



Youth Organisation of the
European Non-Governmental Sports Organisation

ENGSO Youth Report 2011-2013





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Jan Holze
Chairman of
ENGSO Youth

Foreword

Over the past two years ENGSO Youth has again implemented several youth-sport initiatives and projects. I want to highlight the projects that ENGSO Youth, together with its partners, accomplished in the framework of the EU Preparatory Actions in the field of Sport, such as the project "Safer, better, stronger! Prevention of Sexual Harassment and Abuse in Sport" and the "European Anti-Doping Initiative". Therefore I thank the European Commission for supporting these important initiatives to tackle major problems in sports.

The collaboration with the Council of Europe has been excellent over the past years. Several youth initiatives undertaken by ENGSO Youth have been supported by the Council of Europe and could not have been possible without their support. These successes could not have been possible without the contribution and support the ENGSO Youth committee receives from the ENGSO Executive Committee and the member organisations that are engaged in ENGSO Youth. ENGSO Youth especially appreciates the financial support of the German Sports Youth which provides the secretariat of ENGSO Youth in Berlin.

For the future, ENGSO Youth wants to further strengthen its structures to involve young people in decision making in sport and implement projects for children and youth in Europe! We are looking forward to continued good cooperation and communication with all of you. Thank you very much for the support and contribution you have given to ENGSO Youth over the past two years!

A handwritten signature in dark ink, appearing to read "Jan Holze".

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Part 1

Events 2011-2013





Natasa Jankovic

BUDAPEST, BRUSSELS, WARSAW • HUNGARY, BELGIUM, POLAND
/ JANUARY - DECEMBER 2011

EYV2011

Alliance conferences and working groups meetings

The main theme was promotion of volunteering throughout the European Year of Volunteering 2011 and the development of the Policy Agenda on Volunteering in Europe (P.A.V.E). Through ENGSO Youth representatives in different WG, the voice of the only organisation who is dealing with the biggest volunteer sector, sport volunteering, have been heard. I was representing ENGSO Youths views and interests in the WG Value of volunteering as well as taking part in the creation of the Policy Agenda on Volunteering in Europe, particularly the part: Value on Volunteering. Besides the meetings within the WG, there were two conferences, a kick-off meeting in Budapest and a final conference in Warsaw where ENGSO Youth was presented. These conferences were great in order to learn more about the current situation in Europe regarding volunteering, as well as to hear some good practices and meet different organisations. Some good contacts have been made. Besides the events, the website platform was established as well as the Online Yearbook 2011 where all the activities related to volunteering were presented. ENGSO Youth gave valuable contributions to the Yearbook, being one of the most active members during its creation. Since 2012 the Yearbook is open to public on the EYV2011 website (<http://www.eyv2011.eu/yearbook-2011>).



Natasa Jankovic

OLYMPIA • GREECE / 11th - 18th MAY 2011

11th Joint International Session for Presidents or Directors of National Olympic Academies and Officials of National Olympic Committees

This biannual session aims to bring together Senior Administrators from Organisations engaged in creating Olympic Education programmes and involved in educational and social activities aiming to promote the Olympic Movement. The special subject of this session focussed on “the Youth and the future of Olympism in a Global



World”. It provided a Forum for the exchange of ideas and educational programmes and the presentation of the activities of the National Olympic Academies and National Olympic Committees from different countries. The Session consists of different lectures related to the special topic and working groups in which various topic are discussed and conclusions are made. I was there in order to present the work of National Olympic Academy of Serbia and National Olympic Committee of Serbia regarding Olympic education activities and promotion of Olympic values.



ENGSO Youth Committee

TALLINN • ESTONIA / 19th-21st MAY 2011

ENGSO Youth Forum 2011 - 2013

33 young leaders in sport from 12 European countries (such as the ENGSO Youth Committee, youth representatives of Member Organisations and people interested in youth, sport, and voluntary work in the Baltic Region) came together for the ENGSO Youth Forum 2011 in Tallinn. The conference served as a networking platform amongst the young leaders from across Europe and enabled participants to receive information to support them in their work as volunteers and young sports leaders. The assembly was an encouraging display of youth engagement and desire to contribute and influence the world of sport. The young participants heard speeches from ENGSO President Birgitta Kervinen, secretary general of Estonian NOC Toomas Tõnis and Michal Krejza from European Commission and the ENGSO Youth Committee 2011-2013 was elected.



Natasa Jankovic

KAZAN • RUSSIA / 30th - 31st MAY 2011

Enlarged Partial Agreement on Sport (EPAS), Seminar on Volunteer Programmes for Major Sports Events



This biannual session aims to bring together Senior Administrators from Organisations engaged in creating Olympic Education programmes and involved in educational and social activities aiming to promote the Olympic Movement. The special subject of this session focussed on “the Youth and the future of Olympism in a Global World”. It provided a Forum for the exchange of ideas and educational programmes and the presentation of the activities of the National Olympic Academies and National Olympic Committees from different countries. The Session consists of different lectures related to the special topic and working groups in which various topics are discussed and conclusions are made. I was there in order to present the work of National Olympic Academy of Serbia and National Olympic Committee of Serbia regarding Olympic education activities and promotion of Olympic values.

**Agnes Kainz**

ENGSO YOUTH DELEGATES:

VIENNA • AUSTRIA / 14th-19th JUNE 2011**Sanja Djakovic / Nevena Vukasinovic****Seminar****"Mobilising Youth through Sports and Technology"**

24 young Europeans from 15 countries participated in the seminar "Mobilizing Youth through Sports and Technology" which was co-funded by the Council of Europe's Youth Foundation and co-organised by Sportunion Österreich and ISCA. The seminar aimed at addressing the experienced need among youth organizations in the sport sector for transnational exchange of experiences on the link between youth engagement and use of media, to reach and mobilise more young people and offer equal access to educational opportunities and exchange of information through electronic media. The outcomes were made available through homepages, newsletters, mailshots, virtual networks (such as Facebook groups) of all participating member organizations, especially promoted actively through the youth network of Sportunion Österreich, ENGSO Youth and ISCA.

**Jan Holze › Agnes Kainz › Rebekka Kemmler-Müller ›****Paolo Emilio Adami › Natasa Jankovic › Orsolya Tolnay**KIRCHDORF • GERMANY / 21st - 26th JUNE 2011**European Anti-Doping Initiative (EADI)
Junior Ambassador Camp**

This biannual session aims to bring together Senior Administrators from Organisations engaged in creating Olympic Education programmes and involved in educational and social activities aiming to promote the Olympic Movement. The special subject of this session focussed on "the Youth and the future of Olympism in a Global World". It provided a Forum for the exchange of ideas and educational programmes and the presentation of the activities of the National Olympic Academies and National Olympic Committees from different countries. The Session consists of different lectures related to the special topic and working groups in which various topics are discussed and conclusions are made. I was there in order to present the work of National Olympic Academy of Serbia and National Olympic Committee of Serbia regarding Olympic education activities and promotion of Olympic values.





Natasa Jankovic > Orsolya Tolnay

BRUSSELS • BELGIUM / 7th-11th SEPTEMBER 2011

European Youth Forum “II Youth Convention on Volunteering 2011”

ENGSO Youth contributed to the Convention with a stand and several activities, such as the workshop “Motivational tools for volunteers – Best practices in sport volunteering - Universiade Belgrade 2009 and Universiade Kazan 2013” an interactive sport game and “Funny Universiade”, which was organized for all our visitors. Aims of the activities were: to improve the practical organisation of sport voluntary programs; to improve volunteering within organisation through good structured motivational programs; to promote sport and healthy lifestyles and promote sport volunteering as a developing part of youth activity in modern society. ENGSO Youth distributed materials to all the visitors of its stand and networked with further members of the European Youth Forum. On the final closing of the event ENGSO Youth coordinator, Natasa Jankovic, was asked to give a speech in front of the workshop organisers which was a great opportunity to briefly present ENGSO Youth as well as to reflect on the whole event.



