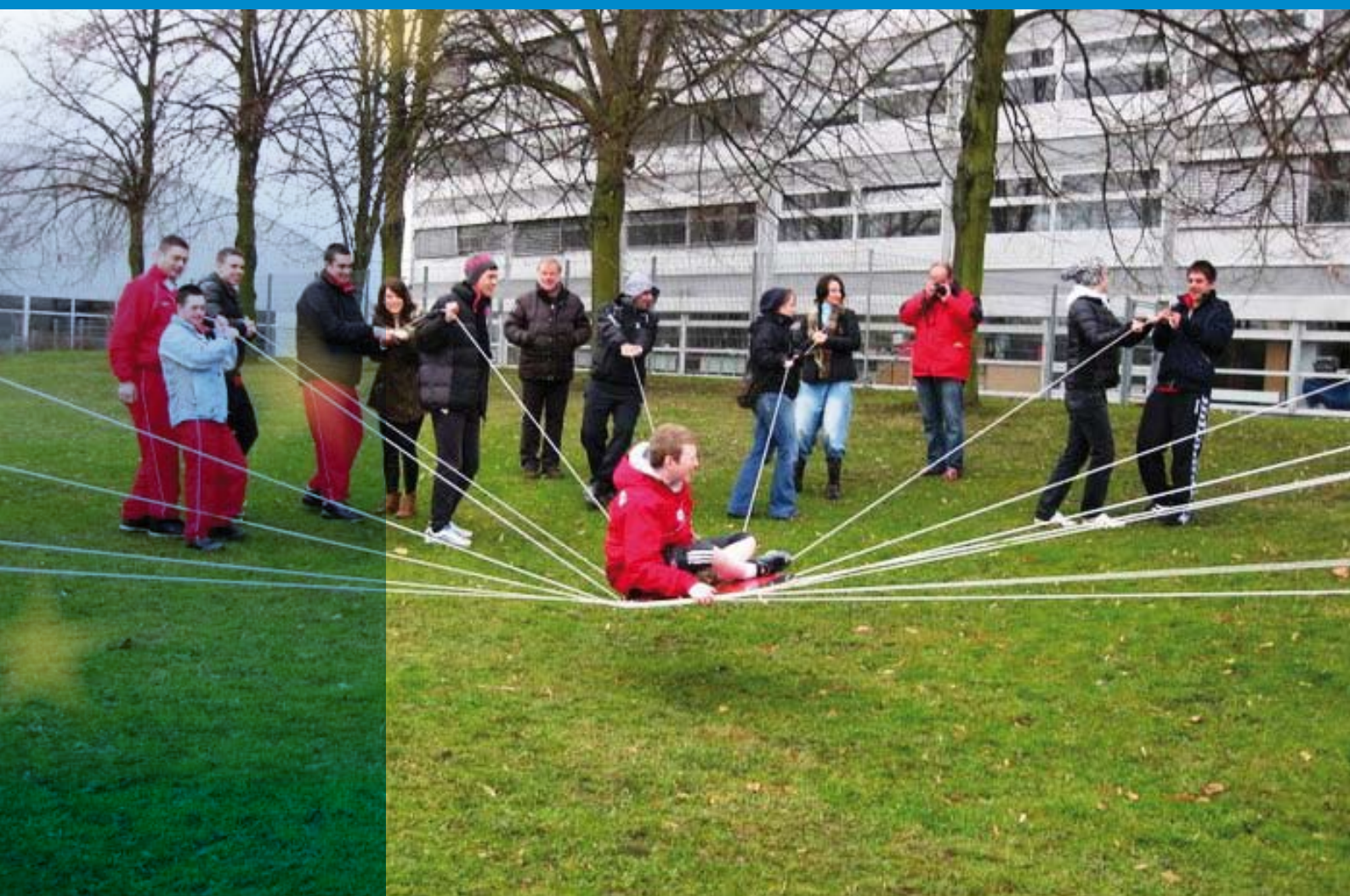




Youth Organisation of the
European Non-Governmental Sports Organisation

ENGSO Youth Report 2009 - 2011



Imprint

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Introduction



Behind us lie two exciting and very successful years!

ENGSO Youth has faced the external parameters and with the implementation of the Lisbon treaty the EU has, for the first time ever, gained a new competence in sport and the so-called “preparatory actions in the field of sport” were set-off in it’s support. The framework of the preparatory actions aims at testing different political fields which could be essential for future implementations in European sport politics. Even more so, with the Eurobarometer survey 2009 on “Sport and Physical activity” the meaning of sport for European youth has been underlined; young people are much more likely to be members of a sport club than older Europeans.

One of the aims ENGSO Youth has is expressing the importance that sport has for the lives of young Europeans today. This is the reason why we feel, as a youth sport organisation, it is of utter importance to organize successful projects which raise awareness about the potential of youth sport. In this sense, it is gratifying that the EU-Commission, within the program “preparatory actions in the field of sport”, has funded youth projects in 2009/10 as well as 2010/11, which shows that the EU- Commission has recognized the importance of sport in the development of the child and youth sector. The projects were applied for by the German Sports Youth in cooperation with ENGSO Youth.

With the project “Healthy Children in Sound Communities” in 2010, ENGSO Youth, in collaboration with the Willibald Gebhardt Institute and the German Sports Youth, could emphasize the necessity of appropriate and sufficient opportunities for children to engage in physical activities in their everyday life. The “European Anti-Doping Initiative” underlines the importance of preventive measures in the field of doping. This is ENGSO Youth’s contribution to educating young people about the dangers of doping in sport, in order for them to develop competencies to decide against doping when they are given the choice.

Our future activities will be guided by the endeavour to portray youth sport as an area that needs special attention and actions. Young people must be given the chance to participate in sufficient physical activity. As advocates for the rights of young people to be physically active, we campaign for the possibility of young people to give full expression to their desire for exercise.

In order for us to succeed in this mission, we need partners. Paramount for this is ENGSO and especially the ExCom, who has backed us in absolutely every situation and has been a guarantor for the success we have to show. Also the Member Organisations have been vital pillars in our past activities. Especially, I want to thank the European Commission that supported us financially in several projects. The same applies to the Directorate of Youth and Sport of the Council of Europe. We were partner of the Council of Europe in several projects, and through their support we could implement our own projects.

Within ENGSO Youth the support was also very tangible, therefore I want to thank:

- | the member organisations for supporting us. Without their co-operation and support ENGSO Youth would not have been able to realize the visions of the past years. Especially the German Sport Youth, who is hosting the office in Berlin, contributes fundamentally to the development of the organisation.
- | our colleagues in the ENGSO Executive Committee for their trust and close collaboration and for the respect they show for ENGSO Youths interests.
- | the many participants, trainers, facilitators and supporters that contributed to the success of our events and activities.
- | my fellow members of the ENGSO Youth Committee for the last two years of trusting and committed work together.
- | as well as Rebekka Kemmler-Müller and Agnes Kainz in the ENGSO Youth offices.

Thank you!

Conclusively, I would like to emphasize that youth sport is becoming more important in Europe. The necessity for a strong organisation, which is flexible to react to contemporary youth-sport developments in Europe, is given. This is what we are working towards. The ENGSO Youth Committee is grateful for your support!



Jan Holze

a) Events

Karine Teow

ENGSO Youth Forum – “Give Youth a real say in sport”, Paris, 21st-26th April 2009



In the past ENGSO Youth delegates only had the chance to meet every two years during the ENGSO Youth Assembly. The ENGSO Youth Forum was introduced to close this gap and ensure that relationships and learning could continue to develop during this period. In line with this understanding, ENGSO Youth organised in 2009 a 5 day forum “Give Youth a real say in sport”. The event took 30 young leaders from across Europe to Paris, France in order to exchange



ENGSO President Ms Birgitta Kervinen

and receive information that will support them in their work and volunteering as young sports leaders. Through the use of non-formal education methods the session developed reflections, discussed the challenges in youth participation in sport organizations and looked at possible solutions. This exchange generated future project ideas based on the needs of youth in the field of youth participation in sport. The event was co-financed by the European Youth Foundation/ Council of Europe. ENGSO Youth envisions continuity in holding such a forum alongside its general assembly in order to ensure greater exchange between the committee, its members and better represent the voice of youth and sport in Europe.

