



Youth Organisation of the  
European Non-Governmental Sports Organisation

# ENGSO Youth Report 2013-2015





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**Jan Holze**  
Chairman of  
ENGSO Youth



## Foreword

It is time to say goodbye. After more than 10 years of serving as Chairman of the ENGSO Youth Committee, I have decided no longer to run for this position within ENGSO Youth. I have done my very best to install a youth organisation within ENGSO that is well appreciated and can look back to a history of great events and projects. But now it is time for a change. It is time for new fresh ideas that are needed to keep the organisation growing. It has been a great pleasure to work with so many motivated young people aiming at the same goals. I know there is a great potential. Many young people follow our developments very closely and try to get involved with ENGSO Youth. Therefore it is not astonishing that one of the aims ENGSO Youth has is expressing the importance that sport has for the lives of young Europeans today. This is the reason why it is of utter importance for ENGSO Youth to organise successful projects which raise awareness about the potential of youth sport.

Our activities were and will be guided by the endeavour to portray youth sport as an area that needs special attention and actions. Young people must be given the chance to participate in sufficient physical activity. As advocates for the rights of young people to be physically active, we campaign for the possibility of young people to give full expression to their desire for exercise.

In order for us to succeed in this mission, we need partners. Paramount for this is ENGSO and especially the ExCom, who has backed us in absolutely every situation and has been a guarantor for the success we have to show over the past years. Also the Member Organisations have been vital pillars in our past activities. Last but definitely not least I want to highlight the great support of the European Commission as well as the Directorate of Democratic Citizenship and Participation and the former Directorate of Youth and Sport of the Council of Europe. Without their support many of our projects and events could not have been implemented.

Therefore I want to thank:

- the member organisations for supporting us. Without their cooperation and support ENGSO Youth would not have been able to realize the visions for the past years. Especially the German Sport Youth, that was hosting the office in Germany for more than ten years, contributed fundamentally to the development of the organisation;
- our colleagues in the ENGSO Executive Committee for their trust and close collaboration and for the respect they show for ENGSO Youth's interests;
- the many participants, trainers, facilitators and supporters that contributed to the success of our events and activities;
- my fellow members of the ENGSO Youth Committee for the last two years of trust and committed work together.
- as well as Rebekka Kemmler-Müller, Nevena Vukasinovic and Sara Massini in the ENGSO Youth offices for their great support.

It's time to say goodbye it's time to say thank you !

# Thank you

for fostering the ENGSO  
Youth family and for  
being an inspiration for  
youth in sport!



ENGSO Youth Committee



**Rebekka  
Kemmler Mueller**  
Secretary  
General of  
ENGSO Youth  
until  
December 2014



## Foreword

Dear friends at ENGSO Youth,

Let's continue - with the help of sport - to make European communication, participation of young people, prevention and integration possible. And let's continue standing up for youth sport activities outside the formal framework and use sport as a mean to work with young people.

This European Youth Sport sector was so relevant to work in for me in the last years and it's motivating to see how you can contribute to shape European policies through projects, activities, statements, actions and co-operations. Time has come to hand over tasks and the secretariat under my responsibility. I had a lovely time working with a lot of people, special thanks goes to Jan for the reliable teamwork. Deutsche Sportjugend/German Sports Youth within DOSB e.V. assumed responsibilities for ENGSO Youth during the last 10 years and I am glad to see that the Serbian ENGSO member, the Olympic Committee of Serbia is committed to going on. This is crucial because ENGSO Youth as a European umbrella is only as strong as member organisations want it to be.

ENGSO Youth needs to stay in on-going development and change - depending on yearly funding makes flexibility and change necessary: it's a chance and a challenge at the same time.

Go on and take your own way, ENGSO Youth!

*R. Kemmler-Mueller*

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# Part 1

## Events 2013-2015





## Lea Van Breukelen › Sanja Pancic

SOCHI • RUSSIA / 7<sup>TH</sup>-23<sup>RD</sup> FEBRUARY 2013

### Winter Olympic Games and Generations for Peace Camp

ENGSO Youth Young delegates reunited in Sochi. Attracted by the Paralympic spirit, our young delegates used the Games as an opportunity to meet and shortly exchange the experience of their journey in Sochi. As part of the Generations For Peace International Camp, Sanja Pancic has shared the knowledge how sport can be used as a tool for building peaceful environment where none is excluded, while Lea van Breukelen has presented acquired knowledge of how we can send the message to the public about Paralympic sports and behind values.



## Nevena Vukasinovic

STRASBOURG • FRANCE / 11<sup>TH</sup> - 14<sup>TH</sup> MARCH 2013



### European Youth Foundation: (R)Evolution seminar

European Youth Foundation has one of the best teams that ENGSO Youth has ever been lucky to meet! EYF team introduced themselves as one of the most efficient, positive, open minded and functional team. Each and every person of their team was constantly involved in seminar workshops and presentations. This was the second consecutive year that the Foundation organised such an event. The meeting was built on previous experiences, but tackled new regulations (i.e. new grant categories), online application and reporting system, as well as representation and building visual identity through EYF website that have been launched recently. All throughout last year, youth NGOs, as well as the EYF staff, have been getting familiar with the new framework and experiencing first-hand the implications of all these changes and developments, therefore the main aim of the organizers was to provide a joint opportunity to comment, discuss and further develop/adjust changes they were providing. The "EYF (R)Evolution" seminar focused on analysing and discussing NGOs' experience; gaining to further establish and strengthen this new way of working together.



Very plastically, EYF presented their restored strategy of creating a real and tangible dialogue with the organizations across Europe, perceiving youth led NGO's as a part of the team – people and activities they are working with and for. Beside the facilitators from CoE and the EYF team, conference was supported by the Chair of Programming Committee (committee in charge for final stage of any selection process). Communication with him directly was one of the important moments that seminar offered to participants, due to what we could realize the weaknesses and strengths in writing the applications, representing our organizations and very starting stage of setting up the initial frame for the projects and activities.

## Mikka Neuvonen › Jan Holze › Sara Massini

DELEGATE:

BUDAPEST • HUNGARY / 7<sup>TH</sup> - 8<sup>TH</sup> OCTOBER, 2013

**Mariann Bardocz-Bencsik**



### Enlarged Partial Agreement on Sport (EPAS) Conference: Inclusion and Protection of Children in and through Sport

The COE-campaign goes by a very powerful name "1 in 5" - indicating the number of children that have been sexually harassed or abused. It is very clear that the right of every child, young person or adult has to be protected and that taking every measure possible in tackling the issue should be a common priority. The conference addressed two main issues: on the one hand, strategies how children in vulnerable situations can be included in sport so that they can take advantage of the benefits which sport offers. On the other hand, the conference has addressed protection against sexual harassment and empowerment of children and young people in sport by bringing together delegates from the world

of research, sports movement and public authorities. Highlight of the conference was presenting a movie Black diamonds that approached the topic of child trafficking and phony football agents in Africa and Europe. The conference is co-organised by the Council of Europe's Enlarged Partial Agreement on Sport (EPAS) and the Hungarian Secretariat of Sport and in co-operation with the Council of Europe's ONE in FIVE Campaign to stop sexual violence against children. CoE had been able to attract many experts from various countries and fields of expertise to provide a fruitful setting for discussions and further projects.



## ENGSO Youth Committee

STRASBOURG • FRANCE / 21<sup>ST</sup> - 22<sup>ND</sup> OCTOBER 2013



## 16th ENGSO Forum

The 16th ENGSO Forum took place on 21 and 22 October on the premises of the European Youth Centre in Strasbourg. The main aim of the Forum was to foster cooperation among sports organisations in Europe and to provide ENGSO member organisations with information on current sports-related developments in Europe. This year, the main focus was on "good governance in sport" and "the integrity of sport". With this Forum, joint meetings with ENGSO Executive Committee and ENGSO Youth committee have started, aiming to enlarge understanding, cooperation, role and empowerment of youth. Mr Jan Holze, ENGSO Youth Chair and Mr Paolo Emilio Adami, ENGSO Youth Vice Chair actively supported ENGSO's Forum moderating the sessions.



## ENGSO YOUTH DELEGATES:

**Mariann Bardocz-Bencsik**

RHEINSBERG • GERMANY / 18<sup>TH</sup> - 23<sup>TH</sup> OCTOBER 2013

## Communities and Crisis - Inclusive Development through Sport

International Council of Sport Sciences and Physical Education (ICSSPE) held its sixth „Communities and Crisis - Inclusive Development through Sport” seminar, a prestigious event of the sport for development movement where the participants are encouraged to actively take part in lectures held by well-known experts in the field. Beside the sector of higher education, the non-governmental and the governmental sector was also represented at the 5-day event in Germany's first hotel built especially for handicapped people. Prof. PhD. Gudrun Doll-Tepfer, former president of ICSSPE held an interesting presentation about the history and current stakeholders of the sport for development movement, while Ken Black, a well-known expert from Loughborough University and founder of the NGO „Inclusion Club” showed us some practical models of inclusion. Ms. Jutta Engelhardt, executive secretary of the global online platform, sportanddev.org highlighted how important is the role of a facilitator in sport interventions as psychosocial support. The seminar was co-organised by ICSSPE, the Katholieke Universiteit Leuven (BEL) and the Kennesaw State University (USA). Some lectures were held by the professors of the two universities and the majority of participants were students from the two institutions (33 students altogether). ENGSO Youth was fortunate enough to be among those 8 participants who received a scholarship to attend the seminar.



## Francesca Kelly › Mikka Neuvonen

PARIS • FRANCE / 11<sup>TH</sup> - 13<sup>TH</sup> NOVEMBER, 2013

### Youth Summit for Quality Jobs

On 12 November 2013 the President of France organised a high-level Intergovernmental Summit as a follow up of the Youth Employment Summit convened in Berlin on 3 July 2013 by the German Chancellor. ENGSO Youth representative, Francesca Kelly was selected among the participants to join the exclusive meeting and discussion with President of France. The overall event aimed to: monitor the implementation of the current agenda on youth employment, in particular the Youth Guarantee and other measures to fight youth unemployment at National and European level (follow-up of the Berlin Summit outcomes); open a wider discussion on promoting Quality Jobs in Europe; call on the EU institutions and Member States to take comprehensive action on quality jobs; present publicly the findings of respectively the OECD, of the European Youth Forum and of ETUC on the subject; and, engage young people from youth organisations, trade unions and activists in a street action to take place in parallel to the Official Conference. The debate focused on the need to have quality jobs in Europe, based on all the issues addressed in the Youth Forum's latest publication 'Quality Jobs for Young People'. There was a consensus on the need for quality work, and on the need to address the growing issue of precarious work in which an increasing number of young people are employed. There were diverging views on how this could be achieved. ENGSO Youth will continue following the developments on the topic.