Natasa Jankovic

KAZAN • RUSSIA / 20th-24th SEPTEMBER 2011

International Youth Volunteer Camp: “Volunteer Academy”

The Executive Committee Kazan 2013 organized the camp for 500 volunteers in cooperation with the Ministry of Sports, Tourism and the Youth Policy of the Russian Federation and the Ministry of Youth, Sport and Tourism of the Tatarstan. The International youth volunteers camp “Volunteer Academy” took place in the Universiade Village in Kazan and was held in the Russian language.

The purpose of the camp was to get in together young people who are actively involved in volunteering and have experience in the field of international communication. The camp was a good chance to give volunteers the opportunity to work with the representatives of the Executive Committee of XXVII World Summer Kazan Universiade 2013 and the Ministry of Youth, Sports and Tourism of Tatarstan, the members of the State Duma of Russian Federation and famous athletes. The camp educational program helped young people to get necessary knowledge and skills of how to involve, train and select volunteers for Universiade 2013 and will help to learn Russian and Tatar culture and traditions. I was invited as a speaker to give lectures on the topics: “How cultural and sport events influence on the development of volunteering” and “Communication and Motivation as important elements of the Volunteer Management process - Best practice 25th Universiade Belgrade 2009”.



Karine Teow

ENGSO YOUTH DELEGATES:

Sanja Djakovic

BUDAPEST • HUNGARY / 9th-16th OCTOBER 2011

Study Session "Towards all inclusive sports for all, opening doors to all abilities through sport"

ENGSO Youth organised a study session on social inclusion in cooperation with Council of Europe's Department of Youth and Sport. The aim of the study session was to explore access to sport for youth with different disabilities and find creative methods for inclusion in and through sport. The week long session gathered 33 youth leaders in the field of inclusion of people with and without disabilities, in and through sports. The study session did more than offer a space and setting for the exchange of these engaged individuals, it enabled the participants to build on their experience and create a shared vision for an integrative and inclusive world of sport for all. Participants were able to put this vision into practice by developing "6 new inclusive physical activities". The outcomes of the study session were later integrated into ENGSO Youth's publication "YOUTH can open doors to all abilities through sport".



Paolo Emilio Adami

AMSTERDAM • NETHERLANDS / 11th-13th OCTOBER 2011

3rd HEPA Conference "Bridging the gap between Science and Practice"

ENGSO Youth attended the meeting of the Working Group on children and adolescents in the HEPA (Health Enhancing Physical Activity) Network, which focuses on the promotion of health through physical activity and making equal opportunities of healthy lifestyle available to all people, regardless of their social status. Participants came from the academic world, governments and NGO organizations who are active in the field. This allowed great exchange of practice and ENGSO Youth was also able to spread information about its activities and enlarge our network of contacts.



Jan Holze

BRUSSELS • BELGIUM / 13th-16th OCTOBER 2011

ENGSO Forum

The ENGSO Forum is an annual event where the ENGSO Youth committee has the chance to represent the voice of youth in the organisation and lobby for youth activities and participatory approaches to steering.



Natasa Jankovic

DOHA • QATAR / 10th-13th DECEMBER 2011

**“Youth Preparatory Event
and 4th Annual Forum of the UNAOC”
(UN Alliance of Civilization)**

ENGSO Youth was presented as one of the 15 member organizations of the European Youth Forum who attended the event. Since one of the ENGSO Youth activities for 2011-2013 is to establish cooperation with UN Agencies involved in youth, sport and health issues, this Forum was a starting point for promoting ENGSO Youth as a professional, reliable and competent partner regarding the questions of youth



sport, youth health and social inclusion through sport. During the Breakout Session “Sports role in promoting intercultural dialogue and understanding” ENGSO Youth activities were presented as a good example.



**Jan Holze › Agnes Kainz › Rebekka Kemmler-Müller ›
Paolo Emilio Adami › Natasa Jankovic**

INNSBRUCK • AUSTRIA / 13th-17th JANUARY 2012

**Final Conference “EADInn Bridge”
of the European Anti-Doping Initiative**

The “EADInn Bridge” conference was the final stage of the EU-funded project, the European Anti-Doping Initiative, and a first stepping stone for the continuation of the efforts of nine European partner organizations in preventive anti-doping work in the youth sport sector. 80 participants (40 European Anti-Doping Junior Ambassadors and 40 European experts and guests) attended the conference which was held parallel to the Winter Youth Olympic Games in Innsbruck. The participants heard speeches and held discussions with high level guests such as Ms Snežana Samardžić Marković (at the time Minister of Youth and Sports of the Republic of Serbia, WADA Foundation Board Member), Mr Vlade Divac (President of the NOC Serbia, Association of National Olympic Committees (ANOC) Executive Council Member), Prof. Dr. Dr. Axel Horn (University of Education, Schwäbisch Gmünd), Prof. Dr. Barrie Houlihan (Sport Policy, School of Sport, Exercise and Health Sciences, Loughborough University).





Paolo Emilio Adami

ENGSO YOUTH DELEGATES:

Miikka Neuvonen

BAD HONNEF • GERMANY / 23rd - 28th JANUARY 2012

Training Course “Doing Health”

ENGSO Youth partnered with German NGO transfer e.V. for this trainings course which focused on training and exchanging methods of non-formal education with a focus on health promotion and prevention. A positive approach of tackling health in work with young people, looking at the resources they need for their healthy development were promoted. Methods around the topics: stress management and well-being; food and eating culture; social skills; body awareness and sexuality were discussed. Through ENGSO Youths representation, experience and expert opinions on national and European perspectives were contributed.



ENGSO YOUTH DELEGATES:

Sanja Djakovic

WAGENINGEN • THE NETHERLANDS / 8th-11th FEBRUARY 2012

Young Volunteers in Sport

The seminar in Wageningen brought together eighteen experts from eight European countries to exchange experience in working with volunteers, as well as the method and difficulty recruiting new young volunteers in sport. Through various examples of participants, it has been a few issues on which all of the participants agreed that they would like to discuss more. The topics were: How to keep young volunteers, How to promote volunteerism and thus recruit more volunteers, Inclusion of persons with disabilities, etc.



**Jan Holze › Merete Spangsberg-Nielsen › Kristiina Kangas ›
Paolo Emilio Adami › Natasa Jankovic**

COPENHAGEN • DENMARK / 19th-20th MARCH 2012

Sport Conference of the Danish EU-Presidency “Sportvision 2012”

Five ENGSO Youth Board members were able to attend the Sportvision 2012 conference in Denmark which addressed the present challenges in Sport for All, fitness doping, volunteering in sport and financing and health. ENGSO Youth representatives were able to network with diverse people from the European sporting world such as political decision makers, club coaches, medical doctors, local activists and inform themselves on current developments.



Paolo Emilio Adami

VELEN • GERMANY / 9TH - 11TH MAY 2012

Global Forum of Physical Education and Pedagogy

The Global Forum focussed on physical education, physical activity, health and pedagogy. The forum enabled important networking opportunities and the possibility to keep abreast of recent developments in the scientific community regarding physical education pedagogy.



ENGSO Youth Committee

NESEBAR • BULGARIA / 24TH - 27TH MAY 2012

ENGSO Youth Forum 2012 "Mind the Movement"

The topic of the Forum was focused on the connection between physical activity and mental development in children and the effects of sport and cognitive learning. Through interactive seminars the participants were inspired to promote physical activity in learning situations. In non-formal settings best practice to emphasize the contribution of sport to the cognitive development of children and youth was exchanged. National youth sport developments were discussed amongst the participants and the ENGSO Youth's statutory meeting took place. The Anti-Doping Junior Ambassadors presented their plans and current work to the participants and discussions were held about future collaboration in the field of youth education in the sport field.