Paolo Emilio Adami

ENGSO Youth at Youth Health Conference – Be Healthy, Be Yourself, Brussels, 9th-10th July 2009



The two day conference on Youth and Health, organised by the European Commission in cooperation with the European Youth Forum (EYF) and other youth organisations including ENGSO Youth, took place on 8-9-10 July 2009 in Brussels. About 500 people attended the conference including 200 young participants from across the Europe. The main focus of the conference was on health inequalities, communicating health, empowerment and mainstreaming these principles into European health policy. The conference aimed at listening to young people and involving them in decision making processes about their health. The first day was dedicated to youth empowerment through a camp facilitated by EYF. The outcomes of the camp were presented in the closing lecture by youth representatives.

Sport and physical activity were also included in the conference programme. The Commissioner for Health, Androulla Vassiliou, mentioned physical activity in her opening speech, and Director Pierre Mairesse reminded that health and sport is one field of action in the new EU Youth Strategy.



International Conference on Volunteering “Volunteers – Heroes of Today”, during the Universiade in Belgrade, 10th – 12th July 2009



Universiade in Belgrade wasn't just about sport and competitions. It was about volunteerism as well. In effort to promote, enhance and put forward perspectives of volunteering not only in Serbia but in the entire region of South East Europe as well, Universiade Belgrade 2009 Ltd. decided to organize International conference on volunteering “Volunteers - Heroes of Today”. The Conference, which was organized in cooperation with Serbian Ministry of Youth and Sport, Olympic Committee of Serbia – Serbian Youth Council, ENGSO Youth and European Volunteer Centre, took place during Universiade Games in the University Village from 10th to 12th July 2009.



The Conference have gathered around 80 young people who are active in voluntary work and voluntary organizations in order to exchange best practices from their countries in the quest for volunteering heritage after major sport events. Through practicing both non-formal education and a learner - centered approach taking into account the needs, interests and their experiences, the participants were empowered to influence the outcomes through changes of opinion and best practices from their perspective.

OUTCOMES :

- | Promoting success of volunteer program for 25th Universiade Belgrade 2009 to the international voluntary sector
- | Promoting the positive volunteer energy for sustainable dissemination of volunteering in the communities
- | Collection of best practices from different countries + recommendations and actions on each workshop topic
- | UN and EU based actions for future development of volunteering (European Year of Volunteering 2011 and UN 2001 + 10 anniversary)



Council of Europe-seminar – “The role of sports associations in promoting active youth participation and enhancing intercultural dialogue”, Strasbourg, 8th-12th November 2009



The seminar “The role of sport associations in promoting active Youth Participation and enhancing Intercultural Dialogue” organized by the Directorate of Youth and Sport (DYS) of the Council of Europe, brought together a group of 33 youth representatives from the youth and sport sector to meet and exchange in Strasbourg from the 8th November to the 12th November 2009. The seminar served as a valuable contact making platform for the participants who additionally gathered their experiences and ideas to form recommendations. ENGSO Youth had not only the opportunity to contribute its experience to the implementation of the seminar but additionally counted the contribution of Kristiina Kangas, ENGSO Youth intern, who participated in the event. The outcomes emphasized the will of young people to contribute to an active and inclusive Youth Sport in Europe dialogue as well as emphasizing the greater need for sport specific youth expertise.

At a time when both sport and youth is increasingly discussed in Europe, the seminar encouraged the Council of Europe in a combined effort with the NGO sector to further develop their work within Youth and Sport across Europe and include the seminar’s recommendations in their work strategy and working priorities. The seminar was a successful step in the future development of common work in the field of youth and sport actions in Europe.

Workshop „Integration through sports - intercultural sports“, Bonn, 18th - 24th February 2010



ENGSO Youth was partner in a workshop on integration through sports. Since organised sport reaches a plurality of people and is a preferred activity for immigrants, it is especially confronted with the topic of integration. The international workshop „Integration through sports - intercultural sports“ organised by Context - intercultural communication& learning and supported by ENGSO Youth. ENGSO Youth believes that Integration is a thematic that is inevitable in today’s society and that youth sport is an excellent medium to create a lasting change in order to foster intercultural understanding and avoid the exclusion of young people, especially with fewer opportunities.

ENGSO Youth Forum: Youth Sport Goes Europe – basics of structures and funding in Europe, Belgrade, 14th-16th May 2010



A focus on young people engaged in the sport sector from Serbia and surrounding countries was set for the ENGSO Youth Youth Forum and Youth Assembly that took place in Belgrade from 14-16 May 2010. The main theme was inclusion of young people in the Eastern European countries. Other country representatives are welcome of course. The forums' programme provided basics of sport and youth sport structures in Europe and funding possibilities with the aim to involve more young people in international and Europeanwide youth sport activities.

1st European Conference on health and well-being of young people, Rome, 16th-18th June 2010



From 16th-18th June, as part of the European Health Initiative “Be Healthy-Be Yourself”, 54 young people (representatives of National Youth Councils and International Non Governmental Youth Organizations) from 22 European countries were in Rome, Italy for the 1st European Conference on health and well-being of young people. Organized by the Italian Youth Ministry and supported by the Italian Youth Council, the purpose of the conference was not only to identify the appropriate tools to safeguard youth health and well-being, but also and above all to involve young people more closely in EU health policies, to strengthen youth participation in decision-making processes, to involve other sectors within different political areas at EU and national level to help the implementation of prevention programs targeted at young people and to support the efforts of Member States to promote youth health. Present at the conference were the Italian Ministers for Health, Education, Equal Opportunities and the Under-Secretary in charge of family policies. The discussions tackled Sex Education and Epidemiology of Sexually Transmitted Infections; Eating Disorders; Food Education, Physical Activity and Healthy Lifestyles.

ENGSO Youth was represented by their new Policy Officer, Agnes Kainz, who shared best practice examples in the workshop “Enhancing the Role of Sport in the Prevention of Risk Behavior” with the multi-media training tool “ARCTOS - Anti Racism Tools in Sport” and the currently running EU-funded Preparatory Action in the field of Sport: “HCSC -Healthy Children in Sound Communities”.

International Olympic Academy, 50th Young Participants Session, Olympia, June 2010



The International Olympic Academy (IOA) functions as a multicultural interdisciplinary center that aims at studying, enriching and promoting Olympism. In order to maintain its legacy, the IOA organises annual sessions of which one is specifically for young people between the ages of 20 to 35, entitled the Young Participants Session. This session gathers a large selection

of international individuals who are primary students, Olympic athletes, actors in sport, teaching and active in their respective NOCs or NOAs to Olympia. The Young participant session lasts for a two week period and is designed as an introduction to Olympism and the Olympic Movement. The IOA focuses not only on education, but additionally, in motivating young people to use their experiences and knowledge gained from the Session productively in promoting the Olympic ideals and educating others in their own countries. The topic of this year's Session was "The Olympic Movement as a platform for peace". Through the two weeks participants



are engaged in a mixture of thematic as well as cultural workshops, conferences and have the opportunity to live the olympic spirit.

ENGSO Youth members, Karine Teow (French Delegate) and Natasa Jankovic (Coordinator), took part in the 50th session which was held in June 2010. "Inspirational lectures, great discussions and meeting new people from all around the world is definitely worthy of a return to Olympia" said Natasa. There is no doubt that the IOA youth sessions offer a unique opportunity for young leaders to help to the development and the diffusion of the Olympic ideals during and after the Session.