## Nevena Vukasinovic › Sara Massini

BRUSSELS • BELGIUM / 25<sup>TH</sup> - 27<sup>TH</sup> NOVEMBER 2013

### EU - China Summit: Expert Seminar on Youth Entrepreneurship

Organised as a part of China - Europe dialogue, seminar in Brussels brought together 16 different countries from EU and a delegation from China. This was a side event of the EU China summit that took place in Beijing last year. The main idea of discussion is emphasising youth entrepreneurship as one of the possible answer to increase employability. Entrepreneurs were presenting different scenarios in which both, EU and China, are and why we have a problem in supporting youth entrepreneurship. They presented the opportunity through education and institutional support. Beside tremendous chance for networking, one of the results of the seminar are that some of the participants started some spontaneous cooperation among third organizations, often planning joint business. Speaking about topic of youth employability, it was significant hosting youth from P.R. China in Brussels because their positive and community experience could influence the habits of the





youth in Europe. Realizing the moment we are all living in, as a moment with lack of stability, security and insufficient start up support, it is crucial not just to empower the youth, but to create dialogs along with stakeholders that will lead us to more knowledge, inspiration, skills and support. It is important to use tools we already have in Europe, such as youth guarantee policies, believing that strategy could be to establish the network with an transparent market that could easily engage youth of P.R. China jointly with European youth in social and green entrepreneurship. Following this vision, modern technology could make it easier but common will for dialogue remains crucial.

**Rebekka Kemmler Mueller › Miikka Neuvonen ›  
Nevena Vukasinovic**

BERLIN • GERMANY / 31<sup>ST</sup> JANUARY- 2<sup>ND</sup> FEBRUARY 2014

**YOUNG DELEGATES: Sanja Djakovic, Lea van Breukelen,  
Mariann Bardocz-Bencsik, Carole Ponchon, Maria Asc,  
Mortitz Belmann, Romain Fermon, Grzegorz Wieclaw**

### 1st ENGSO Youth Young Delegates meeting



First ENGSO Youth delegates meeting was an opportunity for young delegates to get together for the first time, and exchange their ideas and visions about ENGSO. The meeting was attended by 10 delegates from 8 countries. At the beginning, the 2014 Agenda was presented and the delegates gave their suggestions and proposals for the potential projects and partnerships regarding human rights, social inclusion, anti-doping, volunteering, social media, and the Olympic movement. Also, they had the opportunity to have insight into the structure of the ENGSO Youth. The support of the NOCs was specially emphasized as in case of Serbian NOC. IWG World Conference on Women and Sport was also mentioned, as well as the European Youth Event 2014 organized by the European Parliament.



## Natasa Jankovic › Nevena Vukasinovic

YOUNG DELEGATES:

LJUBLJANA • SLOVENIA / 7<sup>TH</sup> - 9<sup>TH</sup> MARCH 2014

### Maria Acs, Antonio Saccone

#### EGLSF: Building Bridges Annual Conference

25th anniversary of European Gay & Lesbian Sport federation (EGLSF) took place in Ljubljana, Slovenia, organized jointly by the member club Out in Slovenia and their Partner Organization DIH Association.

Delivered with an aim to strengthen values such as tolerance and respect for diversity, building up awareness that mutual differences enrich and not divide us, participants and guest speakers shared a common responsibility and interest in the content and Agenda presented. ENGSO Youth Committee supported the conference and EGLSF Celebration, following the conference flew and actively contributing – Maria Acs, ENGSO Youth Young Delegate has been facilitating one of the sessions. Among conference speakers, one of the highlights were moment when Ms Birgitta Kervinen, ENGSO President emphasized support of whole ENGSO network and joint efforts in order to secure tolerant and inclusive society, inviting audience to welcome ENGSO Youth representatives.

We have discussed further communication, project ideas and possible cooperation, while organizers publically underlined joint contribution to tackling homophobe and intolerance through sessions, organised by ENGSO Youth in the past. By introducing Mobile App inspired by one of the sessions ENGSO Youth organized, we agreed to continue cooperating and highlighting problems young people across Europe are faced with. Following period will bring stronger commitment of including Central and Eastern Europe further in LGBT family; prevention of homophobia in sport and recognition of LGBT rights in and through sport.



## Paolo Emilio Adami › Miikka Neuvonen

BRUSSELS • BELGIUM / 8<sup>TH</sup> OF APRIL 2014

#### Youth Guarantee Making it happen

The European Commission, under the patronage of President Barroso, hosted a conference in Brussels on 8 April on the implementation of the Youth Guarantee. ENGSO Youth has followed the discussion, interested to support developments throughout sport.

The conference was attended by over 370 key practitioners, experts and political figures involved in the implementation of the Council Recommendation on establishing a Youth Guarantee, adopted in April 2013.



This recommendation called on Member States to ensure that all young people under the age of 25 receive a good-quality offer of employment, continued education, an apprenticeship or a traineeship within four months of leaving formal education or becoming unemployed. A key message throughout the event was that concerted effort is taking place in Europe to implement the Youth Guarantee to ensure that quality employment for young people is part of this economic recovery.

### Nevena Vukasinovic

COLOMBO • SRI LANKA / 6<sup>TH</sup> - 10<sup>TH</sup> MAY, 2014



### United Nation's World Conference on Youth

ENGSO Youth is not only in Europe perceived as a leading voice of youth in sports, but our good practices are also valued globally. United Nation's World Conference on Youth, hosted by the Sri Lankan government, took place in Colombo from May 6 till May 10, 2014. It brought together over 1,000 youth and government representatives and – in a process unprecedented in terms of youth influence – produced the Colombo Declaration: Mainstreaming Youth in the Post-2015 Development Agenda. The conference was unique with regard to the degree of youth influence over official negotiations. Rather than youth meeting in advance of negotiations and producing separate outcome documents, as in the past (believe it or not, this had even happened during the previous world conferences on youth too), this conference produced a “joint declaration” endorsed by both, youth and governments. Via roundtable discussions, youth ideas fed into the outcome document and its annex. Furthermore, two youth negotiators held the status of a government and participated fully in negotiations i.e. could add or veto paragraphs etc. UN General Assembly President John Ashe and UN Secretary General's Envoy on Youth, Ahmed Alhendawi, participated in the conference. ENGSO Youth has been invited as a speaker and represented by Ms Nevena Vukasinovic at the plenary session for sports, culture and youth. Recommendations from youth in sport, as well as from all the other sectors have been represented in the joint declaration. The Colombo Declaration will be integrated further into the UN's post-2015 development agenda process. It encourages member states to table the declaration at the 69th UN General Assembly (September, 2014) and calls on the UN Secretary General to reference the declaration in his synthesis document of post-2015 deliberations.







**Mikka Neuvonen**

ENGSO YOUTH DELEGATE:

**Maria Acs**

STRASBOURG • FRANCE / 9<sup>TH</sup> – 11<sup>TH</sup> MAY 2014

## European Youth Event

The European Youth Event was the very first event that invited 6000 (!) young people coming from all over Europe to discuss matters of European sport and youth policy “on the spot”, meaning at the European Parliament in Strasbourg, France.

The main idea of EYE was to give young people the possibility to take initiative and have a true contribution by debating and sharing ideas for the future life within the European Union. The young generation is the future and therefore should also have a say in it!

In the last years many countries experienced a severe crisis also manifesting itself in a growing number of unemployed youth. Tackling topics just like Youth Unemployment, Digital Revolution, Future of the European Union, Sustainability

and European Values and working on concrete recommendations for policy makers was the core idea of EYE.

Young people were asked to take part in debates, talks, hearings, role play games, ideas labs, etc. to exchange their own ideas on the above mentioned topics and develop an opinion to be presented in front of European policy makers. The innovative character of this event was to have these young people in Strasbourg at the European Parliament and meet decision makers and also get an idea of how European policy works in detail. By giving them a true experience of getting heard and be taken seriously.

EYE also invited organisations, associations, NGOs and other stakeholders including ENGSO Youth to present their work and share their inspiration in the so called YO!village, where true networking could take place.



**ENGSO Youth Committee**

NICE • FRANCE / 16<sup>TH</sup> – 18<sup>TH</sup> MAY, 2014

## ENGSO Youth Forum: “Dual Career”

ENGSO Youth has used the occasion of the General Assembly and the Sport Employs YOUrope meeting to offer an interesting knowledge-exchange and open discussion on the topic of dual career. Mr Milos Milenkovic, IOC's Coordinator for South Eastern Europe in ADECCO programme and Ms Johanna Belz, PhD Candidate in the topic from the University of Koln have presented best practices and developments in the field. From the #dualcareer perspective where “Athletes need talent but talent alone is not enough - they also need coaches” experts have led us to towards the possibilities and good practice examples.





**Nevena Vukasinovic**

YOUNG DELEGATE:

**Ann Christin Stoehr**

OLYMPIA • GREECE / 15<sup>TH</sup> - 30<sup>TH</sup> JUNE, 2014

## International Olympic Academy: 54th Young Participants Session

It is already a tradition that ENGSO Youth is having people in the Ancient Olympia during the summer, as many times before, both as a delegates and as coordinators. This time, we had a chance to meet also IOC President and to mention committed work of our ENGSO members and the team. Young Participants' session in the Olympic Academy traditionally gathered best young candidates from all around the world, nominated by sport organisations and Olympic committees. It is a prestigious educational occasion where youth leaders together with young Olympians are learning about values through sport, peacebuilding, social inclusion and diversity, education through sport where prominent professors from diverse global universities are encouraging active youth participation. The Session consists of different lectures related to the special topic and working groups in which various topic are discussed and conclusions are made.



