of interactive workshops aiming to educate and inform young people about sustainable development, it's relation to sport and how through sports they can be active changemakers for the better societies. We have done this workshop during European Athletics championships in Amsterdam and Belgrade and currently are planing on bringing it as side event to EYOF, International Olympic Truce Center's Youth Camps and YOG."





### ENGSO Youth Contribution to the EU Work Plan for Sport

2016 has been a busy year for European sport policy stakeholders, as the preparations for the third EU Work Plan for Sport have been on-going throughout the year.

The Council of the European Union, namely the ministers of EU Member States responsible for sport, has been setting out the priorities of European sport policy since 2011 with the adoption of the first EU Work Plan for Sport (2011-2014). In 2017, the second EU Work Plan for Sport (2014-2017) has come to an end, and the Education, Youth, Culture and Sports Council configuration adopted the third EU Work Plan for Sport (2017-2020) on 23 May 2017.

ENGSO Youth has expressed its views within the ENGSO Youth Position Paper on the future of EU sport policy. We have actively been advocating for:

- Youth equality to give young people right for co-determination and ensure the equal access of young people to sport at all levels.
- Social inclusion and prevention of violent radicalisations to promote participation in youth sport activities in order to advance social inclusion and provide alternative for radical ideas spreading across Europe.
- Volunteering and employability to support volunteering in sport as a means of non-formal education and youth employability.
- Sport diplomacy to take young people's needs and interest into account while formulating sport diplomacy strategies.
- Active lifestyle and participation in sport and physical activity to mobilise youth with the help of technology and innovation.
- Sustainable development (SD) to contribute to SD and mainstream SD into sport policies.





# Part 6

## We celebrate with Our People

### Maria Acs

We hereby would like to give our standing ovations to Mdm Maria Acs, who has successfully facilitated and mediated the ENGSO Youth Committee meetings and numerous events throughout the 2015-2017 mandate. Danke Maria, we will miss you!



### Filipa Godinho

On International Women's Day, Committee Member Filipa Godinho, received a youth and distinction awards from the Portuguese Olympic Committee. To honour women in sport this Olympic Committee, awarded 16 distinctions. Filipa states: "It was an important moment to show the involvement of women in sport, not just athletes and coaches but leaders in sport in general." Filipa has further shared with us: "As a member of





the Portuguese Sport Confederation (CDP) I can only feel proud that this structure gives real recognition to young people and involves them in the strategic decisions of the national sport movement. Sport, in my opinion, can't be considered without youth and without young valuable persons. We will be the leaders of tomorrow and our involvement is also important for our preparation and to assure competency within the structures in the future. Happily, I can feel that in this structure. Youth is taking part in today's projects and strategies. This is, in fact, a good example that should be replicated all around world. "

## **Paolo Emilio Adami**

Since 2007 Paolo is active in the HEPA (Health Enhancing Physical Activity) Network, WHO Europe, and since 2015 he has been appointed as Chair and coordinator of the Youth and Children Working Group. We are very much proud on our Chair for coordinating such a significant role.



## **Michael Leyendecker**

The German Catholic Sports Youth (DJK Sportjugend) and the Konrad-Adenauer-Foundation have, in cooperation, developed a digital sport- and games dictionary. This aims at giving incentives and ideas for the more holistic integration of refugees and migrants into society. This new webpage presents both new and tried-and-tested games (acquaintance games, running games, games of catch, ball games, etc.) professionally translated into different languages (German, English, French, Turkish and Arabic). This provides support for daily, practical work; be it in a club, school or other organisation as well as at interna-

tional meetings in order to build bridges between people and make integration a success. Sport and games further contribute to transmitting fundamental values in a playful manner, values upon which peace and prosperity are built. The German Catholic Sport Youth and the Konrad-Adenauer-Foundation share the conviction, that the respect of human dignity shall guide immigration, humanitarian and integration efforts alike.



## Nevena Vukašinić

In December 2016, the Executive Committee of International School Sport Federation has adopted the amended statute in which the Youth Council has been established as a new body. Serving on ENGSO's example, the ISF assembly agreed to acknowledge and give voice to the youth. Nevena has been appointed to serve as President of the Youth Council of the International School Sport Federation and Executive Board Member.