Natasa Jankovic

OLYMPIA • GREECE / 24TH - 31ST MAY 2012

12th Joint International Session for Presidents or Directors of National Olympic Academies and Officials of National Olympic Committees

This biannual Session aims to bring together Senior Administrators from Organisations engaged in creating Olympic Education programmes and involved in educational and social activities aiming to promote the Olympic Movement. The Session provides a Forum for the exchange of ideas and educational programmes and the presentation of the activities of the National Olympic Academies and National Olympic Committees from different countries. The Session consists of different lectures related to the special topic and working groups in which various topic are discussed and conclusions have been made. I was there in order to present the work of National Olympic Academy of Serbia and National Olympic Committee of Serbia regarding Olympic education activities and promotion of Olympic values.



Paolo Emilio Adami

TBILISI • GEORGIA / 11TH-12TH JUNE 2012

Symposium on Well-being of Young People in Eastern Europe and Caucasus

Symposium organized by the EU-CoE youth partnership. This symposium follows the workshops on youth policy development in Eastern Europe and the Caucasus (Budapest, Hungary 2008; Konstancin-Jeziorna, Poland 2009) and the symposium on Youth Policy Cooperation in the EECA region in Odessa in July 2011, which served as a platform for re-launching the discussion on the state of youth policies in the region. ENGSO Youth has been invited as expert in the field of healthy lifestyle and physical activity promotion to share best practices and good example of project that can be implemented in EECA region. About 100 participants took part.

ENGSO YOUTH DELEGATES:

Miikka Neuvonen

LOHJA AND HELSINKI • FINLAND/ 24TH-29TH JUNE 2012

Sari Asikainen

Young Leader's Forum organized by European Athletics and UNESCO

The European Athletics and UNESCO organize the Young Leaders Forum every two years when the European Championships in athletics are held. This was the third consecutive time and the next Forum is scheduled in 2014 in Zürich. The objective is and was to create a network of young experts in the field of athletics. The themes were youth participation, volunteering and active citizenship. The sessions used methods of non-formal learning. Out of the 48 member countries within the European Athletic, 46 were represented. ENGSO Youth had a stand and gave a short introduction to the organisation. Several participants, applied and attended the EYSF 2012 in Cyprus as a result.



Kristiina Kangas

BRUSSELS • BELGIUM / 25TH-27TH JUNE 2012

Eurochild General Assembly and related meetings



Eurochild's objectives are for example, to ensure a voice for children, young people and the organisations that work with them – in the discussion groups ENGSO Youth representative defended the youth's role, since the majority were child organisation and there was a will to focus only on children. Event

served also as a platform for networking. At the GA mostly the statutory matters are decided or gone through quite quickly; the actual discussion is done in working groups and discussion groups. It is recommendable as a representative to take part both in the GA and the related meetings.



Karine Teow

BUDAPEST • HUNGARY / 24TH JUNE - 1ST JULY 2012

Study Session "Youth Sport speaks out on TabooPhobia - Developing a youth led campaign to challenge homophobia in and through sport"

ENGSO Youth organised their 3rd Study session in collaboration with the Council of Europe's European Youth Centres. The aim was twofold, firstly, to explore sport as both a player in perpetuated homophobia and an opportunity to play together and encourage youth to step away from this current dichotomy and as a second step, to use this common reflection and put it into a constructive action designed to break-down homophobia in sport. The study session was held parallel to the European Gay and Lesbian Sports Championships 2012 (www.eurogames.info) and required concerted action with the European Partial Agreement in Sports (EPAS) and the European Gay and Lesbian Sports Association (EGLSF). The output of the study session were a video clip produced by the young participants (see www.youth-sport.net) and social media activity (www.facebook.com/equalityinsports, twitter.com/equalityinsport and equalityinsports.blogspot.com).



Jan Holze › Rebekka Kemmler-Müller › Agnes Kainz

NICOSIA • CYPRUS / 19TH - 20TH SEPTEMBER 2012

ENGSO Youth at the EU Sport Forum



ENGSO Youth had the chance to advocate for the prevention work with children and young people in the sport sector, namely the prevention of sexual violence and abuse and the anti-doping education in sport. During EU Sport Forum in Nicosia/Cyprus, ENGSO Youth chair, secretary general and policy officer presented to EU commissioner Vassiliou and the other representatives the Preparatory Action projects “European Anti-Doping Initiative (EADIn)” and “Prevention of sexualised violence in sports” which ENGSO Youth was/is partnering. The EU Sport Forums aim is to provide a dialogue structure on sport at EU level and brought together 300 participants from European Institutions and the Sport Movement.



Paolo Emilio Adami

LONDON • UK / 12TH - 13TH OCTOBER 2012

Cardiac Risk in the Young International Conference 2012



The aim of the CRY conferences is to draw together experts in the fields of sports cardiology, inherited cardiac diseases and sudden cardiac death in the young, who will present contemporary topics and developments in their respective fields. The purpose of the conferences is to create an opportunity for all those involved in the care of athletes and young individuals in general to gain up to date knowledge relating to the effects of athletic training and the diagnosis and management of individuals with inherited cardiac diseases, in the hope of preventing tragic young sudden deaths in the future.



Liis Kaibald

ENGSO YOUTH DELEGATES:

Maria Acs / Nevena Vukasinovic

BERLIN • GERMANY / 12TH -14TH OCTOBER 2012

European Youth and Sport Forum Preparatory Meeting

The preparatory meeting of the European Youth and Sport Forum gathered 10 facilitators and 5 co-ordinators and organizers to establish the working structure of the planned Forum in Cyprus at the end of November 2012. Topics, methodology, roles and obligations were discussed and agreed upon. ENGSO Youth as a co-organizer contributed with their valuable facilitators, ENGSO Youth delegates Nevena Vukasinovic and Maria Acs. Liis Kaibald was the official representative of ENGSO Youth at the meeting. Their experience and expertise were more than welcome and helped prepare the foundations of the event.



ENGSO Youth Committee

COPENHAGEN • DENMARK/ 18TH - 20TH OCTOBER 2012

ENGSO Forum "Building Partnerships for Effective Change"

The ENGSO Forum gathered representatives from the ENGSO Member Organisations to discuss, network and exchange best practice about achieving effective partnerships. ENGSO Youth contributed to the debate, represented the youth perspective and policy officer Agnes Kainz gave a presentation about the last 3 major transnational partnerships of ENGSO Youth which were the projects financed by the EU's preparatory actions in the field of sport 2009-2012. The first part of the Forum was dedicated to social inclusion of migrants and ethnic minorities in sport. In the framework of this, Emine Bozkurt, Member of the European Parliament gave an inspirational speech as an introduction to the topic, which was followed by an unconventionally interactive presentation of Gitta Axmann, Expert of Social Inclusion in and through Sport. The second part of the day focused on good practice examples on innovative partnerships, which have been selected to demonstrate the economical, social and educational potential of sport as a means of innovation to help Member Organisations and other interested stakeholders improve their recent co-operation and the scale of the services they could offer citizens.



Natasa Jankovic

BELGRADE • SERBIA / 31ST OCTOBER - 3RD NOVEMBER 2012

Regional Sports Medicine Course “Best practices in the health evaluation of elite athletes – post Olympic analysis”

NOC Serbia Medical Commission together with the Foundation of Sports and Olympism and IOC Medical and Scientific Department, organized the Regional Sports Medicine Course, whose objective was to learn from past experience, tending to eliminate detected weaknesses with a number of measures so that health care of athletes for the forthcoming Nan Jing Olympic Youth Games 2014 and Rio Olympic Games 2016 could be significantly improved.