**Paolo Emilio Adami**

ROTTERDAM • THE NETHERLANDS / 27<sup>TH</sup>-28<sup>TH</sup> JULY 2014

## European University Games EUSA 2014



During the European University Games EUSA, ENGSO Youth close partner, has organised a series of seminar regarding youth and sport. One of the seminar, dealing with youth employment, was the occasion to present the project Sport Employs Yourope. Aim of the project was to promote the youth-employment in and through the sport sector and highlights the transferable skills that sport can develop. Considering the population attending the Games, this event represented the perfect environment to present such project, therefore directly addressing the project target group. Attending this event represented the occasion to further strengthen the partnership with EUSA and also establish other potential partnerships.



**Paolo Emilio Adami**

ZURICH • SWITZERLAND / 27<sup>TH</sup>-29<sup>TH</sup> AUGUST 2014

## 10th Annual Meeting and 5th Conference of HEPA Europe

ENGSO Youth attended for the 6th time the Annual Meeting and the Conference of HEPA (Health Enhancing Physical Activity) Europe. Taking part, in particular, to the activities of the Working Group on Children and Adolescents Health, which focuses on the promotion of health through physical activity and granting equal opportunities for healthy lifestyle to young people. Key note speakers included: Jacques Cornuz, Policlinique Medicale Universitaire Lausanne, Switzerland; Thierry Troosters, KU Leuven, Belgium; Ruth Loos, Mount Sinai Hospital, New York, USA; Pedro Hallal, Federal University of Pelotas, Brazil; Nanette Mutrie, University of Edinburgh, Scotland. Among the participants were representatives from the academic world, governments and NGO active in the field of Physical Activity promotion. This Conference represents a key event in ENGSO Youth's yearly planning as allows our organisation to take active part in the policy making process towards the promotion of healthy lifestyles with a strong scientific evidence based approach.



**Jan Holze**

YOUNG DELEGATE:

**Ann-Christin Stöhr**

NANJING • CHINA / AUGUST 2014

## 2nd Youth Olympic Games

In August 2014 Jan Holze, ENGSO Youth Chair, and Ann-Christin Stöhr, ENGSO Youth Delegate travelled to 2nd Youth Olympic Games as part of the German Sport Youth Academy Camp to Nanjing, China. Jan Holze accompanied a group of 39 highly motivated students from 18-26 years old as one of the team leaders. Although the group was a mixture of athletes, volunteers in national federation a sports clubs or sport students, the all had one in common the endless enthusiasm in participation in sports. To give such young people an opportunity to develop their communication and leadership skills as well as getting hands on experience of an Olympic event the group spend 12 days in Nanjing. Besides supporting the German delegation at the venues, a packed schedule with interesting seminars, workshops, group discussions and excursion was offered. Having the chance to talk to Willi Lemke about his experiences as young person and his function in world of sports, visiting the Youth Olympic Village, being part of cultural exchange programme with young Chinese students who learn German were memorable experience, just to mention a few highlights. Being part of such a great programme fostered everyone's motivation to be active in sports and as a volunteer on a national and international level.



## Sara Massini › Miikka Neuvonen

YOUNG DELEGATE:

ZÜRICH • SWITZERLAND / 15<sup>TH</sup> - 20<sup>TH</sup> AUGUST 2014

**Xicu Colomar**



### European Athletics and UNESCO Young Leader's Forum

The European Athletics and UNESCO organize the Young Leaders Forum every two years when the European Championships in athletics are held. On February 2014, during the info day on ERASMUS+ organised by the European Commission, ENGSO Youth and European Athletics confirmed an interest for cooperation. The mutual aim is to empower the youth participants of the European Athletics and UNESCO Young Leader's Forum. Following previous years of cooperation and support from ENGSO Youth, this year invitation to hold presentation and a workshop has been sent to Ms. Sara Massini (Project Analyst in ENGSO Youth). Furthermore ENGSO Youth committee member Mr. Miikka Neuvonen has been active as a group leader for the second consecutive time, supported by Young delegate Mr Xicu Colomar. The forum was held in August 2014 in Zurich and proved to be great success. It helped to understand how important it is to support and empower youth in sport sector in order to strengthen their commitment and give them space to lead and aggregate new young people into doing and influencing the world of sport. ENGSO Youth on a daily basis contributes in giving the youth a real say sport and physical activity related matters. For this reason we are planning to continue our co-operation with EA and the Young Leader's Forum. There are many burning questions that the actors of the sports worlds have to find solutions. Whether it's substance abuse, youth employment, dual careers or for example the changing perception of volunteering, it needs to be tackled fast and by working together. Young people hold many prestigious qualities, but we need to give them a chance to show us what they are made of. Sport needs their enthusiasm, energy, creativity and commitment. For these reasons ENGSO Youth will work closely with European Athletics in order to support the young people of the Young Leader's Forum to become a strong voice in sport matters.





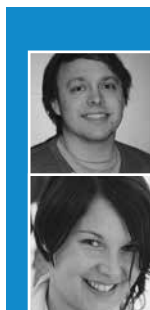


**Sara Massini**

BRUSSELS • BELGIUM / 17<sup>TH</sup> SEPTEMBER 2014

## Special Olympics European Youth Activation Summit 2014

ENGSO Youth and European Youth Forum were together at Special Olympics European Youth Activation Summit 2014. It's been a gathering for future - discussions, plans and recommendations for inclusion through sport. The on-going cooperation with Special Olympics, established in Brussels, will continue also in the coming years. The aim through the cooperation is to enable young people with disabilities and young people without disabilities to work together in using non-formal education and nurturing a culture of "participation for all", breaking down barriers in order for young people with disabilities to be able to participate in European life without restrictions, addressing any forms of discrimination and raising awareness about these in the youth sector and actively building capacities in young people to challenge the restrictions faced by young people with disabilities.



**Miikka Neuvonen > Sara Massini**

DUBLIN • IRELAND, UK / 23<sup>RD</sup> SEPTEMBER 2014

## UNESCO Symposium on Youth Civic Engagement and Leadership Development through Sport and Recreation at Croke Park

The European Youth Forum, through its current chair Ms. Johanna Nyman from Finland, contacted ENGSO Youth early autumn in 2014 asking whether we would be interested in working with and taking part in a symposium organized by UNESCO Chairs.

As it turned out, we had previously been in contact and co-worked in some projects with other UNESCO units, but not with this particular one. Being always keen to touch base with new potential partners and key stakeholders especially in sports, both project analyst Ms. Sara Massini from Italy and board member Mr. Miikka Neuvonen from Finland went to the event.

The event took part in Dublin and a vast majority of the participants were either Irish or from the UK. Many of the key note speakers on the other hand were of American origin. The Symposium had an impressive scale of various perspectives introduced through separate speakers and included a lot of showcasing results of different researches.

ENGSO Youth provided their own background and explained the expertise and competencies we have gained in the past. ENGSO Youth also wishes to further implement and nourish the positive start to the partnership with UNESCO and all of its units.



**Sara Massini › Paolo Emilio Adami › Nevena Vukasinovic**

ROME • ITALY / 1<sup>ST</sup> - 5<sup>TH</sup> OCTOBER 2014



### Seminar: "Sport Employs YOUrope"

It is never easy to initiate a change. ENGSO Youth is acknowledging galaxy of European partners who have recognised importance of the topic of youth unemployment and powerful role that sport could have. Exploring European Galaxies of partnership to enhance Youth Employment and Entrepreneurship in Sport after researching the topic and trying to understand the problem has transferred the knowledge and opened a discussion among the youth of Europe. We have organised a seminar "Sport Employs YOUrope" with an aim to recognise non formal education in sport to fight youth unemployment" in Rome/ Italy, 1st to 5th of October 2014, in order to identify the critical issues for young people in transition from education to labour market and find common solution to support young people in facilitating this transition. At the end of the seminar the participants created the basis for the implementation of a Toolkit to support young people, with particular focus on NEET (not in employment, in education nor in training), to empower their ability of recognising their skills gained through sport or support their first steps in order to create their entrepreneurial project in sport sector. Beside the ENGSO Youth, Italy gathered representatives from the European partners: EUSA - European University Sport Association, ISCA - International Sport and Culture Association, NOC of Serbia - National Olympic Committee of Serbia, Career Centre Inventive ,AICEM - Associazione Italiana Cooperazione Europa Mondo, EOSE - European Observatory of Sport and Employment , ANESTAP - Association nationale des étudiants en STAPS, JCE - Consejo de la Juventud de Espana





**Miikka Neuvonen**

YOUNG DELEGATE:

**Xicu Colomar**

SERRES • GREECE / 4<sup>TH</sup> - 10<sup>TH</sup> OCTOBER 2014

Seminar on Youth Health:  
Watch, learn and share!



ENGSO Youth had the privilege to join a youth seminar in Serres, Greece 4.-10.10.2014. We were approached by a Belgian organization JOETZ wishing us to join the seminar as they wanted some sport specialists to bring a versatile perspective. ENGSO Youth Young delegate Xicu Colomar from Spain and board member Miikka Neuvonen from Finland enthusiastically took part in the project that proved to be well-worth of the time and effort.

As we arrived to the beautiful conference venue we were greeted by a very heart-warming, open and versatile (both nationality and age wise) group, 21 participants from 11 countries in total. Quite interestingly the seminar did not have "sport focus" but rather a very holistic, educational approach as many participants were youth exchange coordinators.

Often these sort of events can repeat themselves, but this time we were able to create a very unique, broad approach to each topic in hand varying from humour education to sexual prevention. The ENGSO Youth workshop was on sports and active lifestyle showcasing some of the previous projects we have been involved in.





## YOUNG DELEGATES:

**Sanja Pancic,  
Mariann Bardocz-Bencsik**

ROME • ITALY / 12<sup>TH</sup> - 14<sup>TH</sup> NOVEMBER 2014

**Young Leader's Forum  
organized by European Athletics and UNESCO**

From 12-14 November the European Youth Forum (YFJ) and the National Youth Council of Italy (FNG) organised a conference on youth employment in Rome as one of the institutional programs of the Italian Presidency of the Council of the European Union. The event was entitled „Youth Employment Event - One Year After - Building a Sustainable Future”. The title refers to that it was a follow-up to the one held in Paris in 2013, where Francesca Kelly (GBR) and Miikka Neuvonen (FIN) took part on behalf of ENGSO Youth.