Karine Teow

ENGSO Youth Study session "Youth voices through inclusive sports", Strasbourg, 4th - 10th July 2010



The Study session "youth voices through inclusive sports" supported by the Directorate of Youth and Sport of the Council of Europe, successfully took place from the 4th - 10th July 2010. Gathering 34 young people youth sport activists the study session used non-formal education to offer the participants a platform for exchange and understand inclusion, exclusion,

marginalisation and question the role of sport activities as tool for inclusion. During the week participants took part in numerous games, activities and exchanges which enabled them to look at sport activities more critically in terms of their 'inclusiveness'. In the end of the program, participants had the opportunity to create their own activities for inclusion, these are of course a first attempt and not final tools of inclusion through sport. Overall, a week of high energy, great people, great atmosphere and great exchanges. This session was encouraging for the future work of ENGSO Youth in the field of education and development of using sport as a tool for wider social issues, and an effective means to get youth involved. Some of the concluding comments from the participants:

"Activities and games make us understand better, and it is easier than talking sometimes, and also, I think if we are creative enough we can come up with more activities that can include any minority"

"Now I think more about access to sport at all levels, transport, equipment, rules, skill, it is very interesting"

"It's difficult to include everybody and not everybody wants to be included, but everybody can be excluded, and we have felt exclusion, and we know we have to provide opportunity for access."



ENGSO Youth at 1st European Youth Work Convention, Ghent, 7th-10th July 2010



1st European Youth Work Convention, organized by the Belgian EU Presidency Youth, took place in Ghent, Belgium from 7-10 July 2010. This was a unique event, a first of its kind, aiming to take youth work a step further. The Convention showed the diversity of youth work throughout Europe and its impact on young people and society especially through the Youth Work in Action workshops.

The Convention was a unique opportunity to elaborate on the role of youth work - and especially youth work in the sport sector, its different assets, its needs, its features, its strengths and contributions to society. Therefore, representing ENGSO Youth I gave my contribution to the workshop topic "Sport and Youth work" with the project ARCTOS (Anti Racism Tools in Sport) which was very well accepted among participants.

Youth workers from all 50 signatory countries of the European Cultural Convention gave the Convention a truly pan-European dimension. The Convention strived to set pathways, orientations and boundaries for future developments and discussions on a European level. The final declaration of the Convention has been sent to the 27 EU Ministers responsible for Youth and other relevant actors.



Youth Olympic Day, Berlin, 24th July 2010



After having submitted recommendations for the Youth Olympic Games (YOG) to IOC end of 2007 highlighting the need of active participation of young people, representative of ENGSO Youth attended the welcome ceremony of the Youth Olympic flame in Germany. The torch traversed the five cities, representing the five continents of the world: Europe, Africa, Americas, Oceania and Asia, in the given order. Berlin hosted the flame in Europe. ENGSO Youth had the chance to discuss potential for youth involvement through the YOG with European delegation members. ENGSO Youth was represented by Chair Jan Holze, Secretary General, Rebekka Kemmler-Müller and policy officer, Agnes Kainz.

1st Youth Olympic Games, Singapore, 14th-26th August 2010



The 1st Youth Olympic Games in Singapore inaugurated a new direction within youth sport history and represented the first attempt to confront professional sports with a cultural-educational program in the youth sector. In terms of recognizing the educational potential and the possibility of cultural exchange that exists within sports, this meant a giant leap for raising awareness to this often unappreciated facet of the sector.

An added benefit of having Youth Olympics is the opportunities for youth empowerment through involvement. The Games did not only put young athletes on center stage, they offered, volunteering and young ambassadors programs in order to promote the real spirit of organising games; 'with youth for youth and by youth'. ENGSO Youth appreciates and takes away such examples as promising for the future of youth and sport.

Giving young people "centre-stage" (as athletes, event hosts, junior ambassadors-to name but a few) for two entire weeks at an event where an incredible amount of human- as well as financial resources and media coverage were provided, proves that the youth sector is starting to be valued as an important, indispensable part of society that needs to be heard and seen. In this respect, ENGSO Youth believes that the Youth Olympic Games were a big chance for young people, which were here to be embraced and made use of. As with every "first time" though, there is definitely room for improvement and becoming aware of the exemplary function that an event as this can have and the responsibility which it incurs, is essential. Due to the fact that young people relate best to their peers, ENGSO Youth believes that through the Youth Olympic Games there is big potential to inspire youth at grass-root level to engage in sporting activities, as young people will be motivated to follow by example. ENGSO Youths Chair, Jan Holze, Member, Karine Teow, and policy officer, Agnes Kainz, were involved in voluntary and educational activities during the Youth Olympic Games in Singapore.



European Youth Forum YO! Fest, Brussels, 1st September 2010



The European Youth Forum organised a networking event, the YO! Fest, for its members and stakeholders in Brussels. ENGSO Youth was visible at the stand area of the event, and used the opportunity to establish contacts with representatives of other YFJ MOs and other stakeholders working on youth.

European Youth Forum Membership Support Week, Brussels, 8th-10th September 2010



The annual membership support week of the European Youth Forum gathered its members to Brussels for an exchange of information on current issues and to give support to their activities. The first session of the week was a consultation on the future Youth in Action Programme, feeding into the EYF position paper on the topic and including discussions with the European Commission, to which ENGSO Youth actively contributed. The discussions demonstrated that ENGSO Youth shares the same concerns as other European youth organisations in terms of funding. The second and third sessions were reserved for sharing information on the current Youth in Action programme and for staff training. ENGSO Youth Vice Chair Anna-Mari Hämäläinen and Policy Officer Agnes Kainz attended the sessions.

ENGSO Youth meets the Board of Fédération Internationale Catholique Education Physique et sportive (FICEP), Vienna, 24th September 2010

On behalf of ENGSO Youth, policy officer Agnes Kainz met with the board members of FICEP. Information about the goals of the organisations were exchanged and the basis for future cooperations, such as in the EU-funded preparatory action in the field of sport „The European Anti-Doping Initiative“, was laid.



Generations for peace - Young leaders training, Sochi, 1st-10th October 2010



Young leaders from Serbia, together with their colleagues from 11 European and Central Asian countries flocked to the Russian city of Sochi, host of the 2014 Olympic and Paralympic Winter Games, to gain knowledge during the Generations for Peace Camp and learn necessary skills needed for their effort to promote peace in their own communities.



During the 10 days camp (1st - 10th October, 2010), young leaders went through an intensive ten day peace-through-sport training program involving academic conflict transformation techniques and practical sports coaching. Prominent professionals from their respective fields came to support this effort and to transfer their knowledge and to encourage young people to reach their immense potential. There was not all work and no fun. Throughout the camp, delegates swapped stories, and a few dance moves, displaying cultural diversity, that strengthened the strong bonds of friendship that are already being created, making the camp such a rich experience for everyone involved.

Upon their return from the Sochi camp representatives of Serbian Youth Council - Olympic Committee of Serbia conducted the interactive training sessions every Saturday from 23 October to 20th November 2010 at the NOC premises. Aim of the sessions were to educate twenty young people how to promote Olympic values through programs and projects of the Olympic Committee as well as to further spread the idea of promoting peace through sport.

Generations For Peace is a global organisation founded in 2007 by HRH Prince Feisal Al Hussein of Jordan, leaning strongly to the values of the Olympic movement and supported by the IOC as such, with a clear goal to promote tolerance and understanding between conflicting communities through the use of sport, ultimately helping to lead to a demand and desire for peace.

European Youth Forum General Assembly, Kiev, 17th-21st November 2010



ENGSO Youth attended the first European Youth Forum General Assembly after becoming its member, actively establishing contacts to other youth organisations and raising the profile of youth sport. In the plenary, ENGSO Youth raised the role of youth sport as a tool for non-formal education and for promoting the health and well-being of young people. Representatives of ENGSO Youth also contributed to workshops on the EU's Youth on the Move initiative, the youth sector of the Council of Europe, youth work policy, global governance and the European Year of Volunteering 2011. ENGSO Youth was represented by Vice Chair Anna-Mari Hämäläinen, Youth Committee Member Paolo Emilio Adami and Policy Officer Agnes Kainz.