The cognitive capacity of the Course was symbolically put in shape of five Olympic rings, by the following fields (rings):

1. IOC Code – roles and duties of the NOC – from London experiences to new strategy.
2. “Olympic Clinics I” unstable medical issues related to athlete performance – climate, time zones, acro phases, etc. (from London experience to Rio challenges and expectations). Cognitive areas of these clinics are: pulmonology, allergies, immunology, dermatology, urology etc.
3. “Olympic Clinics II” stable medical issues related to athlete performance – conditions and medical screening. Cognitive areas of these clinics are: metabolic, neurology, orthopaedic, sports diagnostics etc.
4. Sudden cardiovascular death in sport and periodical health exam.
5. Training of the Olympic medical staff, trainers and administrative personnel, all related to athletes performance.

In total 118 participants took part in this Course among which were medical doctors, psychologist, dentists, physiotherapists, coaches –exercise scientists, NOC officials from Italy, Croatia and Slovenia. The Course has fully accomplished its aims in the sense of its content, duration and balance between the practical and theoretical sessions.



Technical Commissions Seminar of the International School Sport Federation

The International School Sport Federation is in charge of promoting and developing school sport internationally, giving school teams the chance to compete at international level during the ISF Championships which are held all over the world every 2 years. A main feature at the events is their strong cultural and educational ethos and as such the ISF contacted ENGSO Youth to find out more about the EU-Project "European Anti-Doping Initiative" (funded by the preparatory actions in the field of sport 2011). European Anti-Doping Ambassador and ENGSO Youth Delegate Moritz Belmann held a presentation at the ISF's technical Commission Seminar titled "Ethics in Youth sport" and presented the possibility for pedagogical prevention strategies to fight substance abuse in sports.

Liis Kaibald › Francesca Kelly › Paolo Emilio Adami ›

Jan Holze

LARNAKA • CYPRUS / 24th NOVEMBER - 1st DECEMBER 2012

ENGSO YOUTH DELEGATES:

Maria Acs › Nevena Vukasinovic

European Youth and Sport Forum (EYSF)



The 2012 European Youth and Sport Forum (EYSF2012) was organised by ISCA, ENGSO Youth and Cyprus Sports Organisation (KOA) in Larnaca, Cyprus, and acted as the perfect platform to bring together 83 young people from 28 European countries to discuss and debate issues across health, participation and volunteering in Sports. Made up of enthusiastic and dynamic young sport leaders from grassroots sport organisations across Europe the participants had a wealth of experiences to share and build on, plus a rapport which made the EYSF2012 both educational and inspirational for all who attended. As a partner of the EYSF2012, ENGSO Youth was proud to work with such dedicated and inspirational young leaders for six days to voice their opinions and generate a common understanding which was reflected in the Declaration produced to leave a legacy and highlight the issues young sports leaders deem necessary to see implemented. The Forum was organised during the Cyprus Presidency of the European Union, and provided the opportunity for the EYSF2012 participants to deliver the Declaration to EU Sport Directors who were at a parallel meeting to the Forum. Across the EYSF2012 ENGSO Youth had representatives at organiser, participant and expert level: Estonian Committee member Liis Kaibald was the official ENG-



SO Youth representative at this event, ENGSO Youth Delegates Maria Acs and Nevena Vukasinovic were main facilitators at the 2012EYSF, UK ENGSO Youth Member Francesca Kelly participated, Italian ENGSO Youth Committee Member Paolo Emilio Adami held an expert speech on physical activity and healthy lifestyles and ENGSO Youth Chairman Jan Holze was the representative at the final panel discussion. Not only the co-

operation between the coordinating and supporting organisations, but also the interaction between the EU Sport Directors listening to the voices of the young sport leaders was extremely promising to see.



Natasa Jankovic › Karine Teow

AMSTERDAM • NETHERLANDS / 25th - 27th NOVEMBER 2012

8th World Conference on "Sport, Culture and Education"

The 8th World Conference on Sport, Culture and Education was organized from 25 to 27 November in Amsterdam by the International Olympic Committee (IOC) in partnership with the United Nations Educational, Scientific and Cultural Organisation (UNESCO) and in collaboration with the National Olympic Committee of the Netherlands (NOC*NSF) and the city of Amsterdam. More than 500 participants from 110 countries issuing a call to action in a unanimously approved final Declaration.

The Amsterdam Declaration was tabled by International Olympic Committee (IOC) Commission for Culture and Olympic Education Chairman



Lambis V. Nikolaou at the closing ceremony. It contains a set of recommendations that refer to a range of topics including the important role of the athletes' entourage, 2013 fifth UNESCO World Sport Ministers Conference (MINEPS V), social media and educational programmes for athletes.

Among the action points contained in the Declaration, the participants called for making it an obligation for authorities to include values-based education and physical education in school curricula; for using of all types of media to send messages on sport, the Olympic values, education and healthy lifestyles as enshrined in the IOC's Youth Strategy; for supporting the introduction and enhancement of educational programmes for athletes which equip them with employability skills necessary for their post-high performance careers; and for working with public authorities to protect sportspersons.

In line with the Conference motto "Olympism powered by Youth", the debate featured numerous young speakers and Olympians. During a dedicated youth session, participants of the Youth Olympic Games and other young leaders presented action and ideas in regard to the empowerment of young people in various fields. The focus of the Conference was on the policies, practice and potential of sport and Olympism as they relate to culture and education.

With that in mind, representatives from the sporting community, the United Nations system, civil society organisations, special interest groups, academia, governments, Non-Governmental organisations, the corporate sector and the media were invited to attend and share their experiences in interactive plenary and dialogue sessions designed to encourage fruitful discussions.

ENGSO YOUTH DELEGATES:

Sara Massini

FRANKFURT • GERMANY / 7TH - 9TH DECEMBER 2012

Cooperation ENGSO Youth with Special Olympics Europe Eurasia (SOEE) at the "SOEE Youth Working Session"

ENGSO Youth Delegate Sara Massini facilitated a part of the programme as an external expert during the Special Olympics Europe Eurasia Youth Meeting which gathered 30 young people engaged as youth leader teams in their National Special Olympics Programs. The teams were made up of three people: the athlete and partner (young people between 12-20 years old, one with and the other without intellectual disability) and a chaperone (minimum age of 21) who was in charge of taking care of the young members and for translation purposes. Seven delegations from Italy, Serbia, Romania, Estonia, Russia and Austria took part at the meeting. Sara's session was based around the practical steps of how to engage and expand young peoples experience in youth sport leadership and, as the final evaluation showed in the end, was highly appreciated because she managed to apply the challenges from day-to-day life to the Special Olympics reality. The participants were able to go to their national settings with concise and concrete information on what to do in their home environments.



Francesca Kelly

LONDON • UNITED KINGDOM / 14TH JANUARY 2013

European Youth and Sport Forum (EYSF) Future's Network

Following on from the success of the EYSF in Cyprus the UK members have formed a network to continue the good work and produce a dedicated plan for the UK to highlight the importance of physical activity and sport in the development of young people. The overall objective is main objective is to lead the promotion of the EYSF 2012 Declaration and the collection of good practice in sports participation, sports volunteering and health, within the United Kingdom. Consisting of two meetings with the Department for Culture, Media and Sport, and Sport and Recreation Alliance, the group highlighted the impact of the EYSF and the plans for the United Kingdom representative to implement aspects of the declaration was produced. ENGSO Youth supported in the organisation of the meetings, directing the groups thinking and planning their actions moving forward to ensure they are successful with their objectives. Bringing the delegates together has increased the promotion of ENGSO Youth in the United Kingdom and provided a platform for young leaders to be proactive and encourage change.