The main purpose of the event was to highlight key priorities that should be undertaken by the EC, European Parliament and EU member states in order to address the issue of youth unemployment. In total 39 national youth councils and other NGO's were present at the event, including ENGSO Youth as the only sport-focused organisation. It was certain that the voice of youth is going to be heard. Mariann Bardocz-Bencsik (HUN) and Sanja Pancic (SRB), two young delegates participated in the event, representing the youth of the European sport sector. More information about the event can be found on the website, Facebook-page and twitter #YouthinCrisis, @Youth\_Forum, @ForumNGiovani, @IT2014EU.

**Liis Kaibald**

ENGSO YOUTH DELEGATE:

BUCHAREST • ROMANIA / 26<sup>TH</sup> - 28<sup>TH</sup> NOVEMBER 2014

**Marko Begovic**

**Eurochild 11th Annual Conference**



The Council of Europe (Coe) program “Building a Europe for and with children” has tackled problem regarding violence against children (especially in family and school environment). However, European Convention on Human Rights does not contain a specific provision on children, but it has recognized children's rights. Through particular implementation of the above mentioned convention, children and youth population are facing social, economic and cultural obstacles within poverty, exclusion and discrimination. Fluidity of sport is not recognized fully yet and in that respect, more awareness approach to the various decision-makers needs to be implemented. In support of the preceding, in the informal part of the Eurochild conference representative from the Eurochild, Jana Hainsworth, supported this idea. In that respect, a Pan-EU event (conference) should be organized in partnership with the Eurochild and in support from the Council of Europe and/or the European Commission, in order to once more fully acknowledged potential of sports in order to fulfil children's rights, especially acknowledging following:

- accessibility and availability for kids and youth population,
- healthy and safe environment and
- strongly fights against all kinds of discrimination. ENGSO Youth has been represented by the Young delegate from Montenegro, Mr Marko Begovic.



**Nevena Vukasinovic**

MILAN • ITALY / 1<sup>ST</sup> - 2<sup>ND</sup> DECEMBER 2014

## EU Sport Forum

Welcomed by the new Commissioner for Education, Culture, Youth and Sport Mr Tibor Navracsics, The annual EU Sport Forum, organised by the Italian Presidency and the European Commission gathered around 300 stakeholders from the sport organisations and institution in Europe. ENGSO had its deserved place at the event, not only as a guest, but also as an active contributor. ENGSO Sports Policy Director Heidi Pekkola moderated one of the parallel sessions that dealt with the results of the Preparatory Actions in the Field of Sport 2012. In this parallel session six projects financed under the topic "trans-frontier joint grassroots sport competitions in neighbouring regions and Member States" were presented. EU Sport Forum was the first occasion for the new Commissioner Navracsics to meet the sport movement and set up his priorities for sport at EU level for the next five years. As a first priority he outlined the promotion of grassroots sport, followed by two other priorities: tackling threats to sport such as match-fixing, violence and doping; and the contribution of sport to growth, innovation and job creation. ENGSO was among first organisations to signed special agreement on partnership with European Commission in promotion of European Week of Sport, which was the moment when ENGSO Youth has been recognised as a leader to gather youth in sport around European Week of Sport.



**Nevena Vukasinovic**

RIGA • LATVIA / 16<sup>TH</sup> FEBRUARY 2015

## International conference "Sport and Physical Activity for Development of the Human Capital"

What is the role of grassroots sport in reducing inequality, promoting social integration and fostering skills for employability? Mr Yves Le Lostecque, the Head of the Sport Unit at the European Commission has mentioned possibilities offered by the Erasmus+ programme while EU sport leaders and representatives from sports organisations from more than 29 European countries have offered their views during the international conference "Sport and Physical Activity for Development of the Human Capital" organised in Riga on February 16th, under the Latvian presidency of the Council of EU. ENGSO and ENGSO Youth were presented by Mrs Birgitta Kervinen, ENGSO's President and Ms Nevena Vukasinovic, ENGSO's Youth Secretary General. European Week of Sport, which will be organised in September 2015, has been often



on the table throughout the plenary discussions. On the same occasion, three thematic workshops were held at the conference “Sport and Social Environment”, “Sport for the Quality of Life”, “Education and Learning through Sport”. ENGSO Youth has been invited as a speaker within the Workshop A: Sport and Social Environment. Ms Nevena Vukasinovic, ENGSO’s Youth Secretary General gave an overview on the youth in

sports developments claiming that “active youth are foundation of the active society”. EOC EU Office, EUSA, ENAS, ISCA, representatives of the EU commission and sports directors from EU member states had an opportunity to leave the conference with Mr Wolfgang Baumann’s, TAFISA Secretary General and Conference’s Plenary Moderator closing words where ENGSO’s support for youth in sports have been acknowledged as an example to follow. ENGSO Youth’s legacy of empowering youth voice in sports continues to be recognised and supported on European level.

## Sanja Pancic

BONN • GERMANY / 24<sup>TH</sup> MARCH 2015

### European expert meeting on peer learning in the youth field

Led by the JUGEND für Europa – German National Agency of the Erasmus+ YOUTH IN ACTION Programme (CJD Bonn) with support of the Nederlands Jeugd Instituut - Dutch Youth Institute (NJI), the European expert meeting in Bonn gathered prominent EU experts from EU Commission, European Youth Forum, Eurochild, different NAs and Universities to deliberate the concept and course of peer learning, which has been increasingly discussed and implemented in different policy fields such as education, employment, social issues, etc. The focus of the meeting was to acknowledge better understanding and transparency of the peer learning in the youth field. It was highlighted that “peers” reflects comprehensive view on certain dilemmas and sufficient similarities for a common ground of interest and understanding, respecting the inequality of social background, responsibility, role, expertise and power. Transnational peer learning has been seen as instrument for enhancing the EU intergovernmental cooperation in the youth field and framework of the EU Youth Strategy. It is an opportunity for different stakeholders, states, organizations, policy makers, and practitioners to exchange experiences, practices and cooperate in order to generate input and international perspective toward further development of the (multi) national structures. Stressing the variety of perspectives, it is necessary to include a young person as an expert or professional in the peer learning process, in order to make sure that the concrete issues on the youth policy agenda has been addressed, directing relevant recommendations for wider EU policy change and development.

## Jan Holze › Nevena Vukasinovic

ZAGREB • CROATIA / 27<sup>TH</sup> - 30<sup>TH</sup> MARCH 2015



## EUSA Conference 2015

The EUSA Conference 2015, organised by the European University Sports Association (EUSA), in cooperation with the Croatian Academic Sports Federation (CASF), Organisers of the European Universities Games Zagreb-Rijeka 2016 and partners has been opened on Friday, March 27, 2015 in Zagreb, Croatia. Over 180 participants, coming from 34 countries from all over Europe, also with guests from overseas, took part in the Conference. The President of the European University Sports Association Mr Adam Roczek introduced the basic aims of EUSA and its sports events through the cooperation strategies and plans. ENGSO Youth, as invited collaborative partner, was presented in Opportunities for Students towards Increasing Employability workshop, giving overview of "Sport Employs YOUrope" initiative delivered throughout the year together with EUSA. Mr Jan Holze, ENGSO Youth President and Ms Nevena Vukasinovic, ENGSO Youth Secretary General had a pleasure to meet the questions of the interested audience, in the same time learning more about several successful projects and initiatives which are offering opportunities for students in non-competition context, from volunteering, employment, professional training and development. The session was moderated by Mr Bruno Barracosa, Chair of the EUSA Student Commission while the Conference itself has been a perfect playground for meeting representatives of EUSA Student Commission and establishing cooperation.



## Sara Massini › Nevena Vukasinovic

MADRID • SPAIN / 30<sup>TH</sup> - 1<sup>ST</sup> APRIL 2015



### Evaluation meeting of the Sport Employs YOurope project

The final evaluation and partners' meeting of Sport Employs YOurope - Exploring European galaxies of partnership to enhance youth employment and entrepreneurship in sport, was held between March 29 and 31, 2015 in Madrid, Spain. European wide initiative promotes youth-employment in and through the sport sector and highlights the transferable skills that sport can develop. The project covered several actions to raise awareness on opportunities of employment for young people across Europe, including dissemination and analysis of the questionnaire on skills acquired in sport. Supported by the European Union, the project was lead by ENGSO Youth, in partnership with the European University Sports Association (EUSA), International Sport and Culture Association (ISCA), National Olympic Committee of Serbia (NOC Serbia), Career Centre Inventive, Italian Association for Cooperation Europe-World (AICEM), and associated partners European Observatory of Sport and Employment (EOSE), French Students Association of Sports Sciences and Physical Education (ANESTAPS), National Spanish Youth Council (JCE) and local partners. The project was realised with the support of the Youth in Action Programme of the European Union, and within EUSA, the project was also supported by the International University Sport Federation (FISU). Thank you partners for your trust and initiatives, we will grow with the #sportemploysyouth topic together also in the future.





# Part 2

## Other Projects and Activities



## YOUNG DELEGATES:

**Maria Acs, Sanja Pancic,  
Ann-Christin Stöhr**

EX ENGSO YOUTH BOARD MEMBER:

**Karine Teow**

BERLIN • GERMANY / 27<sup>TH</sup> - 4<sup>TH</sup> MAY 2014

## ENGSO Youth is supporting Education Through Sport Community

As a partner in an education through sport initiative, ENGSO Youth sent 3 young delegates to Berlin in May 2014 to take part in the “Let’s build an ETS community” seminar.