# Part 7

## Country Reports





**Gerda Katschinka**

AUSTRIA

Since 2004 exists an elected Youth Representation in the Austrian Sports Organization - the Youth Committee of the Austrian Youth Sports Council, consisting of young representatives from the three governing bodies, ASKÖ (Association for Sport and Fitness in Austria), ASVÖ (Austrian General Sports Association) and Sports Union and professional associations as well as the Austrian Adaptive Sports Association.

The Austrian Youth Sports Committee deals with youth-relevant topics, which are of interest for the umbrella and professional associations. This is a big challenge, considering that the BSO is the common platform of all recognized sports federations in Austria.

Key activities are opinion-making and the exchange of opinions on youth-related issues in sports, the strengthening and support of youth in sports clubs and associations as well as networking activities, information transfer within sports organizations and exchange on youth topics with external organizations.

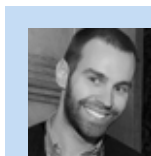
This thematic work is also reflected in various publications. The publications on the subject of "Discrimination in Sports", "Sports Nutrition", "Youth, Sport & Alcohol" and "Volunteering in Sports" were met with great interest on the national level and abroad. 2016 a brochure focused on the legal framework for working with young people in the sports club in Austria was published.

Additionally, the Austrian Youth Sports Committee organizes a Youth Sports Forum every year to further develop skills of young people and support them in taking over tasks and responsibilities in their sports clubs or sports associations.

The Austrian Youth Sports Forum 2015 dealt with "Youth work in sports club: In tension between human relationships and the legal framework". Often, however, uncertainties or open questions arise, both for young people and for adults who work with young people: What can I do? What am I allowed to do? What should I? What do I have to do? Diverse relationships in sports clubs and associations were highlighted in the forum, as well as legal aspects. Exciting discussion on the subject of relations took place. The legal framework was treated during a seminar with a lawyer. The fact that youth work makes a valuable contribution to sports clubs was emphasized.

2016 the topic of the Austrian Youth Sports Forum was "Youth Work in the sports club - Do it your way!" During the 10th Youth Sports Forum in November 2016 in Vienna, we dealt with the question of how young people can be supported in finding creative and innovative ways to cope with current challenges, to think about them and to take new paths. Tools for the planning and implementation of activities, actions and projects were shared. Projects and the participation of young people into the club activities were discussed as well as current trends and future perspectives. New activities on the national level and this year's Austrian Youth Sports Forum are already in preparation.





**Filip Filipić**

SERBIA

Serbian Youth Council (SYC) is a commission within Olympic Committee of Serbia. Its members are young people up to 35 years of age who are working on a voluntary basis. SYC aims to contribute to the personal development of young people, foster their social abilities and encourage their social commitment. Members of SYC contributed to the implementation of various activities in 2015-2017. Within the national level, SYC took part in the realization of several projects in the field of environmental sustainability in sport, women and sport, sport for all and culture and education: EcOlympics Serbia, Traditional Sport Games, Olympic Class, EcOlympic Games, P&G Youth Sport Camp, Database on Women in Sport in Serbia.

In order to re-conceive the ARCTOS project, established 7 years ago and transferred to diverse European countries, Serbian members started to deliver courses to youth from different backgrounds. Along with national developments that fostered understanding and tolerance, as well as youth participation –ENGSO Youth opened up a space for online exchange among diverse national practices and open discussion on techniques for promoting anti-racism and tolerance.

Youth Council members took an active part within the development team of TreninGo, an app developed for iOS and Android platforms around which global population gathers to train, consult on healthy habits, improve or develop work-out routine directly advised by olympians and role models, choose the common goal to contribute by being active...TreninGo is unifying, multi disciplinary, interactive platform suitable for whether someone wish to choose the active discipline, to choose track, team or challenge, take diverse tests, find informations and statistics, choose action for good cause etc.

Treningo is the new mobile application for activation of citizens and wider community officially supported by the Olympic Solidarity. NOC of Serbia throughout the past years continued actively contributing to support and empowerment of human rights, social inclusion and integration of refugees and migrants throughout diverse actions with our partners. NOC of Serbia in 2016 became an active member of European project ASPIRE - Activity, Sport and Play for the Inclusion, led by ENGSO and co-funded by the Erasmus+ Programme.