ENGSO YOUTH DELEGATES:

Ilona Berry
Grzegorz Wieclaw

LEUVEN • BELGIUM / 21st MARCH 2013

International Meeting of experts "Active Lifestyles – Physical Literacy as a Way to Promote Physical Activity in Inactive Groups"

The project leaders of the European project "Active Lifestyles", funded by The Coca-Cola Foundation, invited ENGSO Youth to take part at their the international experts meeting which presented the results of the European study on inactive population of young people. Researchers from Belgium, Italy, Greece, England, Germany and Sweden presented the results and the challenge on how to create more successful interventions in order to reach the "at risk" group of the inactive population (primarily females and children with immigrant backgrounds). ENGSO Youth Delegates Dr. Ilona Berry and Grzegorz Wieclaw held a presentation about ENGSO Youths work and engaged in discussions on how to include and promote physical activity within the "at risk" group.

**4th China-Europe Symposium
on Youth Work Development**

The symposium was organized by DG Education & Culture, the European Youth Forum and the All-China Youth Federation (ACYF), and was hosted by Lei Peng, Deputy Chief of China Youth Centre for International Exchange. This was a 4th part of the joint effort from Chinese as

well as from the European side to foster the dialogue among youth of these two regions. Social media and we media in general are representing an efficient tool nowadays, especially for exchange and networking. 2 ENGSO Youth Delegates were amongst the 34 young representatives from youth organisations that were selected for this unique opportunity to discuss ways of strengthening the dialogue and cooperation between Chinese youth and the European youth in order to foster social development and promote youth participation.

Jan Holze

HEIDELBERG • GERMANY / 18TH-21ST APRIL 2013

**European Anti-Doping Ambassadors Meeting**

Prof. Treutlein and the Zentrum für Dopingprävention invited 20 European Anti-Doping Junior Ambassadors to receive further education in the field of doping prevention and exchange best practices. Jacob Kornbeck from the Sport Unit of the European Commission and Jan Holze gave an overview about latest developments at European level and congratulated the ambassadors for their work. During three



days the ambassadors met several experts in the field of doping prevention and discussed the importance of coaches for the socialization of young athletes as well as the role of public relations to prevent doping. ENGSO Youth will support such initiatives also in the future to build up a stable European network of Anti-Doping Junior Ambassadors.

Part 2

Other Projects and Activities





Jan Holze

JANUARY 2011 - MARCH 2012

European Anti-Doping Initiative (EADIn) Preparatory Action in the Field of Sport 2011-2012 (EU DG EAC)

33 young leaders in sport from 12 European countries (such as the ENGSO Youth Committee, youth representatives of Member Organisations and people interested in youth, sport, and voluntary work in the Baltic Region) came together for the ENGSO Youth Forum 2011 in Tallinn. The conference served as a networking platform amongst the young leaders from across Europe and enabled participants to receive information to support them in their work as volunteers and young sports leaders. The assembly was an encouraging display of youth engagement and desire to contribute and influence the world of sport. The young participants heard speeches from ENGSO President Birgitta Kervinen, secretary general of Estonian NOC Toomas Tõnise and Michal Krejza from European Commission and the ENGSO Youth Committee 2011-2013 was elected.



Rebekka Kemmler-Müller

JANUARY 2012 - MARCH 2013

Safer, better, stronger! Prevention of Sexual Harassment and Abuse in sports/ Preparatory Action in the Field of Sport 2012-2013, (EU DG EAC)



Close personal relationships often develop within sport. Whilst this is rightly considered a positive and enriching aspect of sport participation it also represents an area of significant risk for sexual and gender harassment and abuse. Sexual violence can have serious, long-term negative consequences for victims. It can also be extremely damaging for sport organizations.

Therefore, preventive strategies to safeguard children and young people from such experiences should have a priority for the sports community. With this in mind, a network of national and international sport federations carried out a project on the prevention of sexualized violence in sports within the framework of the preparatory actions in the field of sports of the European Commission. The catalogue "Preven-

tion of sexual and gender harassment and abuse in sports - Initiatives in Europe and beyond” and the recommendations paper on the one hand and the Berlin conference “Safer, better, stronger! Prevention of Sexual Harassment and Abuse in sports” in November 2012 on the other hand were elements of this project of Deutsche Sportjugend, ENGSO Youth and other partner organizations. The project aimed to provide a platform not only for strengthening transnational and cross-sector cooperation, but also for sensitizing and raising awareness at all levels of the complex social environment that surrounds the problem of harassment and abuse in the sport sector. Find more information under: www.youth-sport.net/childprotection.



Agnes Kainz

APRIL 2013 - MARCH 2015

**“Youth Sport stands-up for Youth Rights”
/ Action Grant awarded by the DAPHNE III
Programme of 2011/ 2012 (EU DG JUSTICE)**

ENGSO Youth successfully coordinated a transnational project application within the DAPHNE III funding programme (EU DG JUSTICE), which aims to contribute to the protection of children, young people and women, especially in the prevention of, and the fight against all forms of violence, including sexualised violence. This project is a follow-up initiative of the EU-funded project “Prevention of sexualised violence in sports”, which was lead by the German Sports Youth and funded through the preparatory actions in the field of sport 2012.

“Youth sport stands-up for Youth Rights” will run for 24 months and aims to empower young Europeans (16-22 years old) in sports to combat sexualized violence and gender harassment through youth-led campaigns and local cross-sector networks in 7 European countries. The lead partner and applicant is the Austrian Sports-for-All Organisation SPORTUNION Österreich and the steering group is made up of ENGSO Youth (in charge of transnational cooperation) and the Institute for Sport Sociology, Gender Studies, in the German Sports University of Cologne (in charge of the peda-

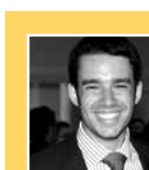
gological lead of the project). The partners who will be implementing the project in their structures are: SPORTUNION Österreich and the Austrian Athletics Federation (AT), the German Sports Youth (DE), the Olympic Committee of Slovenia (SL), Edgehill University (UK), Netherlands Olympic Committee and Sport federation (NL), Italian Aerobic and Fitness Federation FIAF (IT) and Campaign Against Homophobia (PL). The Council of Europe ONE in FIVE Campaign to stop sexual violence against children and the Enlarged Partial Agreement in Sports are supporting in advisory and dissemination functions.

The projects objective is to develop capacity amongst young Europeans at grass roots sports level (in sport club settings) to reflect, act and protect themselves against sexualised violence and gender harassment by working together with educated leaders in their national settings to create youth-led campaigns. The young people will themselves become active agents of social change in their settings and thus affect peers and intermediaries alike to be alert of the risks and contribute to shaping a protective and participatory sports environment.

Simultaneously partner organisation will initiate national multi-disciplinary networks involving diverse and relevant stakeholders from society. The aim is to build supportive structures for the sporting sector regarding the topic, adapting strategies to move the agenda for protecting young people in sports forward in each partners specific setting and to give the youth-led campaigns an additional platform. Through these multi-disciplinary networks possibilities should be investigated on how this initiative can be kept alive even after project funding has ceased. European good practice will be exchanged during 2 European trainings, 1 European good practice meeting and a final European conference.



With financial support from the DAPHNE III Programme of 2011 /2012 of the European Union



Paolo Emilio Adami

Member of the European Youth Forum

ENGSO Youth is the only member in the European Youth Forum (YFJ) representing the views of young people in sports. Through the two annual “Committee of Members” meetings ENGSO Youth follows the recent developments in the YFJ, increases its visibility and includes its views in discussion. Key issues at the events were workshops (thematic squares) on various current issues, preparation of policy papers and discussion about statutory issues. ENGSO Youth regularly delegates members to the Council of Member meeting and other trainings offered by the YFJ.



Agnes Kainz



Member of the ENGSO EU working Group

ENGSO Youth was represented by Annuli Hämäläinen in the ENGSO EU working group until October 2011. Since early 2012 policy officer Agnes Kainz is the official representative of ENGSO Youth in the ENGSO EU Working Group, which meets 3-4 times a year to discuss ENGSO's activities related to EU Policy. The working group is an important platform for facilitating cooperation and exchange of information between ENGSO and ENGSO Youth, for bringing the views of young people to the attention of ENGSO and for including them in ENGSO's activities and statements.