Fitting into a larger agenda to create an ETS community, the idea behind the event is simple: to promote, spread and develop Education through Sport using physical activity as a tool for education and lifelong skills. Based on Non-Formal Education, the seminar was organised in two parts: the first half looked at ensuring a learner centred approach by creating a safe environment for each participant, and how they use education through sport, they experienced ETS activities and reviewed the <http://www.edusport.info/> handbook. The second part consisted in building the future, not only of the handbook but of the community (combining participants and initiatives already taking place Training of Trainers, Yes we run). Working groups were formed and participants left with a vision of a present and future to create together. ENGSO Youth salutes this great initiative and will continue to encourage and support its developments. Stay up to date via social networks: Facebook ETS - move & learn Twitter @ETSMOVEANDLEARN



### Jan Holze

YOUNG DELEGATES:

**Ilona Berry, Gerda Katschinka**

VIENNA • AUSTRIA / 26<sup>TH</sup> - 27<sup>TH</sup> FEBRUARY 2015



## Sport respects your rights

The final conference of Sport respects your rights successfully took place in the official representation of the EU in Vienna, 26. and 27. February 2015

For nearly two years, the Sport respects your rights project network developed capacity amongst young Europeans at grass roots level to reflect, act and protect themselves against sexualised violence and gender harassment through creating peer-to-peer, youth-led campaigns. During this time, these young people became active agents of social change in their settings and contributed to shaping a protective and participatory sports environment in six countries. Simultaneously, the partnering organisations in the project initiated national multi-disciplinary networks involving diverse and relevant stakeholders from society to build supportive structures for the sporting sector in the future.

Sport respects your rights was implemented by ten European sport- and socio-cultural organisations and Universities with a wide geographic scope and with varying structural, national and organisational set-ups. ENGSO Youth was one of the partners in this project.





The aim of the project network was to develop the European dialogue in regards to the prevention of sexual and gender harassment and abuse in sports and to spread good practice and experiences by empowering multipliers – young sportswomen and -men in the organized sport setting. Sport respects your rights was a transnational project, developed to fight abuse and gender-based violence in the youth sport sector. The project ran for 24 months. It was funded in the priority area Empowerment work at grassroots level as the only sports project in the Daphne III Programme 2011/2012 of the European Union. It built on the network and exchange of good practice initiated

through the EU project Better, Safer, Stronger – Prevention of sexual and gender harassment and abuse in sports; ENGSO Youth was partner of that project, too.

Sport respects your rights came to a successful conclusion at the final European conference, taking place on 26th and 27th February 2015 in the official representation of the EU in Vienna, Austria. The event brought together over 120 participants from 16 countries, including members of sport organisations, European policy-makers and stakeholders, as well as national policy makers and scientists.

The Austrian Ministry of Families and Youth took patronage over the event and speakers included participants from the European Parliament, the European Commission, the Council of Europe, international scientists and experts, representatives from national sports bodies and grass root sports organisations.

3) ENGSO Youth at ExCom meetings



**Sara Massini**

AMSTERDAM • THE NETHERLANDS / 27<sup>TH</sup>-28<sup>TH</sup> MARCH 2015

### Kick off meeting: SEDY Project partnership "Sports Enabling Disabled Youth"



On February 2014, after the info day on ERASMUS+, ENGSO Youth was invited to take part at the meeting organised by the EOC in Brussels in order to create common project to present at the first call of the Erasmus+ Sport. The Amsterdam University of Applied Science proposed us to present a 3 years project as a partner the project "Sports Enabling Disabled Youth" with the aim at contributing to overall goal to structurally raise physical activity of disabled children and young people by increasing their participation in adapted physical activities (APA). The project, which involve 7 countries Netherland, UK, Finland, France, Italy, Lithuania and Portugal, was approved within the programme and the last 27-28 of March 2015 we kicked off our SEDY project in Amsterdam. ENGSO Youth would be in charge of dissemination and to implement the activity of research and exchange of best practices in Italy. In September we will be in Lithuania for the next

meeting to start the research on the current situation regarding the offer and the demand and to start creating a tool to measure this kind of activities and develop a model to empower the competences of the youth worker in order to adapt physical activities to different needs of young people with different disabilities.



## ENGSO Youth Committee

APRIL 2013 - MARCH 2015

### Sport Employs YOUrope project - Exploring European Galaxies of partnership to enhance Youth Employment and Entrepreneurship in Sport

ENGSO Youth initiated creation of a strong pool of stakeholders made by sport- and socio-cultural organizations in order to tackle the unemployment of young people in Europe. After we won the grant of Youth in Action programme of the European Union, we started the project Sport Employs YOUrope - Exploring European Galaxies of partnership to enhance Youth Employment and Entrepreneurship in Sport, to offer innovative solutions and possibilities development through/by sport. We developed an European wide initiatives that promote youth-employment in and through the sport sector and highlights the transferable skills that sport can develop.

The project foreseen several actions to raise awareness on opportunities of employment for young people across Europe:

- We realised a Research/Questionnaire campaign in order to check the knowledge and understanding of the employment opportunity offered by sport sector within young people and to raise awareness at the same time;
- We organised a seminar "Sport Employs YOUrope" - Recognize non formal education in sport to fight youth unemployment" in Rome/Italy, 1st to 5th of October 2014, in order to identify the critical issues for young people in transition from education to labour market and find common solution to support young people in facilitating this transition. At the end of the seminar the participants created the basis for the implementation of a Toolkit to support young people, with particular focus on NEET (not in employment, in education nor in training), to empower their ability of recognising their skills gained through sport or support their first steps in order to create their entrepreneurial project in sport sector.
- Thanks the implementation of the toolkit, we realised different National youth-led campaigns in Italy, Romania, UK, Spain, Slovenia, France and Serbia in order to promote the results of the project, spread the toolkit and aggregate new partners and stakeholder to our network.



Through European cooperation in youth field and sport, SEY project managed to stimulate capacity building, entrepreneurial thinking and employability for young people in and through sport.

SEY network is continuing growing and the partners advocate to include new stakeholders and networks, even though the main partners of the project are:

ENGSO Youth – Youth of European Non-Governmental Youth Organization,

EUSA – European University Sport Association,

ISCA – International Sport and Culture Association,

NOC of Serbia – National Olympic Committee of Serbia ,

Career Centre Inventive ,

AICEM – Associazione Italiana Cooperazione Europa Mondo

EOSE – European Observatory of Sport and Employment ,

ANESTAP – Association nationale des étudiants en STAPS ,

JCE – Consejo de la Juventud de Espana



**Natasa Jankovic**

### Partnership with TAFISA: "Recall: Games of the Past – Sports for Today"

ENGSO Youth has been one of the thirteen partners on the project "Recall: Games of the Past – Sports for Today" led by TAFISA and co-funded by the European Commission. The mission of the project is to reintroduce Traditional Sports and Games (TSG) into the daily life of young Europeans as a means to tackle social challenges of today, by documenting, disseminating European TSG heritage and providing practical and educational tools. The project started on the 1st of January 2014. Five meetings were organised in German Sport University Cologne, Finnish Baseball Academy in Helsinki, Gerlev Sports Academy, IT Tralee and Portuguese Confederation of the Collectivities of Culture, Recreation and Sport in Lisbon in order to establish clear definition of European TSG and develop practical tools to empower key target groups to facilitate the reintroduction of TSG into the daily life of young Europeans. The tools which include website, mobile app and book will be presented on the final conference at the European Parliament in Brussels on 30th of June 2015.

ENGSO Youth contributed with the collection and promotion of the traditional games, as well as with introducing new platforms for work. During International TSG Conference in Lisbon on 22nd March 2015 ENGSO Youth committee member Natasa Jankovic gave the presentation on the topic "Traditional Sports and Games and Youth". After the final conference the main task for ENGSO members will be dissemination and promotion of the project results, especially among youth.





**Miikka Neuvonen › Paolo Emilio Adami › Danej Navrboc**

YOUNG DELEGATES:

**Ilona Berry, Romain Fermon**

### Partnership with ICES: "Safeguarding Youth Sports"

ENGSO Youth is proudly partnering initiative coordinated by ICES – International Centre Ethics in Sport- platform in the domain of ethics in sport and physical education: "Safeguarding Youth Sport". Sport and physical education are suitable domains to work with values and norms, and to raise ethical awareness. To prevent integrity threats of young athletes, the individual empowerment needs to be stimulated in combination with a conducive ethical climate. Empowerment gives the athlete the means to indicate his/her own limits. A conducive ethical climate shapes a setting where an individual feels no resistance to express his/herself and where his/her physical and moral considerations are taken into account. The combination of these two aspects will contribute to the improvement of training and competition conditions. Beside promotion and communication the project and the outcomes, ENGSO's Youth role was also to



make recommendations and propositions in the 3 following areas: - For the prevention of the potential risks with coaches and staff

- For the proposition of plan, strategies and actions for to support and help the young elite athletes

- For the reflection, the creation and the implementation of new policies in the field of the protection of young elite athletes On the top of the recommendations which has been proposed in the two first area, ENGSO Youth has underlined the following thing regarding the « policies »: "The national and European youth and sport actors have to be obligatory involved during the creation of politic declarations and the setting up of strategies but also for the monitoring of those one when they are in direct relation with the safeguarding of youth in sport 's thematic". Indeed, it's absolutely essential that "young people" can raise their voice, lead and facilitate debates but also propose ideas and solutions with other sport organisations in an area, which concern their peers.

Closing conference will take place in Brussels the 13/05/2015.



## ENGSO Youth Committee



### ENGSO's SCORE project kicks off

The SCORE project aims to promote equal opportunities in sport coaching & focuses on increasing the number of employed and volunteer female coaches at all levels of sport, as well as enhancing knowledge on gender equality in coach education.

The project is targeted at sports and coaching organisations at all levels, more specifically coaches, trainers, former athletes, volunteers and decision-makers in the field of coaching.

During the course of the project, an "awareness pack" will be developed with different tools targeted both to sports organisations and coaches to increase gender equality in coaching.

Another main element of the project is the development of a mentoring programme, educating future mentors for potential coaches in the countries of the partner organisations. ENGSO Youth is happy to support and follow the project and activities, gladly meeting other youth leaders in sport, as part of the SCORE growing family.



## Jan Holze



### ENGSO and ENGSO Youth: Representation in the ENGSO ExCom Meetings

In order for youth to succeed in this mission, we need partners. Paramount for this is ENGSO and especially the ExCom, who has backed us in absolutely every situation and has been a guarantor for the success we have to show over the past years. ENGSO ExCom statutory meetings take place 5 times per year. ENGSO Youths chairman represents the youth's views in the Committee and reports from the developments in the youth sector and future projects in the youth sports field, he is the expert on youth issues in the Committee. The aim is to develop concerted action between the youth sector and ENGSO and we are acknowledging ENGSO's support, communication and cooperation that has grown and developed even closer.