Paolo Emilio Adami

HEPA Conference, Olomouc, 24th-26th November 2010



The 6th Conference took place in Olomouc, Czech Republic, its objectives were to strengthen networking and exchange on physical activity promotion, in line with one of the specific objectives of a WHO-DG SANCO project on "Promoting networking and action on healthy and equitable environments for physical activity (PHAN)" and to review and discuss progress made in HEPA Europe's fifth year of activity, in particular in implementing the work programme as well with regard to contributions and funding.

Paolo Emilio Adami

HEPA WG on Physical Activity for Children



In the Working Group we discussed the following:

Information on the PHAN project; Youth participation and empowerment: how can we involve youth in the work we do: HEPA projects and interventions should be close to young people and their interest. A need for more youth participation was expressed and mentioned as an interesting topic for this WG. The PHAN project and Keyplayers, a project/ network led by NISB could serve as a basis for this. Ownership by young people, and learning from each other are important issues here. HEPA should be fun. It was mentioned that a connection with the European Youth Forum (EYF) could be established. Related to this, it was remarked that a focus on adolescents would be interesting. (without leaving the other age groups). It would be good to have a better overview of networks and projects in Europe: suggestion to collect and map active networks and projects. A better balanced geographical spreading in the group would be good (Eastern EU countries). The WG would be interested in co-operating "influencing" policy

levels. There is a need for more knowledge on implementation. Building on the positive outcomes of the inventory of the 6 interventions(carried out in 2009/ 2010), a follow up project to identify good interventions, analyse the effective elements and the dissemination of information and knowledge on specific intervention would contribute to a European idea and approach on HEPA for youth and children.

Natasa Jankovic

ARCTOS workshops through “EcOlympics Serbia 2010”



In order to overcome discriminating behaviour among youth, NOC of Serbia managed to run ARCTOS workshops through the main project “EcOlympics Serbia 2010”. Funded by Olympic Solidarity this project was successfully realized during 8 months in various cities and places in Serbia. Through this project, NOC of Serbia managed to involve about 7000 children who participated in the activities such as ecolympic playground, fairplay football and ARCTOS workshops.

The project started in May 2010 and the great final was on 26th November in Belgrade during the European Olympic Committees General Assembly. After Subotica, Bor, Petrovac na Mlavi, Novi Sad and Nis ARCTOS workshops continued in Belgrade. In total around 500 children, boys and girls 14-15 years old, successfully took part in ARCTOS workshops.



Mr. Vlade Divac, President of the Serbian Olympic Committee

To educate and involve youngsters in participating in sport activities without any kind of discrimination is one of the main goals of NOC of Serbia and therefore Olympic Committee will continue with the ARCTOS project in 2011.

IOC Conference, Durban, December 2010



The 7th World Conference on Sport, Education and Culture was held in Durban (South Africa) from 5-7th December 2010. This Conference which was jointly organized by the International Olympic Committee and UNESCO brought together representatives from the world of sport, universities, NGO's, governments and intergovernmental organisations.

The program of the Conference whose motto was "Giving a Voice to Youth" was opened by IOC President Jacques Rogge and offered the possibility to young people to share their experiences and to learn from each other.

Several parallel sessions and workshops regarding Olympic education, the cultural Olympiad and how to develop a culture of healthy lifestyles took place during the Conference. Among others, a key topic was the follow-up of the Culture and Education Programme of the first ever Youth Olympic Games, which were held in Singapore in 2010.



Brazil School Games, Goiania, December 2010



The Olympic Committee of Brazil organized the 2010 Brazil School Games which was held in Goiania, Brazil, and fourteen observers from various countries of the world were invited to attend as an International Observers Program initiative sponsored by the Brazilian Olympic Committee and Olympic Solidarity. It was a very rewarding and educational

experience for Kliton Muca, Albanian member of the ENGSO Youth Committee, attending on behalf of the NOC of Albania. They had a firsthand look at the logistics involved in hosting a large sporting event. There were more than 4000 athletes competing in twelve sport disciplines. The event served as a massive talent search and ID program by the Brazilian Olympic Committee, and it brought the best athletes in the country together for a week of high level competition among themselves. The National Coaches and Technical Directors for the sports were present at the Games and were able to see firsthand the emerging talent.

Anna-Mari Hämäläinen

European Meeting on Sport, Child and Youth Development at the European Parliament, Brussels, 8th December 2010



ENGSO Youth was present at the European meeting of the UN's Sport for Development and Peace International Working Group on Child and Youth Development, hosted by UK Sport at the European Parliament. ENGSO Youth Vice Chair Anna-Mari Hämäläinen gave a presentation on how sport can enhance professional development and employment opportunities. The meeting also allowed ENGSO Youth to network with international organisations and government representatives.

Anna-Mari Hämäläinen

EPAS Conference, Warsaw, 17th-19th January 2011



The Council of Europe's Enlarged Partial Agreement on Sport (EPAS) and the Ministry of Sport and Tourism of Poland organised in cooperation with the European Paralympic Committee a regional seminar on sport and people with disabilities.

The conference was built around four panels; ENGSO Youth was invited to take part in the panel entitled „Involving youth through education and sport events“. ENGSO Youth's presentation outlined how inclusion of all young people, also of those with disabilities, is reflected in the motto „Give youth a real say in sport“. Vice Chair Anna-Mari Hämäläinen and Youth Committee Member Karine Teow attended the conference.



The “Pilot Training on Intercultural Skills for Volunteers and Youth Leaders Working with People with Disabilities”, Strasbourg, 3rd-6th February 2011



The Pilot Training was held at the European Youth Centre in Strasbourg, France from the 3rd - 6th February 2011. The seminar addressed the involvement and access of people with disabilities in sport and society, as well as the question how youth leaders and volunteers can support non-mainstream participation in theory and practice. Interactive methods facilitated the exchange among a very diverse group, gathering people with and without intellectual disabilities from 15 countries, ranging from the ages of (14-52). Within this context, sport was discussed as a tool to foster acceptance of youth with disabilities towards social inclusion. It was additionally highlighted that, sport as a field has ongoing work needed in order to ensure full participation for all. Nonetheless, sport, during this session, really was a bridge and universal language. The training was co-organised by the Council of Europe EPAS (Enlarged Partial Agreement on Sport), Special Olympics Europe Eurasia, ISCA (International Sport and Culture Association) and ENGSO Youth.

Jan Holze

EU Sport Forum, Budapest, 21st-22nd February 2011



The EU Sport Forum is a key platform for dialogue on sport at EU level organised by European Commission. It gathered on 21-22 February 2011 in Budapest 200 participants from the Olympic and sport movement, including leading representatives from international and European sport federations, European and national sport umbrella organisations

and other sport-related organisations to discuss topics relating to the new EU competence in the field of sport and its implementation. ENGSO Youth chair Jan Holze attended the Forum and presented together with German Sport Youth, lead partner in the Preparatory Action projects a) the „European Anti-Doping Initiative“ (2011-2012) and b) „Healthy Children in Sound Communities“ (2010-2011, other member of the projects steering group: Willibald Gebhardt Research Institute).



Mrs Androulla Vassiliou, European Commissioner for Education, Culture, Multilingualism and Youth

Final Conference Healthy Children in Sound Communities, Brussels, 8th-10th of March 2011



The preparatory action project „Healthy Children in Sound communities“ (2010/2011) promotes and implements more opportunities for children in primary school age to engage in an active lifestyle as a means to counteract physical inactivity and overweight/obesity, ENGSO Youth is member of the projects steering group (find more about the project in section B). The final conference „Exercising for the future – Healthy Children in Sound Communities‘ was held in Brussels from 8th to 10th of March 2011, gathering all the project partners to establish conclusions and think about a further development of the action and discuss with representatives of the European Commission, the WHO and other stakeholders from the sport and health sector.



Mr Michal Krejza, Head of the Sport Unit at the European Commission

Eurochild Meetings in 2009/2010

Eurochild is a network of organisations and individuals working in and across Europe to improve the quality of life of children and young people. Eurochild's work is underpinned by the principles enshrined in the United Nations Convention on the Rights of the Child. ENGSO Youth is a member of Eurochild and aims to raise awareness about the advantages of the social well-being of young people that youth sport clubs, youth centres and youth community action can have in today's society. Kristiina Kangas (Young Finland Association) was nominated by the ENGSO Youth Committee to be the responsible for the Eurochild relations during 2009-2011.