Jan Holze



Representation in the ENGSO ExCom Meetings

ENGSO ExCom statutory meetings take place 5 times per year. ENGSO Youths chairman represents the youth's views in the Committee and reports from the developments in the youth sector and future projects in the youth sports field, he is the expert on youth issues in the Committee. The aim is to develop concerted action between the youth sector and ENGSO.

Engso Youth Committee



The ENGSO Youth Volunteer Award 2011

ENGSO Youth published a call for candidates who must prove an outstanding engagement as a volunteer working within the youth sport sector. The candidates had to be nominated by national umbrella organizations to be elected as the best volunteer of the year at the ENGSO Youth Forum 2011. The winner of the 2011 award was Heidi Tamminen from the "Young Finland Association". The next ENGSO Youth Volunteer Award is awarded in 2013.



Part 3

The Organisation



ENGSO Youth Committee 2011-2013

The ENGSO Youth General Assembly 2011 gathered 30 young sports leaders from member countries in Tallinn. The 2011-2013 ENGSO Youth committee was elected: Chair: Jan Holze (Germany); Vice- chair: Karine Teow (France); Members: Paolo Emilio Adami (Italy), Orsolya Tolnay (Hungary), Merete Spangsberg Nielsen (Denmark), Francesca Kelly (United Kingdom), Natasa Jankovic (Serbia), Liis Kaibald (Estonia), Kristiina Kangas (Finland).

The ENGSO Youth Committee meets 5 times per year for statutory board meetings and has regular telephone conferences to plan and prepare its upcoming and future activities and decide on the directions that the organisation should take.



ENGSO Youth secretariat

The ENGSO Youth Secretariat in Berlin (Secretary General, Rebekka Kemmler-Müller) and Vienna (Policy Officer, Agnes Kainz) supports the work of the 9 ENGSO Youth volunteer board members. Amongst other things this encompasses administrative tasks, reporting, financial administration and controlling, funding applications, organisation and facilitation of events, seminars and statutory meetings, preparation of applicable documents for the boardmembers in their diverse functions and representations on national and European levels.

ENGSO Youth Young Delegates Database

ENGSO Youth has decided to establish the “ENGSO Youth Delegates” in order to give young, interested people the chance to get involved in the youth sport sector. Building on the experience of individuals in the ENGSO Member Organisations, the main aim of creating the database of young delegates is to create a space for the exchange of experience and expertise, content input and participation in the relevant areas which ENGSO Youth is active in. Objectives are: sharing of good practices, gathering expertise, research and resources within our members in youth related issues, supporting the strategy of ENGSO Youth advocacy in these areas, ensuring coordinated and coherent input and participation on behalf of ENGSO Youth in relevant occasions and events.

The profile of an “ENGSO Youth Delegate” is to: be nominated by an ENGSO Youth Member Organisation; be between 18-35 years of age; have experience in youth policy areas, such as: health, sport accessibility, human rights, social inclusion, volunteering, the fight against doping, fair play. Currently ENGSO Youth has 13 delegates and has successfully been able to find mutually beneficial situations for them as such already. For more information, please see: www.youth-sport.net/delegates.

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Part 4

Public Funding

Youth in Action, structural grant / European Union



ENGSO Youth successfully applied for the multi-annual structural grant in the Youth in Action programme, Action 4.1 for 2011-2013. This allowed us to support our offices and staff in Berlin and Vienna and to co-finance the activities of ENGSO Youth in the past term.

European Youth Foundation Funding / Council of Europe



The European Youth Foundation co-funded structural costs of the organisation in 2011 (funding category C), co-funded the ENGSO Youth seminar "Mobilizing Youth through Sports and Technology" and the Publication "YOUth can open doors to all abilities through Sport". ENGSO Youth was grateful to co-operate with the European Youth Centres of the European Youth Foundation to implement the study sessions "Youth can open doors to all abilities in sport" (2011) and "Youth sport speaks out on Tabophobia" (2012).



Part 5

Public Relations and Publications



Rebekka Kemmler-Müller

[Newsletter/Website](#)

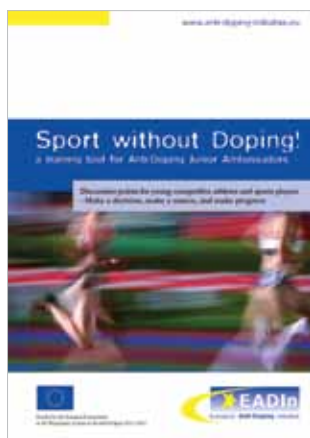
The ENGSO Youth website: www.youth-sport.net is administered by the secretariat and updated regularly. ENGSO Youth sends out regular e-newsletters and is active in social media networks such as facebook, twitter and linked-in.



Rebekka Kemmler-Müller

Publication EADIn Training Tool

The electronic publication, “European Anti-Doping Initiative Training Tool” was created by all partners in the EADIn project network and aims to educate young people in sport. 50 European Anti-Doping Junior Ambassadors used the tool at the educational camp in Kirchdorf/ Germany in English, since then it has been tested by more people (youth, experts, trainers, pedagogics) from 10 European countries. It has been translated into Italian, a German version exists and parts of it are available in Slovenian. The publication is available available as a download on the projects homepage: www.anti-doping-initiative.eu



Karine Teow › Francesca Kelly

ENGSO Youth Publication “YOUTH can open doors to all abilities through sport”

“YOUTH can open doors to all abilities through sport” is a publication by ENGSO Youth, co-funded by the Council of Europe’s European Youth Foundation and produced in cooperation with the European Paralympic Committee. The content of the publication was inspired by the conclusions, expertise and discussions of three educational events aspiring to remove prejudice and ensure participation for all: ENGSO Youth study session “Youth voices through inclusive sports”, July 2010; EPAS training for “Young leaders working with people with intellectual disabilities”, February 2011; ENGSO Youth study session “Towards all inclusive sport for all – youth opening doors to all abilities”, October 2011. The combination of these activities brought



together over 70 young leaders from 30 different countries across Europe to share their experience, identify barriers, exchange examples of good practice and combine their diverse knowledge to creating a vision of 'Sport for All' in its essence accessible, inclusive. The publication attempts to create a common basis of understanding from which the reader is encouraged to adapt or build upon to fit their local reality. The publication is available as a free download on the ENGSO Youth homepage: www.youth-sport.net, under "Downloads" (For a complete list of authors, please see the imprint of the publication).



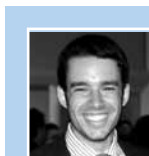
Agnes Kainz



New ENGSO youth "About Us"

The new ENGSO Youth "About Us" Brochure was published in late 2012. It portrays the structure of the organisation, our mission, goals, values, principles and some project examples. The brochure can be downloaded on the ENGSO Youth Homepage under "Downloads".





Paolo Emilio Adami

[ENGSO youth Delegates Information Page](#)



In order to promote and explain the opportunity of an "ENGSO Youth Delegate", ENGSO Youth has published an info page which can be used as simple tool to inform and recruit interested young people in the European sport movement. To find out more, see: www.youth-sport.net/delegates



Orsolya Tolnay

[European Sport Structures](#)

ENGSO Youth built this document to give hints to the labyrinth of the European structure of sport and youth. It highlights the world of sport, the governmental and non-governmental sides are distinguished. At European level, the governmental side includes the Council of Europe and the European Union, while the non-governmental side comprises all sport organisations in Europe. The document can be downloaded on the ENGSO Youth homepage: www.youth-sport.net, under "Downloads".