**Paolo Emilio Adami**

Member of the European Youth Forum

ENGSO Youth is an observer member of the European Youth Forum (YFJ) and is the only youth organisation representing the views of young people in sports. Through the participation in the two annual "Committee of Members" meetings, ENGSO Youth increases its visibility among European Youth Organisations and actively contributes to the discussion regarding youth rights. Beside the statutory events, ENGSO Youth, regularly attends Working Group activities and other events organised by the European Youth Forum. In particular, during the last General Assembly in Cluj Napoca, Romania, our delegate had several moment of visibility: ENGSO Youth had a corner during the Youth Fair. ENGSO Youth is actively contributing to YFJ events, for instance organising sport activities for participants during the GA. Beside promoting our Organisation in that way we promote healthy lifestyles and sport to young people, who are in decision making position within their organisations. That GA in Cluj napoca, represent a special event for ENGSO Youth, because for the first time the YFJ acknowledge the importance of sport and decided to dedicate a special space for physical activity session into the official programme. We provided running and yoga sessions that had a great success and receiving extremely positive feedbacks. In the last CoMem, in April 2015, due to venue limitations the same activities couldn't be provided and many member organisations asked to istitutionalise these sport sessions and include them always in the programme. The YFJ secretariat invited ENGSO Youth to present a proposal to regularly organise sport session during the next CoMem in November 2015 and other Statutory Meetings. We are currently working on a proposal for the creation of a Working Group to draft a "Policy Paper on Sport" by the YFJ.



**Sara Massini**

Member of the ENGSO EU Working Group

ENGSO Youth was represented by Sara Massini in the ENGSO EU working group, delegated to follow 3-4 times a year meetings where ENGSO's activities related to EU Policy are under discussion. The working group is an important platform for facilitating cooperation and exchange of information between ENGSO and ENGSO Youth, for bringing the views of young people to the attention of ENGSO and for including them in ENGSO's activities and statements.



**Nevena Vukasinovic**

Member of the ENGSO Marketing and Communication Working Group

Aiming to lead the strategic and innovative representation of voluntary sports organizations in Europe, as well as to make strategic, qualitative and proactive internal, external and cross sectorial communication, ENGSO CM Working Group has developed working environment both through online and offline meetings throughout the year behind. Beside the discussions on strengthening existing tools, networks and activities; mapping institutions, key players and events; redefining the presence in new (social) media, WG has prioritized two milestones. Maintaining and improving the active contacts with member organisations AND shaping and developing cooperation proposal with an aim to enlarge the network: attracting new members and sponsors. CM working group will continue consulting its members, youth and experts in communication and marketing, aiming to maintain a sustainable exchange and cross-communicator, to better position the network and to give an additional visibility to ENGSO's mission and activities.



**Jan Holze**

The ENGSO Youth Volunteer Award 2013

ENGSO Youth published a call for candidates who must prove an outstanding engagement as a volunteer working within the youth sport sector. The candidates had to be nominated by national umbrella organizations to be elected as the best volunteer of the year at the ENGSO Youth Forum 2013. The winner of the 2013 award was Nevena Vukasinovic



from the Serbian Youth Council of the National Olympic Committee of Serbia. " Volunteering is teaching us not to expect much, but to give as much as we can. I believe that people who had that much luck to volunteer within the scope of sport are always going to act as people fully aware of the youth issues. World and countries full of people like this would be my long lasting dream. Using sport as a tool and delivering it to the people via volunteering movement, commonly creating a joint platform of volunteering in sport, represents something that could easily unite us globally and make the world better place, a place worth living." Nevena Vukasinovic has addressed the audience at the awarding ceremony. The next ENGSO Youth Volunteer Award will be awarded in 2015.



## Nevena Vukasinovic > Sara Massini



YOUNG DELEGATE:

**Romain Fermon**

Discovering cooperation with youth:  
From European to national level

Through the different projects led by the ENGSO Youth, many groups of young people involved in sport sector in Europe had the opportunity to meet, exchange and volunteer together. Some of them created new friendly and professional relations, which engendered partnerships for different European youth and sport project for the next year. Moreover those projects allow a significant number of our young delegates to develop their professional and social skills through the role of young leader they had during ENGSO Youth projects.



Activities that ENGSO Youth organised throughout the past two years have developed and strengthened the cooperation and the relations with several national youth-sport and student-sport organisations where some of our young delegates were also involved. Through the position and the effort made by our delegates in their national or local communities, ENGSO Youth had the opportunity to explain and show concretely its role to the large scale of young people in Europe. One of the main proofs of the positive impact of this strategy can be observed throughout the fruitful cooperation between ENGSO Youth and ANESTAPS (National Association of Students in University of Sport of France), ENGSO Youth and CJE (Cje Consejo Juventud España) and the Students' Council of EUSA (European University Sports Association). Indeed ENGSO Youth can be proud now that the collaboration between one of the main representatives of the youth involved in sport and youth sectors of France, Spain and EUSA network has a promising start.

Further on to this new strong cooperation, we concluded that in order to improve the knowledge of ENGSO Youth regarding the needs of youth in Europe and to continue to raise their voice in front of the European institutions, strengthened our collaboration with national and local partners is crucial, as well as undertaking actions with and through them to have a wider impact and to be always more recognized in Europe and in each members' countries.



# Part 3

## The Organisation



### ENGSO Youth Committee 2013-2015

The ENGSO Youth General Assembly 2013 gathered 30 young sport leaders from member countries in Belgrade, Serbia. Working jointly on common vision of the ENGSO Youth future goals, the Assembly discussed nowadays most important topics in the world of sport. Combined with the GA formal settings and presentation of the volunteer award, main agenda was adoption of the ENGSO Youth Action Plan and election of the new Youth Committee. Good practices from the previous mandate have been shared among new committee members. With their engagement and desire to contribute, Youth Committee is going to influence successful ENGSO Youth 2013 - 2015 mandate.

Chair: Jan Holze (Germany); Paolo Emilio Adami (Italy); Members: Julien Buhajezuk (France), Natasa Jankovic (Serbia), Liis Kaibald (Estonia), Francesca Kelly (UK), Miikka Neuvonen (Finland), Danej Navrboc (Slovenia), Tormod Tvare (Norway)

The ENGSO Youth Committee meets 5 times per year for statutory board meetings and has regular telephone conferences to plan and prepare its upcoming and future activities and decide on the directions that the organisation should take.



### ENGSO Youth secretariat

The ENGSO Youth Secretariat in Berlin (Secretary General, Rebekka Kemmler-Müller), Belgrade (Communication Officer, Nevena Vukasinovic) and Rome (Policy Officer, Sara Massini) supports the work of the 9 ENGSO Youth volunteer board members. Amongst other things this encompasses administrative tasks, reporting, financial administration and controlling, funding applications, organisation and facilitation of events, seminars and statutory meetings, preparation of applicable documents for the board members in their diverse functions and representations on national and European levels. After a very successful and committed decade within the ENGSO Youth, Rebekka Kemmler Mueller handed over the secretariat to Nevena Vukasinovic in December 2014. ENGSO's Youth Secretary General is now based in Belgrade, supported by ENGSO's member, NOC of Serbia.

### ENGSO Youth Young Delegates Database

ENGSO Youth has decided to establish the "ENGSO Youth Delegates" in order to give young, interested people the chance to get involved in the youth sport sector. Building on the experience of individuals in the ENGSO Member Organisations, the main aim of creating the database of young delegates is to create a space for the exchange of experience and expertise, content input and participation in the relevant areas which ENGSO Youth is active in. Objectives are: sharing of good practices, gathering expertise, research and resources within our members in youth related issues, supporting the strategy of ENGSO Youth advocacy in these areas, ensuring coordinated and coherent input and participation on behalf of ENGSO Youth in relevant occasions and events.

The profile of an "ENGSO Youth Delegate" is to: to be between 18-35 years of age; have experience in youth policy areas, such as: health, sport accessibility, human rights, social inclusion, volunteering, the fight against doping, fair play. Currently ENGSO Youth has 24 delegates and has successfully been able to find mutually beneficial situations for them as such already. During 2014 we have established annual meetings of young delegates' team (one in Berlin in February, other one in Belgrade in December), in addition to foster the work and commitment of young people and as support to the committee. We believe that making the opportunity for them to meet, exchange, discuss and plan mutual activities could strengthen the ENGSO network in general.

We are involving and delegating our young delegates in numerous seminars, educations and activities around Europe, continuing the legacy of the volunteer, empowering young people. For more information, please see: [www.youth-sport.net](http://www.youth-sport.net) and follow #engsoyouthdelegates





# Part 4

## Public Funding

Youth in Action,  
structural grant  
/ European Union



Education and Culture DG

'Youth in Action' Programme

European Youth  
Foundation Funding  
/ Council of Europe



COUNCIL OF EUROPE  
CONSEIL DE L'EUROPE

In the last two years ENGSO Youth presented different projects who have been approved giving us the occasion to enlarge the action of our advocacy work and strengthen the position and the role of our organisation in different reality inside the sport sector and even more in the youth work sector, our main target.

We presented a project inside the last call of Youth in Action 2013 with the objective to create partnership around the topic of youth employment and it was accepted. It is the first long term project we won as a leader and gave us the chance to start a process as a leader as nowadays we are the first youth organisation talking about youth employment in sport.

In the same year we presented for the first time an application for the structural grant of the European Youth Foundation (EYF). The proposal was approved and this allowed us to support our offices and staff in Berlin, Rome and Belgrade and to co-finance the activities of ENGSO Youth in the past term.

We applied also for the structural fund of the new programme ERASMUS + youth

chapter 2013, and we managed to received the grant and have the coverage for the structural funds of 2014 and cofound the grant we received by EYF.

Last but not least, we presented an application for the 3 years structural grant by ERASMUS+ youth chapter in 2014 and we managed to obtain the grant to cover staff and statutory meetings cost from 2015 to 2017.

In 2015 we are planning to apply for two projects in the deadline of October of ERASMUS+ youth chapter.