Anna-Mari Hämäläinen

Presentation of the European Youth Forum Study on the impact on youth of the provisions of the Lisbon Treaty



ENGSO Youth Vice Chair Anna-Mari Hämäläinen attended the presentation of the European Youth Forum study on the impact on youth of the provisions of the Lisbon Treaty organised at the European Parliament. ENGSO Youth raised the issue of interplay between the youth and sports provisions of the Treaty, and the importance of applying democratic participation and non-formal education to youth sports as well, as written in article 165 of the Treaty.

Council of Europe Training for Facilitators, Budapest, 21st - 29th March



The Training Course for Facilitators organized by the Council of Europe (CoE) took place at the European Youth Center in Budapest, from the 21st to the 29th of March 2011. Over 200 applications were received but only 30 participants were chosen to take part in the course. ENGSO Youth for the 3rd time had one representative participating in the training. The aim of the course was to train facilitators in non-formal-education of youth organizations on ensuring a high quality standard in organizing, implementing and evaluating training activities as also securing an effective follow up of training activities organized and run in cooperation with the Council of Europe's Directorate of Youth and Sport. Considering the chance given by the Council of Europe to participate in the Training Course for Facilitators, ENGSO Youth is recognized again as a valuable partner which runs activities that follows the CoE principles of Human Rights, Democratic Youth Participation, Intercultural Dialogue and Social Inclusion of young people.

European Youth Forum NFE Youth Health Dialogue 2011, Brussels, 18th - 19th April



The European Youth Forum and its Member Organizations have long been engaged in the debate on recognition of Non-Formal Education and have actively contributed to the knowledge and legislative developments in the area of lifelong learning. In believing that quality and education always go together, and that youth organizations are key providers of quality education, the European Youth Forum organized this Experts Conference to exchange good practises looking beyond Non-Formal Education. By gathering different stakeholders around the table, the Conference aimed at finding ways for different providers to work together to develop standards in quality assurance mechanisms for Lifelong Learning. ENGSO Youth was represented by Federico Maselli from FIAF and contributed to the discussion on behalf of our organisation.

b) Other projects and activities

Jan Holze

Preparatory Action in the field of Sport 2010-2011/ Healthy Children in Sound Communities (HCSC)



ENGSO Youth is partner in a project funded in the EU-Preparatory Action in the field of sport. “Healthy Children in Sound Community (HCSC)” builds up local multi-actor networks to promote healthy and physical active lifestyles for children. The project started in January 2010 in six Europe countries. A weekly schedule for primary school children with a combination of physical education lessons at schools, co-curricular physical activities and one additional hour of health and nutrition education – this is the main element of the EU-project “Healthy children in sound communities”. The first project stage January – June 2010 was dedicated to prepare the cooperation with selected communities in the six participating countries: Poland, Czech Republic, Netherland, Great Britain, Italy, Germany. During second and third project stage until march 2011 all partners networks could offer the daily hours of physical activity, the health and nutrition education and fitness tests that were evaluated. Conclusions are to be published on the projects website www.hcsc.eu Lead partner and official applicant in this project is German Sport Youth, the youth organisation of German Olympic Sport Confederation. The other partners beside steering group members Willibald Gebhardt Research Institute/Germany and ENGSO Youth are E. Piasecki University School of P.E. in Poznan/Poland, Nederlands Instituut voor Sport & Bewegen, Youth Sport Trust, Great Britain, Charles University, Faculty of P.E., Sport and Czech Sports Association and Federazione Italiana Aerobica e Fitness. These partner were there national coordinator for the project activities.



Preparatory Action in the field of Sport 2011-2012/ European Anti Doping Initiative (EADIn)



ENGSO Youth and seven other european sport organisations joined the German Sports Youth (DSJ) to hand in the application “The European Anti-Doping Initiative”. In the beginning of november, the application was given a positive answer. This project was submitte in the EU-funding programme “Preparatory Action in the field of sport” and aims at combatting doping in Europe and especially in the youth sector. Through the organisation of Youth camps, a network of Anti Doping Junior Ambassadors will be created in order to spread the best practices already existing. The use of multi-media tools and the organisation of seminars at the national and european level are some of the others key elements of this application. Through these tools, ENGSO Youth and the other partners wish to raise awareness about the complex process of doping and consequently help to eradicate it.

The other partners in that application are: Zentrum für Dopingprävention, Pädagogische Hochschule Heidelberg (ZDP), Comité National Olympique et Sportif Français (CNOSF), Olympic Committee of Slovenia, Federazione Italiana Aerobica e Fitness (FIAF), Austrian Athletics Federation (ÖLV), Fédération Internationale Catholique Education Physique et sportive (FICEP)./ The partners in the European Anti-Doping Initiative (EADIn) met in Frankfurt, Germany on January 27, 2011 for the kick-off meeting of the project. The project is aimed at establishing an European-wide Anti-Doping mentality in the youth sector by establishing a moral tenor towards concepts such as Fair-play, sensitizing and raising awareness on all levels of the complex social environment surrounding the doping problematic and implementing strategies to motivate young people to pass on the message and create a strong multiplying effect. The actions of the project will be to develop a peer-to-peer network of Anti Doping Junior Ambassador (ADJA) through Youth Camps, develop a best practice catalogue and an EU Model for preventive Anti-Doping Education, implement this model in several levels (Local, National, European), produce educational training tools to support the work of the ADJA and to spread the information and organise seminars and conferences on National and European levels in order to encourage networking, communication and future long-term cooperation between the partners. The European Anti-Doping Initiative promotes healthy sports participation without drugs.

ENGSO Youth Volunteer Award 2009/ 2011



In 2009 ENGSO Youth presented in first Volunteer of the year Award. A congratulations to Helmut Baudis, the first recipient of the ENGSO youth volunteer award, we are honoured to have him as a display of quality volunteering in European youth sport. ENGSO Youth carried out an interview with Helmut which can be found on the website and hopes to act as a display of the possibilities present in volunteering within the youth sport sector as

well as offering a recognition for it. ENGSO Youth will again in 2011 present the Volunteer Award to a young volunteer between the ages of 18 and 35 in recognition of her/his involvement in sport. This award is attributed to a young person engaged in European sport matters. The winner is invited to participate in the ENGSO Youth General Assembly where he/she will receive his/her certificate (all expenses covered). ENGSO Youth plans to further this award in the future years and hopes to encourage volunteering within the youth sport sector in Europe and show recognition towards what is already taking place.

Anna-Mari Hämäläinen

Alliance for the European Year of Volunteering 2011



The European Union declared 2011 to be the European Year of Volunteering. A group of civil society organisations joined together and formed the EYV2011 Alliance in order to advocate for declaring the year and later to implement activities during the year. ENGSO Youth is a member of the EYV2011 Alliance since its early stages. Through the EYV2011 Alliance, ENGSO Youth has received and disseminated information on EU-level activities and policies related to volunteering, and has been able to contribute to raising the profile of young volunteers in sport.



European Year of Volunteering 2011 Working Groups



One of the activities of the EYV 2011 Alliance is to run six working groups dealing with cross-cutting issues of volunteering. Working groups have met for the first time on January 7th and 8th in the European Youth Centre in Budapest, Hungary. Simultaneously, the first Kick-off Conference on the topic “Recognising the Contribution of volunteering to economy, society and individual – where are we now, and where we want to go?” was organised in correlation with the European Commission. The second working group meeting was held in Brussels, Belgium on March 18th-19th.



EYV Alliance working groups involved more than 100 experts who have been nominated by the alliance member organisations. Working groups will meet at least 3 more times during 2011 including two further Working Group meetings held in Brussels in May & September 2011 and the final conference in Poland in December 2011. During the final conference in Poland the EYV2011 Alliance European Policy Agenda on Volunteering will be presented to policy makers.