Natasa Jankovic > Karine Teow

[ENGSO Youth statement "Olympism powered by YOUTH"](#)

The 8th World Conference on Sport, Education and Culture "Olympism powered by YOUTH" developed the 'Amsterdam Declaration' which was presented at the closing ceremony of the event, as a conclusive statement. Although the declaration contains a set of recommendations impacting youth, ranging from the important role of the athletes' entourage, next year's fifth UNESCO World Sport Ministers Conference (MINEPS V), social media and the establishment of a value based educational programmes, the space, the representation and the role of young people in this conference was limited.

ENGSO Youth welcomes the Amsterdam Declaration, but would like to highlight the unsatisfying involvement of youth in the conference as well as a lack of commitment towards further involvement, consultation, access and inclusion of youth had been put forward 2 years ago in the Durban Declaration.

For this reason ENGSO Youth made a response statement which can be downloaded on the ENGSO Youth homepage: www.youth-sport.net, under "Downloads".

Part 6

Country Reports





Merete Spangsberg Nielsen

DENMARK

The future is exciting for the Danish sports community, both for the entire DIF (The National Olympic Committee and Sports Confederation of Denmark), including our 61 federations and their 10,500 associations. In the coming years, the sports community will be facing many challenges from the authorities, from our own organisation, from the population in terms of their wishes for future participation in sports and from the surrounding world. DIF's new political programme adopted in May 2011 addresses how organised sports can become even stronger in the coming years. In the Youth sector several initiatives has been organised.

Age-related training concept - In 2005 Team Denmark launched the age-related training concept, which was the first research-based literature in Danish on the topic.

The age-related training concept should be seen as a tool for coaches to implement the necessary variation and progression to maintain children and young people in sport. The age-related training concept is not just a tool for developing elite athletes, but also very much a restraint, injury prevention and training planning tool. The booklet is primarily aimed at coaches in the federations and associations. It is our hope that the coaches will reflect on the knowledge presented in the booklet and that they will subsequently implement the measures to help further qualify their daily training of athletes. Secondly, the book is used as an information and inspiration to practitioners, parents, PE teachers and other sport stakeholders who need a thorough but concise, introduction to the age-related training concept. For more information see http://www.dif.dk/UDDANNELSE_OG_VIDENSBANK/udgivelser/idraetforboernogunge.asp

Anti-bullying - DIF presented a new tool for the youth coach to focus on the social interaction and a good sporting experience for all members in a team og training

Everybody has the right to a good experience when practicing sport. This is how it should be, but unfortunately bullying and failure to thrive is present - also in the world of sport. The social cohesion on a team is of great importance for young people's motivation to do sport. With the new tool the coaches are able to address the social problems on a team. For more information see http://www.dif.dk/PROJEKTER_OG_RAADGIVNING/boernogunge/antimobning.aspx

Sport for ALL children - "Sport for ALL children" is a collaboration between the DIF, Procter & Gamble and the supermarket chain Føtex. The project aims to help vulnerable children and young people under 18 years to overcome the financial challenges associated with practicing sport in associations. DIF believes that children should be able to play sports in their free time, even if parents cannot afford the membership- or competition fee or the cost of equipment. Thousands of children are right now outside and wants to get into sports associations and be active with friends. Like some children already in associations, must be helped financially to be able to stay there. The problem is widespread, and there is a great need for the support "Sports for ALL children" want to give. For more information see <http://www.alleboern.dif.dk/>

**Liis Kaibald**

ESTONIA

Period 2011-2013 has brought different changes regarding Estonian sport section and that has affected youth sport as well. The new president of Estonian Olympic Committee was elected at autumn 2012 - Mr. Neinar Seli. That brought changes to youth sport section as since January 2013 Estonian NOC has established its offspring team. There are currently 11 young athletes who are advised but also supported financially by Estonian NOC.

Also, regarding youth sport section - since 2011 Estonian Olympic Academy has organised Young Participants Sessions to provide a platform for Estonian youth to discuss about sport and values it carries, and to encourage active citizenship among Estonian youth. At 2011 there were 20 young people from all over Estonia at age 15-19, to discuss about Olympics and values in sport but also to learn about voluntary work opportunities and co-operation. At 2012 there were 44 young participants from all over Estonia at age 15-19 to discuss about the Olympic values, and active citizenship opportunities in Estonia and also abroad. Thus, Estonian Olympic Committee's and Estonian Olympic Academy's activities complement each other and contribute to Estonian youth sport section in different level and ways.

**Kristiina Kangas**

FINLAND

The Finnish Youth Committee of Sports consists of 8-14 persons aged 18-29 years. The members come from various sports and different parts of the country. The committee meets regularly. The committee represents youth and participates in different meetings and events. The committee communicates outside through social media (blogs, Facebook, Twitter) and internally through e-mails, conference calls and face-to-face meetings. Until 2011, the chair of the committee was Kristiina Kangas. By now, the committee has entered into its fourth two-year season 2012-2013. The current chair of the committee is Miikka Neuvonen.

In Finland, the years 2011-2013 brought along big changes in sport structures. The Finnish Sports Federation, Young Finland Association, Sport for All and Finnish Olympic Committee started discussing about a restructuration and a new sport organization was founded in June, 2012. The new organization, Valo, was officially launched on January 1st, 2013 with a shared vision of 'being the most physically active people in the world - in 2020'. Whilst certain tasks were integrated in Valo, the Olympic Committee continuous to exist as a separate entity. The possible implications to the Youth Committee, will be further discussed in the coming months. The founding organisations of Valo (except Sport for All) are the original background organisations of the Youth Committee.



Karine Teow

FRANCE

"The CNOSF (French National Olympic and Sport Committee) created a Young Leaders Commission in 2005. The main goal of the commission is to raise awareness about youth to educate them about decision-making within sport organisations through experience and trainings and ultimately to ensure a positive transition between one generation to the next in the sport working field.

Between the years 2011-2013 the French Young Leaders Commission:

Contributed to the European Year of Volunteering, one of the actions was an opportunity for representation at the European Caravan in Paris, offering a one day thematic on sports and volunteering.

The commission developed a volunteering-kit to explain and raise awareness about young volunteer opportunities and benefits in sport. The aim being to increase volunteers coming in while retaining the ones already contributing and making the experience even more positive and recognised. The tool additionally encourages youth to engage at different levels of the movement.

A collaboration agreement was developed between the youth commission and the school's sports federation (UNSS) to disseminate this volunteering tool through schools and regional sport structures which is ongoing since 2012. In March 2011, 23 young "vice-presidents" were trained to disseminate and be ambassadors of this tool, they additionally provided feedback and amendments.

In March 2012, the tool is disseminated through the regional Olympic committees.

French Young Leaders Commission Meetings 2011-2013:

- 3 Youth Commission meeting in 2011
- 3 Youth Commission meetings in 2012
- 1 Youth Commission meetings in 2013 (to date)

French Young Leaders in ENGSO Youth events? For the 2011-2013 mandate, a total of 20 French delegates attended various ENGSO Youth events throughout Europe (study sessions x5, European Youth and Sport Forum x7, EADin x5, other events x3) this is a very small amount seeing the number of opportunities present but a lot of them affirm they hope to get involved further.



Jan Holze

GERMANY

Deutsche Sportjugend, the German umbrella of youth sports at the same time youth organization of German Olympic Sport Confederation DOSB hosted in November 2012 the European conference "Safer, better, stronger! Prevention of Sexual Harass-

ment and Abuse in sports“. The conference aimed to bring together and foster a transnational network of policy-makers, representatives of the sport organizations, national coaching foundations, media as well as those, who are willing to take decisive measures on different levels and contribute to the prevention of sexual harassment and abuse in sport. The event was one activity within the Preparatory Action project of Deutsche Sportjugend in cooperation with ENGSO Youth and other partners. It was the third EU project of Deutsche Sportjugend in a row in this EU funding line.

After several years of negotiations, young volunteers from France and Germany can have their volunteer service in sports clubs in the other country. The German sport umbrella in cooperation with other German and French sport federations and clubs do support the binational volunteer service together with the Franco-German Youth Office.