# Part 5

## Public Relations and Publications



**Rebekka Kemmler Mueller**

[New ENGSO Youth Website/Newsletter](#)

ENGSO Youth has developed a new interactive website in 2014, supported with mobile platform. In the same year we have started to use MailChimp as a platform for Newsletters' management. The ENGSO Youth website: [www.youth-sport.net](http://www.youth-sport.net) is administered by the secretariat and updated regularly. ENGSO Youth sends out regular e-newsletters and is active in social media networks such as Facebook, twitter, Instagram and linked-in.

**#BE ACTIVE**





## Sara Massini › Nevena Vukasinovic

YOUNG DELEGATE:

Carole Ponchon

### Sport Employs Online Survey and Report

#### Objective

During summer 2014, partners of the “Sport Employs YOUrope” project conducted an online survey to gather views from a sample of European citizens on the potential of sport as a tool for employability, to find out more about the perceived skills acquired in and through sport as well as the representation of the sport and active leisure sector as a place for employment.

#### Process:

A draft had been developed on a voluntary basis by EOSE for presentation and discussion at the special SEY meeting alongside ENG-SO GA in May 2014 in Nice. The Questionnaire was then adjusted on the basis of discussion and comments. Translation in Italian and German were then made to ensure a wider outreach and increase the answers rate.

The survey finally went live in July 2014 with wide dissemination via partners’ network. This was an opportunity to raise awareness about the SEY project and concretely involved the whole partnership as well as citizens across Europe.

#### Result / Output:



By the time the online survey was closed (late September) the most crucial phase started: digging in raw information and answers from the excel sheet to compile it into a detailed 21 pages Report.

Overall, the survey received a total of 241 answers from at least 52 countries (5 answers

with no country indication) and among them 34 from the European continent including 24 EU Member States, which can be seen as an obvious global interest for the topic. Project partners are aware that the response rate and collection method does not allow to claim representativeness. Neither can we say that the questions themselves have been adequately tested. Therefore, partners of the SEY project considered these findings as a “conversation breaker” and a starting point for discussion, a guide to improve the foreseen project’s campaign and to create outcomes designed to meet citizens’ needs.



Sara Massini

## ENGSO Youth Publication “YOUTH can open doors to all abilities through sport”

The toolkit of the project Sport Employs YOUrope - Exploring European Galaxies of partnership to enhance Youth Employment and Entrepreneurship in Sport was created by youth and for youth, supported by the programme Youth in Action Programme of European Union. This tool kit intends to increase the inclusion of young people, with specific focus on NEETs, in the civic life of their community aiming to give them more confidence and recognising the ability they gained or can gain through non formal education in sport field; to provide a starting point for raising awareness of the power of the skills



gained through sport and a non formal context. The tool kit intends to stimulate young people's spirit of initiative, creativity and entrepreneurship, employability, to help them to be aware of their potential and to empower their ideas in order to present it to public and private stakeholders beginning their innovative start-ups. The tool kit is not a universal instrument which fully cover all declinations of the topic addressed, there are many other manuals, studies and researches which could provide information, data and inputs covered in a deeper and more comprehensive way. This instrument is a guide to help young people and those who work with them in the beginning of the path towards finding an employment, believing it will be useful for them to recognize skills gained by NFETS. Additionally it will serve to discover how to use those skills in 'job hunting' across several area of the labour market including the sport sector or to start their own entrepreneurial idea. The toolkit is published in 6 languages: English, French, Italian, Spanish, Serbian and Slovenian.



## ENGSO Youth Committee

### ENGSO Youth statement “Sport as a Tool for Youth Employability”

ENGSO Youth welcomes European wide initiatives that promote youth-employment in the sport sector, and highlight the transferable skills that sport can develop. We are committed to supporting actions in favour of improving the opportunities of employment for young people across Europe.

#### **Recommendations:**

As a youth organisation promoting sport we must influence the whole sport sector and all actors: associations, committees, clubs and companies, to recognise the young force and their common role in helping tackle youth unemployment.

Tools available such as Youth Guarantee should, according to Member States, ensure that all young people up to age 25 receive a good quality offer of employment, continued education, apprenticeship or a traineeship within four months of leaving formal education or becoming unemployed.

#### **Recommended fields of action:**

1. Promote how sport can be used as a tool to build and transfer competencies in other working fields
2. Improve internships in sport organisations aimed at strengthening work competences of young people (Managing volunteer in sport organisations, Improve the link between organisations and volunteers, Formally recognise the skills developed through volunteering, Recognise skills, Improve skills)
3. Promote self-employment of young people in sport sector (Financial benefits and incentives for young people investing in the sport sector)

# Part 6

## Country Reports





**Paolo Emilio Adami**

ITALY

The 2013-2015 biennium represented in the Italian Sport Movement and for the Italian Member of ENGSO a crucial period of change. This is partially related to the change in the Presidency of the Italian Olympic Committee (CONI), with the actual leadership showing a more interested approach to European policies and issues. That attitude has finally led, at the end of 2014, to the definitive delegation of the Italian National Fair Play Committee (CNIFP) to all matters related to ENGSO and ENGSO Youth. With such action the CNIFP becomes the legitimate Italian representative inside ENGSO, solving a 20 year old situation. Italy has always been extremely active in the youth sport sector and during the 2013-2015 period this interest has continued, with the participation in the DAPHNE III Project "Sport Respects Your Rights". The project in partnership, with the Italian Aerobic and Fitness Federation (FIAF), was a transnational project, developed to fight abuse and gender-based violence in the youth sport sector. The project ran for 24 months. It was funded in the priority area Empowerment work at grassroots level as the only sports project in the Daphne III Programme 2011/2012 of the European Union. In Italy the project was implemented with the involvement of the sport club of the high school Convitto Nazionale Vittorio Emanuele II, and the Università degli Studi di Tor Vergata of Rome. The Italian version of the project has led to the creation of a youth campaign to raise awareness and empower young people, aged 16-22, to become powerful multipliers and active agents of social change in their settings. The commitment towards youth sport has also brought to the Italian implementation of the project "Sport Employs Yourope", in cooperation with Associazione Italiana Cooperazione Europa Mondo (AICEM). Aim of the project was to promote the youth-employment in and through the sport sector and highlights the transferable skills that sport can develop.



**Liis Kaibald**

ESTONIA

Estonian Olympic Committee, which is the umbrella organisation of sports in Estonia, established at 2013 its youth orientated project – offspring team. At 2013 there were more than 30 young athletes, who were advised and also financially supported by Estonian NOC. And at 2014 and 2015 also more than 30 young athletes have been involved and supported by the Estonian NOC. This initiative is very important for young athletes who are about to move from youth sports to adult sports as they need a lot of support to not give up at this stage in their career.

Last year, 2014, was named by Estonian Ministry of Culture as the Year of Movement and this project was carried out by Estonian NOC. The aim was to increase the amount



of people who are physically active and to raise awareness about movement and sports among all age groups in Estonia. Thus, different events and introduction to variety of sports were done. According to the study at the end of the last year, 3% of Estonians are regularly physically more active than before.

Additionally, Estonian Olympic Academy has continued to organise its Young Participants Sessions to provide a platform for Estonian youth to discuss about sports and values, and to encourage active citizenship and volunteering among Estonian youth. At 2013 Young Participants Session (YPS) focused on disabled youth and their sporting opportunities. Next Estonian YPS is planned to take place summer 2015. Besides, there have been two other projects under Estonian NOA and led by youth: a board game "Me. You. Us", and web-based broadcasts.



**Miikka Neuvonen**

FINLAND

The Finnish sports movement went through a lot of changes during the past few years. What not so long ago was four separate sport umbrella organizations, now stands in two; The Finnish Olympic Committee and Valo (The Finnish Sports Confederation).

The powerhouse of the Finnish sport on top of those already mentioned is the Ministry of Education and Culture, being in charge of the money distribution that almost completely comes from the Finnish lottery. Also the Council of Physical activity (Valtion liikuntaneuvosto) has taken a more active role in recent years.

For the Finnish Youth Committee of Sports the changes meant first cuts in the actions of the organization, and then in March 2015 Valo decided to let go of the whole organization. The future as of now stays unclear.



**Julien Buhajezuk**

FRANCE

Throughout the year, the French Olympic Movement has been structured around two main objectives which have been targeted by various internal organisations.

\* Objective Olympic Games: After the creation of French Council of International Sport (CFSI), France has worked towards an Olympic Bid via the development of analysis and feasibility studies. This has lead to the acceptance by the city of Paris to vote the proposal to candidate for the 2024 Olympic Games. This bid will be oriented towards Youth and will be managed by the athletes for the athletes.

\* Objective sports for all: Thanks to the activity of a certain number of organisations and individuals, a number of projects have been put into place in the field of sports

for all and education through sports. ANESTAPS the association of physical education student developed projects on diversity and respect in sport while EOSE has been one of the closest partner of ENGSO Youth in the field of sport and employment.

At the crossroads of those two objectives, the French National Olympic Academy (ANOF) has continued to develop its role in the field of spreading the Olympic Education towards youth through youth Olympic camps as well as the management of the French delegations for the International Olympic Academy. This way, the ANOF has contributed to the development of some young personalities in the world of French sport and will promote such values in the future again.

The future challenges stand in the involvement of youth in the Paris 2024 Olympic Bid and in the consolidation of the undertaken actions.



**Jan Holze**

GERMANY

German Sports Youth (dsj) within DOSB e.V. dealt with a big variety of youth sport topics in the years 2013-2015. Only three thematic working fields will be shortly mentioned here: 1) child protection in the sport sector, 2) Sport: Alliances! Movement – Education – Equal participation and 3) promotion of volunteering and active citizenship for inclusion and integration in sports. Find a complete overview of activities on [www.dsj.de](http://www.dsj.de).



### **Child protection in the sport sector**

A child protection act entered into force in 2012 and foresees important regulations to prevent sexual violence against children. It affects all sectors working with young people. Bureaucratic hurdles for implementation currently still create challenges for associations and federations and an evaluation process of the new regulations is in course. The sport federations work at the same on concepts for prevention and plead for a culture of attention and awareness. With the aim to develop own practice, German Sports Youth is looking for international exchange and partnered the EU-project Sport respects your rights of Sport union Österreich. Aim of this two years project was to fight abuse and gender-based violence in the youth sport sector. Young people became the active multiplying agents and developed their own awareness raising campaigns. It built on the network and exchange of good practice initiated through the EU project Better, Safer, Stronger – Prevention of sexual and gender harassment and abuse in sports in 2012-2013 (Project lead: German Sports Youth).