ENGSO Youth together with ENGSO is contributing to five working groups through its representatives who are experts in the field of volunteering. Being a member of the working group “Value of Volunteering” I found discussions very interesting and inspiring, especially when it comes about how to measure the value of volunteering. The first two meetings as well as the Kick-off Conference exceeded my expectations and I am looking forward to the next meetings in Brussels.

European Youth Forum



ENGSO Youth became an observer member of the European Youth Forum (YFJ) in October 2008. Since then, ENGSO Youth has actively participated in trainings, events and the statutory meetings of the YFJ, including the General Assembly and Councils of Members. We also contributed to the Work Plan of the YFJ 2011-2012, underlining the importance of promoting the health and well-being of young people, including sport and physical activity. ENGSO Youth has also benefited from receiving information on EU policies and programmes in the field of youth and support for preparing funding applications. ENGSO Youth is the only sport organisation represented at the European Youth Forum. Vice Chair Anna-Mari Hämäläinen was nominated by ENGSO Youth Committee to be the responsible for YFJ relations during 2009-2010.

ENGSO EU working group



ENGSO Youth was represented by Vice Chair Anna-Mari Hämäläinen in the meetings of ENGSO's EU Working Group, which meets 3-4 times a year to discuss ENGSO's activities related to EU policy. The Working Group is an important platform for facilitating cooperation and exchange of information between ENGSO and ENGSO Youth, and for bringing the views of young people to the attention of ENGSO and for including them in ENGSO's activities and statements.

European Paralympic Committee - Cooperation



One of the aims of the ENGSO Youth Committee in its past term was to promote the participation and inclusion of young people with disabilities in the European youth sport sector. We have successfully started cooperating with European Paralympic Committee on several projects.

c) The Organisation

ENGSO Youth Committee 2009-2011

The ENGSO Youth General Assembly 2009 gathered 30 young sports leaders from member countries to Paris. The 2009-2011 ENGSO Youth committee was elected: Chair: Jan Holze (Germany), Vice- chair: Anna-Mari Hämäläinen (Finland), Members: Paolo Emilio Adami (Italy), Ivana Anicic (Croatia), Louise Gruchy (United Kingdom), Natasa Jankovic (Serbia), Agnes Kainz/ Martin Friedrich (Austria), Kliton Muca (Albania), Karine Teow (France). Martin Friedrich was co-opted as the Austrian ENGSO Youth committee member when Agnes Kainz took on the position of policy officer at ENGSO Youth in May 2010.

ENGSO Youth Committee Meetings and Youth Assemblies

The ENGSO Youth Committee held 10 committee meetings and regular teleconferences from April 2009 - May 2011 in order to plan and prepare upcoming and future activities, adapt statements and write responses to current youth sport issues and decide on the direction of the organisation. The meetings were usually held in the different countries of the youth committee members and supported by the member organisations. ENGSO Youth held Youth Assemblies in 2009, 2010 and 2011 in Paris, Belgrade and Tallinn respectively.

Internship at ENGSO Youth secretariat

The ENGSO Youth office in Berlin regularly has young people doing internships. We are convinced that the sport sector offers an important educational potential, and we believe that both the organisation and the intern benefit from this respectful cooperation. Candidates should be experienced in youth sport issues, be motivated in developing children and youth sport in their own country and in Europe and be aged between 18 and 30 years. In the year 2009 ENGSO Youth hosted the intern Kristiina Kangas from Finland (Finnish Youth Committee of Sports), Florian Handke from Germany and in 2010 Julien Buhajezuk from the student commission of EUSA, all for a three month working period. They gave very helpful support to the secretariats work.

ENGSO Youth Policy Officer

Thanks to Youth in Action structural funding, ENGSO Youth could create the position of a policy officer. Tasks of the policy officer is reviewing and updating existing policies, fundraising, management of running projects and activities of ENGSO Youth. Agnes Kainz has assumed the position of the ENGSO Youth policy officer since May 2010 and is based in the ENGSO Youth office in Vienna, Austria.

d) Public funding

Youth in Action, structural grant/EU

ENGSO Youth applied for structural grants in the Youth in Action programme, Action 4.1. both in 2009 and 2010. The application for 2009 was rejected, the 2010-application was successful. This allowed us to support our office and staff and to co-finance the activities of ENGSO Youth.



Education and Culture DG

'Youth in Action' Programme

European Youth Foundation/Council of Europe - structural grant, grants for seminars, study sessions and publication



The European Youth Foundation co-funded structural costs of ENGSO Youth in 2009 and 2010, co-funded the ENGSO Youth seminar "Give Youth a real say in sport" in April 2009 in Paris and the study session in 2010 entitled "Youth Vioces through inclusive sports". ENGSO Youth has also been authorised grants for activities taking place in 2011: the Seminar "Mobilizing Youth through Sports and Technology", the Study Session "Youth Sport opening doors to all abilities" and the publication "Youth Sport opening Doors to all Abilities - using Sport as a Tool for Inclusion of Young People with Disabilities".

e) Public relations and publications

Newsletter/Website

ENGSO Youth sends out a newsletter every 2 months. The ENGSO Youth website-administration of www.youth-sport.net is done by the secretariat and was launched with a new design early 2011. For subscription to our newsletter, please see ENGSO Youth's homepage.

Karine Teow / Natasa Jankovic

ARCTOS - Anti Racism Tools - published in French and Serbian



The project ARCTOS - Anti Racism Tools - deals with the prevention of and the fight against racism through sports. It is a training handbook and CD-ROM with 10 videoclips that can be used easily in national and international youth work. The multimedia tool may also be used in the training and further education of trainers/coaches and sports instructors. The tool offers solutions to scenarios in order to better work against discrimination and racism in the youth sport area. In 2008 and 2009 ENGSO Youth published the English and German version of the training tool and has aimed at spreading the tool to further countries. ARCTOS was published in French by French sport organisation UFOLEP (L'Union Française des Oeuvres Laïques d'Education Physique) in December 2010 under the title "Quelle pédagogie face à des situations de discrimination et d'exclusion dans le sport". This is a free tool which can be downloaded online from the ENGSO Youth website. The Olympic Committee of Serbia published ARCTOS, the Anti-Racism training tool in Serbian in 2010. In Serbia the ARCTOS project was realized through special workshops organized for elementary school children. The facilitators of the workshops were the young members of the Serbian Youth Council. The brochure was great assisting and supporting material for fighting and avoiding racism or any kind of discrimination among youth. President of Olympic Committee of Serbia, Vlade Divac, gave full support to this initiative which will continue in 2011. "I expect from young people to become ambassadors and share their experiences and knowledge gained through ARCTOS workshops among their families, friends and neighbours. Only together we can make our society better and our country more beautiful" said Vlade Divac, former basketball player and President of the Serbian Olympic Committee.

ENGSO Youth contribution to the consultation on the future European Youth Programme, 2010



In its contribution to the open consultation on the future European Youth Programme, ENGSO Youth underlined the importance of preserving participation, active citizenship and non-formal education at the core of the new programme for youth. ENGSO Youth also advocated the inclusion of non-EU countries in the scope of the programme and the need to ensure support for European youth organisations. The key theme was ensuring that the future youth programme will allow support for actions in the field of sport.

ENGSO Youth Statement on the New EU Strategy for Youth “Investing and Empowering” from July 2009



Soon after its adoption by the EU, ENGSO Youth welcomed the new EU Strategy for Youth in its statement. Especially, ENGSO Youth welcomed the inclusion of health and sport as fields of action as part of improving access and full participation of young people in society. We also encouraged the EU to promote cross-sectoral cooperation between youth, sport, health and other relevant sectors, and to support youth participation in democratic life also in sports.

ENGSO Youth response to the sports provisions of the Treaty on the Functioning of the European Union and the future EU Sport Program



Following the entry into force of the Lisbon Treaty in December 2009, ENGSO Youth adopted a position paper on how the sports provisions of the new EU treaty should be implemented. ENGSO Youth supported a substantial EU sport programme as the main tool for developing a European dimension in sport. The key areas that we highlighted in the position paper were volunteering, education and learning through sport, health and sport, and social inclusion in and through sport.