**Filipa Godinho**

PORTUGAL

Portuguese Sport Confederation (CDP) during this last year has been involved in some important projects. The participation in the CPLP Games, between 15th and 25th of July and with 106 young athletes from 7 federations. In the end, the participation finished with 30 medals (22 gold medals and 8 silver medals). Around formative

program we increased the number of courses, involving a lot young people. In total, we had 571 trainees in 34 sessions. Another high moment of the year was the annual gala, with the involvement of 630 people from all country involved in sport. A highlight for the young promise prize, that involved our national best young athletes. At the international level, CDP had an important role in SCORE project leading one colloquy in Portugal in the city of Setúbal, city of Sport in 2016, with around 100 participants and one trainee session with 24 coaches from clubs and national federations. In the politic point of view CDP did a great job in the international level, opening the horizons and creating a great network mostly because the position of our CDP President as a ENGSO President, and on the other hand has carried out a work directed to the young people that is expected to have good results in the future.



**Michael Leyendecker**

GERMANY

Deutsche Sportjugend (dsj), the German umbrella of youth sports at the same time youth organization of German Olympic Sport Confederation DOSB organized in June 2017 a nationwide event, in which youth participation and cultural diversity of youth were in focus. Therefore the German Sport Youth presented the main topics of the last years to a wide audience. Main priorities were the prevention of sexual harassment, in which the German Sport Youth, together with some partners, examined the situation in German sport clubs. Upon that, there took place diverse workshops, forums and discussion panels to sensitise, inform and educate decision makers on national and local level. Besides, the German Sport Youth trained the first Sustainability Ambassadors for Sports, in which the young people should raise awareness for topics like Sport and Environment and Sport and sustainable development. On top of these national activities, the German Sport Youth provides expertise and funding programs for national and local organization to manage the arise of refugees in Germany and to support and emphasize the big power of integration through sport. Through regular conferences, seminars, trainings with representatives of the German member organisations and an exchange with a scientists network dsj was further developing its topics during the election period. Likewise, the international exchange was at the core of the activities for the last 2 years. Especially considerable was the German Sport Youth Academy Camp during the Youth Olympic Games in Lillehammer with the aim to reflect on the Olympic values and to live an educational and cultural program around the event. In addition to the topic related content, we had a change of the chair of dsj. Jan Holze was elected new chair of Deutsche Sportjugend and is a board member of DOSB since October 2017.

# Part 8

## About ENGSO Youth



### Who Are We?

We are the European youth sport organisation, the autonomous youth organisation of the European Non-Governmental Sports Organisation (ENGSO). ENGSO Youth focuses on the youth sport-for-all sector in Europe and represents young Europeans under the age of 35 in sports in 34 countries.

We are at the forefront of youth sport advocacy at European level. ENGSO Youth actively works on current youth sport issues (equal opportunities, fair play, fight against discrimination and doping, healthy lifestyle, social inclusion, sustainable development, volunteering, youth employment) with its member organisations (National Sport Confederations or National Olympic Committees), European institutions and partners from civil society.

We involve a growing number of young Europeans and organisations in our work to develop ENGSO Youth capacities in more European regions, foster cross-sector cooperation, and develop projects with long-lasting, multiplying and self-perpetuating effects on current youth sport issues to leave a lasting legacy.

## What is our mission?

- To provide support, advice and guidance for members who want to establish their own youth structure
- To work in partnership with the European Union, the Council of Europe and other European organisations to represent the voice of youth sport
- To provide up to date communications and good practice to all member organisations

## What are our values and principles?

### Education through sports:

We believe that physical activity is not just a public health issue; it benefits society by increasing social interaction and community engagement, comprises an investment in future generations and offers numerous possibilities for non-formal education and inclusion.

### Co-determination, democratic, participation and inclusion:

We believe that young Europeans can be unique agents of social change and should be involved on all levels of the European social environment.

### Equal access to health and well-being:

We believe that young Europeans, regardless of their economic and social status, should have equal opportunities and access to healthy lifestyles: sufficient physical activity, healthy nutrition and education.

## How can you get involved?

Get to know us!  
Visit our website,  
join our mailing list  
and register  
for our events!

### ENGSO Youth

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