### **Sport: Alliances! Movement – Education – Equal participation**

To ensure that disadvantaged children and young people are well equipped for their educational careers, the Federal Ministry of Education and Research (BMBF) supports out-of-school "Education Alliances" across Germany since 2013. Being actively involved in groups and associations, summer camps, or exchanges with voluntary mentors enables children and young people to realize how perseverance and team spirit help to reach goals, and how one's horizon is broadened by facing up to challenges and assuming responsibility. The sport sector is one of the implementing partners in

Germany. With the program Sport: Alliances! Movement – Education – Equal participation German Sports Youth (dsj) is funding activities with children in the age group of 3 to 18 years in two project lines:

- 1) Sport.ART, children and young people plan and create their own show and bring it on stage. They are free to present different sports or series of movements and actions and go through the whole process of common creative work. The dynamic requires respectful attention of each group member. The projects aim to have impact on personal growth and self-awareness.
- 2) ExperienceSPACE, this open format allows children and young people to explore nature, urban spaces, sport facilities through sport and play and experience own mobility. The projects encourage group members to broaden their room of manoeuvre.

A number of 226 projects started the year 2014.

### **Promotion of volunteering and active citizenship for inclusion and integration in sports – ZI:EL**

Since January 2013, German Sports Youth (dsj) runs a new funding program to promote volunteering and active citizenship in the youth sport sector with a particular focus on innovative projects with handicapped young persons, with young immigrants and with young people with fewer opportunities. In 2014, 40 German member organization implemented projects and received a funding of around 2,5 Million Euros. The program called ZI:EL is financed by the Federal Ministry of Family Affairs, Senior Citizens, Women and Youth (BMFSFJ).



**Natasa Jankovic**

SERBIA

In 2008 Olympic Committee of Serbia supported the idea to establish a Serbian Youth Council as a working part of the Executive board. The Serbian Youth Council (SYC) functions as a youth commission with its chairman and members. Its members are young people up to 35 years of age who are working on a voluntary basis. SYC aims to contribute to the personal development of young people, foster their social abilities and encourage their social commitment.

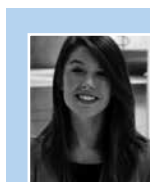
Within national level SYC took part in realization of several projects in the field of environmental sustainability in sport, sport for all and culture and education: EcOlympics Serbia, Olympic Class, P&G Youth Sport Camp, Olympic Day, Sports Challenge, Mobile application "Activate yourself" and exhibitions: "Moments to Remember – Olympism in Serbia 1912 - 2012" and "Winter Olympic Games- from Chamonix to Sochi".

Special attention was given to the ARCTOS workshop (Anti-Racism Tools in sport) which has been included within the project Olympic Class. SYC members conducted the workshops in different towns across Serbia and so far around 500 children took part in it.

In 2014, representatives of the Serbian Youth Council shared the case study conclusions regarding how to incite physical activity amongst youth using modern technologies and best practices at the International Symposium “SymOrg 2014”, dedicated to new business models and sustainable competitiveness, emphasizing the importance of youth mobilization through sports and technologies.

For several years, Serbian Youth Council members have taken an active part in ENGSO. Representatives of SYC joined the ENGSO EU Working Group in 2012, with an objective to join the efforts in promoting the interest of sport in Europe, by drafting the working programme in close co-operation with the Executive Committee, ensuring coordinated and rapid lobbying activities, and smooth working procedures.

Within international level SYC members represented NOC Serbia in sessions at International Olympic Academy: International Session for Young Participants and International Session for Directors of NOAs, as well as on various trainings and conferences: Training course on youth new generations programs - Salto Youth (Rijeka), Let's create ITS community (Rome), Generation for Peace Camp 2014 (Sochi), Youth Employment Conference (Rome). End of the 2014 and the beginning of 2015 has brought to Serbia privilege to host and support the ENGSO Youth Secretariat with Secretary General based in Belgrade. Work, initiatives and activities of secretariat will be supported also by the active youth of Serbian Youth Council. Looking through the years behind we are grateful: Serbian Youth Council of the NOC of Serbia is **remembering and acknowledging Mr Predrag Manojlovic**, Former Vice-President of ENGSO who has always been encouraging youth, sharing his vision and knowledge with young people and for young people.



**Francesca Kelly**

UNITED KINGDOM

The sporting landscape within the UK is ever growing and expanding with the overall delivery of activity and funding being commissioned by the Home Country Sports Councils, with grassroots and performance pathway initiatives delivered through the relevant National Governing Body, and local delivery being coordinated through County Sports Partnerships. Within this network ENGSO member, the Sport and Recreation Alliance, act as the umbrella organisation supporting all sport and physical activity bodies across England. 2013-15 was an exciting mandate for the UK and saw a number of initiatives delivered to boost the platform of using sport as a tool for development and the profile of physical activity:

The Sainsbury's School Games, launched in the summer of 2012, is a unique opportunity to motivate and inspire millions of young people across the country to take part in more competitive school sport. The Sainsbury's School Games are made up of four

levels of activity; competition in schools, between schools, and county/area level and culminate in a four day residential event for 1600 of the most talented young athletes within the UK.

Delivered in partnership with the government, Sport England, and the Youth Sport Trust the programme sets out to encourage every young person to have the opportunity to participate in competition as a player, volunteer, coach or official. The annual Sainsbury's School Games Level 4 event took place in September 2013 and 2014 which saw over 3200 young aspiring athletes represent their country and compete in 12 sports and 1400 volunteers involved in the delivery of the games, 75% of those being under the age of 25.

Building on the profile of London 2012, Scotland hosted the 2014 Commonwealth Games which provided the opportunity for 15000 people to volunteer and experience the event and showcased 19 sports at the highest level. This opened up the platform for a number of localised health initiatives specifically designed to get more young people active.

The last two years has seen the 'voice of young people' get bigger and be heard more, with the Youth Sport Trust, a UK wide independent charity devoted to changing young people's lives through sport, recently setting up the Youth Board which aims to provide a voice for young people on physical education and competitive school sport. A number of National Governing Bodies, including British Cycling, UK Athletics, the Football Association and the Amateur Swimming Association are also building on their youth engagement work and focusing on raising the profile of young people within their organisation and sport clubs.

Across the two year mandate, UK ENGSO Youth delegates and representatives have been involved in Safeguarding Youth Sport project and Sport Employs YOUrope. The UK involvement is continuing to grow and we look forward to seeing what 15-17 has to offer.



**Tormod Tvare**

NORWAY

In the period 2013-2015 The Norwegian Olympic and Paralympic Committee and Confederation of Sports has been involved in the planning of the Youth Olympic Games 2016, which will take place in Lillehammer. We look forward to welcome the world for 10 days of Youth Olympic Celebration. Our vision is to go beyond and create tomorrow!

We have also had a broad engagement in Zambia and Zimbabwe. Through activities within the field of Sport for Development, NIF seeks to contribute so children and youth in the South can influence their own future through sports, physical activity and play.



# Part 7

## About ENGSO Youth

**Give youth a real say in Sports!**

**Youth Organisation of the European Non-Governmental Sports Organisation**

**WHO ARE WE?**  
ENGSO Youth is the non-profit youth organization of ENGSO (European Non-Governmental Sport Organization) with 41 members, which are all national umbrella organizations for sport from across Europe.

**WHAT WE DO?**  
ENGSO Youth is working to develop a sporting culture in which children and young people are encouraged with the given opportunity to participate in decision-making processes at all levels. Besides advocating for youth, we are specialized for using **SPORT AS A TOOL** to foster:

- SOCIAL INCLUSION
- TOLERANCE
- PARTICIPATION
- FAIR-PLAY
- VOLUNTEERING
- INTERCULTURAL DIALOGUE
- PEACE BUILDING
- HEALTH AND HEALTHY LIFESTYLE

**HOT TOPICS**

- YOUTH UNEMPLOYMENT**  
Sport Employs YOUrope!
- ETHICS IN SPORT**  
Safeguarding Youth through sport
- SPORT FOR ALL**  
Traditional Sports Games
- VOLUNTEERING FOR SPORT**  
JOIN the team: Young Delegates Initiative
- SPORT RESPECTS YOUR RIGHTS**  
Empowering young Europeans. In sport for a culture of respect and integrity against sexualized violence and gender harassment
- EDUCATION THROUGH SPORT**  
Values conveyed through sport develop knowledge and basic skills, allowing young people to improve their physical and social abilities.

**ENGSO YOUTH FRIENDS**

**FOLLOW US!**  
[www.youth-sport.net](http://www.youth-sport.net) • [info@youth-sport.net](mailto:info@youth-sport.net)

Facebook Twitter YouTube LinkedIn Instagram



### Who Are We?

Who are we? ENGSO Youth is the non-profit youth organisation of ENGSO (European Non-Governmental Sport Organisation). We represent young Europeans in sports in 40 countries. Our members are national umbrella organisations for sport from across Europe. ENGSO Youth focuses on the European youth Sport for All sector. We promote topics such as sport, health, inclusion, participation, volunteering of young people in European sports, equal opportunities and international cooperation.

## What is our mission?

- To provide support, advice and guidance for members who want to establish their own youth structure
- To work in partnership with the European Union, the Council of Europe and other European organisations to represent the voice of youth sport
- To provide up to date communications and good practice to all member organisations

## What are our values and principles?

### Education through sports:

We believe that physical activity is not just a public health issue; it benefits society by increasing social interaction and community engagement, comprises an investment in future generations and offers numerous possibilities for non-formal education and inclusion.

### Co-determination, democratic, participation and inclusion:

We believe that young Europeans can be unique agents of social change and should be involved on all levels of the European social environment.

### Equal access to health and well-being:

We believe that young Europeans, regardless of their economic and social status, should have equal opportunities and access to healthy lifestyles: sufficient physical activity, healthy nutrition and education.



## How can you get involved?

Get to know us!

Visit our website,  
join our mailing list  
and register  
for our events!

### ENGSO Youth

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