ENGSO Youth's contribution to the publication "Sport development and young people" (authors Prof. Barrie Houlihan, Mick Green), "The role of international organisations in sport development for young people"



ENGSO Youth was able to present youth work in the sport sector and how international organisations can have an impact on the development of young European social skills. The handbook was targeted at political and scientific communities and aimed at informing about the stakeholders of youth development and the "global players" in sport development for young people. Partners in this project were the Loughborough university, professor Barrie Houlihan, Institute of Sport and Leisure policy, school of sport and exercise sciences.

ENGSO Youth's Contribution to the YFJ CoE Human Rights Education Compilation



Following the recent progress within the Council of Europe (CoE) regarding Human Rights Education (HRE), such as the outcomes of the HRE Forum 2010 and the adoption of the Charter on HRE and Education for Democratic Citizenship, the European Youth Forum (YFJ) made a call to its members to see what is already being implemented with regards to HRE. ENGSO Youth contributed with an example of a session on inclusion which promoted a critical understanding to sport. The event was an opportunity to develop adaptability and creativity of sport activities in order to provide access for all thereby challenging discrimination and marginalisation. The examples from the YFJ members were compiled into a report for the CoE as support of HRE as one of the main tools in implementing human rights in the youth sector.

ENGSO Youth Healthy Children in Sound Communities Flyer

In order to promote the concept and strategy of the EU funded preparatory action in the field of sport "Healthy Children in Sound Communities" on a European level, ENGSO Youth published a flyer in late 2010 and a further reprint in early 2011

ENGSO Youth New "About Us" Brochure

A new ENGSO Youth "About Us" Brochure was launched in late 2010. It portrays the structure of the organisation, our mission, goals, values, principles and achievements to date.

f) National Developments in Youth Sport

Anna-Mari Hämäläinen

FINLAND



With young people in the lead, the Your Move campaign gained full momentum in 2009–2011. The goal of the campaign was to increase physical activity and to develop a new sporting culture among young people aged 13–19 years. The Your Move campaign encouraged the youth to take active responsibility in improving their personal and community sporting activities.

On local level, pupils of secondary schools organised their own sporting events with the help of trained peers, young people in their twenties called “movers”. During the spring of 2010, the campaign went on tour, visiting seven cities around Finland and encouraging young people to try out both old and new sports disciplines as well as more unconventional ways to do physical activity.

The peak of the campaign will be the Your Move 2011 Grand Event bringing together tens of thousands of young people to have fun while trying out various choices of sporting activities. The campaign was also firmly present on the internet and in social media. The campaign was implemented in cooperation with the Young Finland Association and the Finnish Sports Federation.



The Finnish Youth Committee for Sports (LUNK) started its third term since its establishment in 2006 with 11 members aged 20–29 and Kristiina Kangas as chair. One of the principal activities was to plan and to implement the international dimension of the Your Move campaign, in which LUNK was strongly involved ever since the beginning. The committee was represented in the board of Young Finland Association and in the different committees of the Finnish Sports Federation, and served as a consultant for local, regional and national youth sports activities.

More information:

- | Your Move Campaign: www.yourmove.fi/english
- | The Finnish Youth Committee for Sports (LUNK): www.lunk.fi/in-english
- | Young Finland Association: www.nuorisuomi.fi/in_english

GERMANY



German Sport Youth (dsj)

German Sport Youth is the Youth Organisation of German Olympic Sport Confederation (DOSB).

The dsj-applications in the Preparatory Action in the field of sport for project periods 2010/2011 and 2011/2012 received a positive funding decision. In both projects "Healthy Children in Sound Communities (HCSC)" and "European Anti-Doping Initiative (EADIn)" ENGSO Youth is member of the steering group and has a decisive role for preparation, application drafting and implementation. The EU-funded activities in the health project HCSC have been finalised by 31 of March 2011.

Election of the board of Deutsche Sportjugend 2010-2012 - Dsj hold its general assembly in October 2010. Mr Ingo Weiss has been reelected for the position of the chair, Mr Jan Holze is the new vice-chair for this election period.

Youth Olympic Day in Berlin July 2010 - in close cooperation with Singapore Youth Olympic Games Organising Committee dsj organised on behalf of German Olympic Sport Confederation (DOSB) the Youth Olympic Day in July 2010 in Berlin. The torch traversed the five cities, representing the five continents of the world: Europe, Africa, Americas, Oceania and Asia, in the given order. Berlin hosted the Youth Olympic flame in Europe.

New Federal Volunteer Services

A new German law decides a reorganisation of all volunteer services from July 2011 on and foresees the implementation of national coordinating agencies for the Federal Volunteer Services (Zentralstelle Bundesfreiwilligendienst). These new regulations in the sector were given after the suspension of the military and civil service. German Sport Youth will coordinate from summer 2011 on all volunteer services in the German sport sector.

Protecting children from sexual abuse in sport

Dsj is strongly involved in the discussion about standards for child protecting from sexual abuse in sport to minimise the risks of abuse in sport including preventive measures. The final aim of German umbrella sport organisation is to develop standards for the sport sector.

German-Japanese youth exchange - invitation of 100 Japanese children for recreational stay

Since the 1970ies dsj has a yearly youth exchange programm with Japan. German Sport Youth expressed the deepest sympathy and the mourning after the earthquake and tsunami and will invite 100 Japanese children for recreational stay in Germany.

ITALY



European Conference on Health of Young People

The European Conference on Health of Young People took place in Rome from the 16th to the 18th of June 2010. 60 young people from all over Europe gathered to talk about health issues. The Conference was specifically focusing on eating disorders, sexually transmitted infections and healthy lifestyles. FIAF was directly involved in the Conference taking care of the Healthy Lifestyle topic, with the objective of debating and exchanging best practice aimed at identifying means and tools, languages and methodologies, modes of communication and appropriate areas for action to plan common policies.

Healthy Children in Sound Communities

Italy was one of the country involved in the European project Healthy Children in Sound Communities. FIAF was the national partner taking care of the implementation of the project consisting of a weekly schedule combination of physical education lessons at schools, co-curricular physical activities and one additional hour of health and nutrition education for primary school children. Two roman schools were participating in the project with 100 children involved in the study. The project ended in march 2011 with a closing conference in Brussels where the results of the study were disseminated.

I don't play with my heart

In February 2011 the Italian National Youth Forum presented a campaign called I Don't Play With My Heart, in cooperation with FIAF and several other sport federation. Aim of the campaign is raise awareness on the risk of participating in high demanding sport activities without a proper medical preparticipation screening. The need of such campaign comes from the constantly increasing number of young people dying from cardiac causes while participating in sport activities. Sudden death in sport is a risk that has to be tackled in order to practice any kind of physical activity or sport safely.

AUSTRIA



In 2010, the BSO Youth published a folder about volunteering in sports. This folder was made due to the European Year of Volunteering in 2011. It focuses on how to get teenagers into volunteering in sports organizations. In 2011, it was priced by President Heinz Fisher with the European Volunteer Award. While the folder can be ordered at no charge, there is also a video available on the BSO homepage.

In June 2010, the TV channel “Nick” organized a sports day in a public swimming pool under the motto “outdoor instead of indoor”. Hence, “Nick” broadcasted nothing for six hours, trying to motivate kids to leave the apartment and do sports.

The aim for 2011 is to make this day even bigger and more successful. The BSO Youth is cooperating with “Nick” when it comes to PR. Unlike 2010, the BSO Youth wants this day to be federal and not only organized in Vienna. However, this decision has not been made yet.

As far as the YOG 2012 in Innsbruck are concerned, the BSO Youth has prevailed another BSO U26 Sports Manager education to support volunteers in key positions. Moreover, we’re happy that both BSO U26 Sports Manager educations (in Vienna and Innsbruck) are fully booked.