The project period of the European Anti-Doping Initiative (EADIn, www.anti-doping-initiative.eu) ended in 2012 and Deutsche Sportjugend continues its national educational work with young athletes. Regional conferences and seminars offer the possibility of exchange on doping prevention work. The German Anti-Doping Junior Ambassadors use a peer-to-peer approach to raise awareness throughout other groups of athletes. Moreover members of the European network of Anti-Doping Junior Ambassador were invited in April 2013 for a seminar in Germany but the movement still needs more organizational support to ensure sustainability of the European wide cooperation in the sector.

In cooperation with German Olympic Academy, Deutsche Sportjugend offers to young volunteer and athletes the possibility to attend the German Olympic Youth Camp with the aim to reflect on the Olympic values and to live an educational and cultural program around the event. After a successful Youth Camp during the Olympic Games in London/UK 2013, the organizers prepare the Olympic Youth Camp in Sotschi/Russia.



Natasa Jankovic

SERBIA

Serbian Youth Council (SYC) is a commission within Olympic Committee of Serbia. Its members are young people up to 35 years of age who are working on a voluntary basis. SYC aims to contribute to the personal development of young people, foster their social abilities and encourage their social commitment. Members of SYC contributed to the implementation of various activities in 2011 and 2012.

Within the national level, SYC took part in the realization of several projects in the field of environmental sustainability in sport, women and sport, sport for all and culture and education: EcOlympics Serbia, Traditional Sport Games, Olympic Class, Ec-Olympic Games, P&G Youth Sport Camp, Database on Women in Sport in Serbia and exhibition "Moments to Remember – Olympism in Serbia 1912 - 2012".

In cooperation with Faculty of Organizational Sciences, University of Belgrade, the NOC Serbia Case Study has been developed and prepared. It included more than 100 participants as case study representatives. The topic was about how youth could be more active by using new technologies. The winning solution relies on extensive use of mobile technologies among youth today, with the aim of using modern capabilities such as smartphones to promote and engage people to be more physically active. This solution will be implemented in 2014 by NOC Serbia.

Within the international level, SYC members represented the NOC Serbia in various sessions and programs at the International Olympic Academy: International Session for Young Participants, International Session for Directors of NOAs, International Session for Educators, and Master's degree program.

For four consecutive years Serbia had its representatives in Generation for Peace Camps (GFP) and trainings. After the Jordan Camp in 2009 and the Russia Camp in 2010, SYC representatives took part in GFP Camp 2011 which was organized on Russia's Black Sea coast. Participants received 10 days of intensive training about how to use sport for peace and development. The successful co-operation with GFP resulted with a signed collaboration between NOC Serbia and the GFP in November 2011 when HRH Princess Sarah Al-Feisal visited Belgrade. In addition, SYC delegates took part in GFP Samsung Advanced Training in Jordan in 2012 which focused on developing enhanced peace-building skills. The same year, members of SYC created and implemented "Generations for Peace workshops" in 20 schools in Serbia where 3000 children took part in it.

In 2012 SYC members participated in filming an original and creative video focusing on PLURAL+ themes: migration, diversity and social inclusion. The project was formed by The United Nations Alliance of Civilizations (UNAOC) and the International Organization for Migration (IOM). The SYC members used sport as a main tool while creating the video. It shows how diversity enables us to understand each other better, while embracing the fact that it's something we all have in common. The video can be found on NOC Serbia's website: www.oks.org.rs



Francesca Kelly

UNITED KINGDOM

Within the United Kingdom sport is governed by the relative home country (England, Scotland, Wales and Northern Ireland). ENGSO member The Sport and Recreation Alliance (SRA) is the umbrella organisation for all sport and physical activity bodies in England representing their views to people who make decisions; promoting the interests of sport and recreation so that as many people as possible know about what is available and campaign on issues affecting their national members. National Governing Bodies of Sport coordinate the sport specific delivery from grassroots to elite level through engaging with national partners, County Sport Partnerships, clubs, and the education sector.

Physical Education is on the national curriculum to ensure that all young people get the opportunity to participate in physical education at school and the Youth Sport Trust (YST) is a leading charity dedicated to help young people reach their potential in life by delivering high quality physical education and sport opportunities. Working with National Governing Bodies and education professionals the YST coordinate a number of key initiatives that are influential in developing young people through sport and physical across a range of sports.

The following activities were delivered during 2012-13.

The London 2012 Olympic and Paralympic Games had a huge impact on the coverage of sport in the United Kingdom and a number of events and training programmes were held during the build up to the Games to promote the values of sport and physical activity to young people across the UK. Over 30,000 Games Makers (volunteers) were used at the Olympic and Paralympic Games and they were a shining success – the media coverage the Games Makers received was highly beneficial for volunteering and the National Governing Bodies of Sport and local clubs are working to capture that interest and increase the number of people participating and volunteering in grassroots sport.

The 2012 School Games were held in London over the 6-9th May, and provided elite young athletes the ability to showcase their talent on the UK stage. Taking place at Olympic venues across London athletes competed in athletics, badminton, cycling, fencing, gymnastics, hockey, judo, rugby 7's, swimming, table tennis, volleyball, wheelchair basketball in front of over 30,000 spectators. As well as over 1600 athletes, hundreds of young volunteers and sports officials took part in the Games and school children from across the country were invited to spectate.

The National Young Coaches Academy was delivered in partnership with the Youth Sport Trust and ten National Governing Bodies to enhance the quality of young coaches across the sport sector. A twelve month development programme, catapulted with a four day National Academy held at Loughborough University, educated over 200 young coaches (aged 16-18) to facilitate their understanding of their own coach philosophy and what they need to do to achieve their potential. The young coaches are now volunteering in their local club to build up their experiences and develop

Sports Future Leaders, delivered in partnership with the Youth Sport Trust, provided young board and forum members the opportunity to attend a series of 3 training sessions to support their development across a range of key skills.

Following on from the success of the European Youth and Sport Forum in Cyprus (25th November – 1st December) the UK participants formed a network to continue the good work and produce a dedicated plan for the UK to highlight the importance of physical activity and sport in the development of young people. The overall objective of the EYSF Futures Network – UK is to lead the promotion of the EYSF 2012 Declaration and the collection of good practice in sports participation, sports volunteering and health, within the United Kingdom. Consisting of two meetings with the Department for Culture, Media and Sport, and Sport and Recreation Alliance, the group highlighted the impact of the EYSF and the plans for the United Kingdom representative to implement aspects of the declaration was produced.

Part 7

About ENGSO Youth



Who Are We?

ENGSO Youth is the non-profit youth organisation of ENGSO (European Non-Governmental Sport Organisation). We represent young Europeans in sports in 40 countries. Our members are national umbrella organisations for sport from across Europe. ENGSO Youth focuses on the European youth Sport for All sector. We promote topics such as sport, health, inclusion, participation, volunteering of young people in European sports, equal opportunities and international cooperation.

What is our mission?

- To provide support, advice and guidance for members who want to establish their own youth structure
- To work in partnership with the European Union, the Council of Europe and other European organisations to represent the voice of youth sport
- To provide up to date communications and good practice to all member organisations

What are our values and principles?

Education through sports:

We believe that physical activity is not just a public health issue; it benefits society by increasing social interaction and community engagement, comprises an investment in future generations and offers numerous possibilities for non-formal education and inclusion.

Co-determination, democratic, participation and inclusion:

We believe that young Europeans can be unique agents of social change and should be involved on all levels of the European social environment.

Equal access to health and well-being:

We believe that young Europeans, regardless of their economic and social status, should have equal opportunities and access to healthy lifestyles: sufficient physical activity, healthy nutrition and education.



How can you get involved?

Get to know us!

Visit our website,
join our mailing list
and register
for our events!

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