BSO Youth is highly committed to the topic of alcohol in youth. Hence, it published a 48 pages handbook dealing with “Youth, Sports and Alcohol”. The material addresses parents as well as volunteers at sports organizations. It shall give them the instrument to communicate with teenagers and also convey them an appropriate handling of alcohol.

Another handbook of the BSO Youth is concerned with sports nutrition and addresses young athletes. This handbook is the result of the work of the BSO Youth in cooperation with two nutritionists. Mostly, young athletes don’t have enough knowledge about nutrition. This work shall remove any lack of clarity.

The BSO elected its new committee during the 6th BSO Youth Sport Forum in September 2010. Corina Corner has been elected for the position of the chair, Martin Krakhofer and Fouad Lilabadi for the vice-chair.

SERBIA



Decision to establish a Serbian Youth Council within the Olympic Committee of Serbia has proved to be a prudent one. Young people from all over Serbia have recognized the objectives set by SYC as their own personal development goals, and joined in the project, bringing fresh ideas that boosted the overall quality of the programs led by SYC. The process of recruitment coincided with the biggest sport event on national level – Belgrade was the host of the 25th Summer Univerisade, so the common language was quickly found with the army of 10.000 volunteers. As an integral part of Univerisade, SYC have organized 1st International Volunteer Conference “Volunteers – Heroes of Today” with many high profile speakers from around the world who tackled important issues of volunteerism.

Engso Youth Forum held in France in 2010 provided participant from Serbia with invaluable information about active participation of young people in preventing social segregation in sports. Being eager to connect with as many people as possible, SYC have send several of its representatives to undergo a training in Generations for Peace project, led by HRH Prince Feisal Al Hussein of Jordan, whose organization deals with empowering peace through sports and promoting Olympic values and Olympic Education, hosting international summer camps. Serbia had its representatives for two consecutive years, with notable appearances in Jordan in 2009 and Russia in 2010. Inspired by GfP program, SYC with the support of the NOC Serbia have organized interactive peace-through-sport 6 week training program involving academic conflict transformation techniques and practical sports coaching with further empowering the principles of Olympic values and Olympic education for 20 of its members.

Since SYC operates under the Olympic Committee of Serbia, its members took part in various high profile activities that NOC Serbia organized: Celebrating 100 years of Olympism in Serbia, the Olympic Day, Athlete of the Year award, Ecolympics, 18th ENGSO General Assembly, 39th General Assembly of the European NOCs,... They’ve also contributed to the organization of the European Athletics Convention held in Belgrade. All of these events had major impact on national level, for volunteerism culture and promotion of the Olympic values among young people in Serbia. Bringing local communities together and facilitating cohabitation with adoption of non discriminatory behavior in sports, as one of primary goals for SYC was implemented through ARCTOS workshops throughout Serbia, where SYC members facilitated the event which was a huge success and will continue to be implemented in the following year.

With new power from our member we continue to strive to new goals in constant fight to eradicate any form of discrimination in sports with the help of our young leaders – carriers of positive changes in our society.

FRANCE



The National Youth Committee in the French NOC (Commission National Jeunes Dirigeants - CNJD)

Introduction: In 2000, debate regarding the importance of youth in sport was articulated. The CNOSF decided to engage in supporting youth involvement and development in the sport through the creation of the Young Leaders Commission of the French NOC in 2005. The commission is composed by 12 members (8 under 35, 4 above 35 years of age). The main goal of the commission is to raise awareness about youth, by youth and for youth, to educate them in decision-making within sport organisations through experience and trainings and ultimately to ensure a positive transition between one generation to the next in the sport working field.

Structural changes: This Commission was initially established with an action plan until 2008, the time of one Olympiad. The General Assembly 2009 appointed the new leadership of the French NOC by President Mr. Denis Masseglia, where the importance of the Youth Leaders Commission was displayed through the renewal of the mandate as well as maintained support of the CNJD (Youth Leaders National Commission) for an additional Olympiad period.

For this renewed mandate, Isabelle Gerard was appointed president of the French Youth Leaders Commission and acts as a bridge between the Administrative Council and youth commission. The commission additionally said its goodbyes to Dominique Petit, a strong advocate for youth and welcomed Myriam Antoine with maintained support from the culture and society department of the French NOC (within which the Youth Leader Commission finds itself). Lastly but not least, Olivier Lenglet was appointed as person in charge of International Relations.

In the year 2009-2011 the French Young Leaders Commission:

- | Conceptualised, Organised and Ran: Level 1, Level 2 and Training for Trainer's youth leader sessions (the latter was organised and delivered by the youth commission on a national level with the hope to provide skills and encourage the participants to actively contribute and develop their own trainings on a regional and local levels in the future).
- | Organised and delivered the two day educative training session for the French YOG athletes; here members of the youth commission and other youth leaders joined forces to encourage the athletes to learn about and embrace the values of friendship, excellence and respect in an environment lead by youth for other youth.
- | Contributed to the European Year of Volunteering, one of the actions was a contributed to the European Caravan in Paris during the one day thematic on sports and volunteering.
- | Developed a volunteering-kit to explain and raise awareness on volunteering in sport. The tool highlights the different opportunities to volunteer within sport and encourages youth to engage at different levels of the movement.
- | ARCTOS was published in French by UFOLEP

Young Leaders Commission Meetings 2009-2011:

- | The CNOSF held both the ENGSO Youth Forum and GA in 2009
- | 1 Youth Commission meeting in 2011 (to date)
- | 5 Youth Commission meetings in 2010
- | 4 Youth Commission meetings in 2009

CROATIA



Croatian University Sports Association (CUSA) is the organization which is involved in different projects related with students' sports. It is not yet a member of Croatian Olympic Committee but it has its support. From 2009 to 2011 it was involved in the organization of several projects which aim to motivate students to be more active. The most important are Universities championships and the 1st Croatian conference on university sports with international participation.

Projects at national level:

- | Students sports day – from 2009 it was held every June in four Croatian cities (Osijek, Rijeka, Split and Zagreb). The idea of the project is to show some “new” sports and organizing competitions in familiar sports (street ball, street soccer...).
- | Croatian Universities Championship - was held in four team sports (football, handball, volleyball and basketball), and in four individual sports (chess, tennis, table tennis and beach volleyball). Croatian Universities Championship is organized in the end of every academic year (after the qualifications for the Championship which are held in March and April)

Projects at international level:

- | 1st European Universities championship in bridge, Opatija – October 2009, 22 university teams and 108 participants from 11 European countries competed for the titles of the European Universities Champions.
- | 1st Croatian conference on university sports with international participation – May 2010. The speakers were: president of EUSA – Alberto Gualtieri, member of the executive committee of FISU – Siniša Jasnić, president of Rijeka University sports Association - Haris Pavletić, president of Croatian University sports Association -Zrinko Ćustonja, and rector of University of Rijeka - Pero Lučin. The aim of the conference was to discuss the future of university sports in Croatia and to adopt the declaration.
- | 7th European Universities Championship in futsal, Zagreb – July 2010; In the mens competition, 16 university teams competed, and in the womens competition 9 university teams competed for the titles of the European Universities Champions.
- | International Rowing regatta Sv. Duje, Split – was held in May. The number of participants from Croatian and foreign universities is increasing every year.
- | 6th European Universities Championship in handball, Rijeka - July 2011; In October 2009 EUSA awarded the Croatian University Sports Association, honoring the experience that was gained through organizing the European Universities Championship in volleyball 2007, with the organization of the 6th European Universities Championship in handball.

More information can be found on www.unisport.uniri.hr

ENGSO Youth Committee 2009-2011



The 2009-2011 ENGSO Youth committee was (in order of appearance):

Agnes Kainz (Martin Friedrich co-opted in 2010) (Austria), Paolo Emilio Adami (Italy), Louise Gruchy (United Kingdom), Vice-chair: Anna-Mari Hämäläinen (Finland), Karine Teow (France), Natasa Jankovic (Serbia), Ivana Anicic (Croatia), Chair: Jan Holze, Kliton Muca (Albania)



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