



ANNUAL REPORT

19



21



Message from Ugne & Filip	3
Message from Stefan	4
ENGSO Youth committee	6
Young delegates	11
2019-21 in review	12
Strategy	19
Finances	20
Working groups	21
Activities and projects	26
Position papers and toolkits	29
Communication	33
Network	34
Contact	36

Message from Ugne & Filip

What a mandate!

Starting with hugs and team buildings and ending with screens and online waves. How many of us find it uncomfortable to speak and do presentations for the audience with muted microphones and no cameras on? And how many recognised the true meaning of the words so often said and heard “Your microphone is muted”, “Do you hear me well?”. I hope we did. ENGSO Youth stands for Youth to be heard and during 2019-2021 we had a great journey to ensure that words said would turn into actions, which I am inviting you to explore in this report.



Ugne Chmeliauskaite, ENGSO Youth chair, 2019-2021



We've all watched the digital transformation unfold in front of our eyes over the last two years. Having said that, we couldn't help but wonder how it would affect the grassroots sport landscape.

The answer was obvious: it's up to us! It all starts with our commitment to think outside the box and educate communities about the necessity of sustainable development in and through sport.

This objective lies at the heart of ENGSO Youth's Strategy. We've used the power of technology to promote health, inclusion, education, employability, sports diplomacy and sustainability, while staying connected and helping individuals and communities maintain their physical and mental well-being both offline and online.

I'd like to thank everyone who has joined us on this two-year journey of discovery, and I encourage you to keep reading.

Filip Filipic, ENGSO Youth Vice-Chair, 2019-2021

ENGSO President's message

Dear friends, dear leaders,

ENGSO has a long history of actively working with youth. Established 19 years ago, ENGSO Youth Committee advocates for youth role within/across sports, alongside promoting and raising awareness on the recognition and benefits of sustainable development, health, education, employment, inclusion and volunteering.

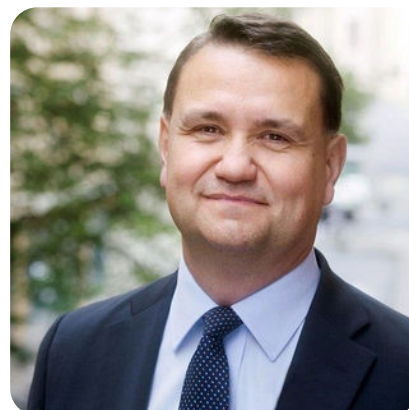
Youth represents a high percentage of members within the European sport clubs and grassroots sport movement. In order for sport organisations to stay relevant in the cooperation with important stakeholders related to sport policy, they need to have an active representation and interaction with young people.

Young people were disproportionately affected by the pandemic. They were hit hardest by the social isolation, unemployment, school closures, loneliness and lack of access to organised sport activities. We should not shy away from those challenges; we should listen to youth, we should tackle the inequalities they experience, and we should embrace their strengths and their leadership skills.

Dear young people, you are not a lost generation. The opposite – you have the opportunity to become the leaders in inclusion, climate action, sustainable development, education, etc., using sport as a platform.

At ENGSO we believe that the active participation of sport's youth, including young athletes, should be guaranteed in the democratic structures and processes that can use sport and physical activity for their goals, also within non-EU countries.

Stefan Bergh, ENGSO President





ENGSO Youth

Giving youth a real say in sports!

Vision

Establishing and nourishing strong alliances to empower youth's development through sport.

Values

We are driven by the following principles: integrity, transparency, equality, inclusion.

Work we do:

ENGSO Youth has the objective of empowering youth and supporting them in finding their active role in society.

Our goals are to:

- Improve our capacities as a youth organisation;
- Better define our contribution to the youth sector;
 - Implement sustainable projects;
 - Build long-lasting cross-sectoral networks;
- Commit to projects and partnerships with long-term effects.

The 2019-2021 Committee



Ugne Chmeliauskaite, chair
Lithuanian Union of Sports Federations

ENGSO Youth 2019-2021 mandate confirmed a long lasting message that communication is a key. Only by working together we were able to be present, even in online means. And the biggest growth was the connection achieved through communication between ENGSO Youth and ENGSO, our member organisations, Young Delegates, Alumni, partners and friends. Hope this connection will be even stronger in the years to come.



Filip Filipic, vice chair
Olympic Committee of Serbia

Patience – that's one of the greatest skills that I needed to acquire over the past two years. I realized that certain things cannot be rushed, but require time to evolve. And just like it is with personal growth which comes through experience, developing an organization also requires patience. And having great people around makes it absolutely worth spending every minute on that process.



Kirsten Hasenpusch
German Sports Youth (dsj)

All in all, working with the whole team was fantastic and we had a great time together, during which we were able to make a lot of progress for youth sports and young people in Europe. The main task for me as a treasurer was to get order and structure into the finances and to generate an overview of our budget. There were many highlights, especially the Young Delegate Meeting in Budapest was great, as it helped us to develop our content directly with young people from all over Europe. But also the structural process in Rome or the meeting in Gdansk (by far because of Corona) have remained in my memory.



Iva Glibo
Croatian Olympic Committee

My absolute highlight was the Young Delegates Meeting in Budapest. I enjoyed the structured and casual exchange with interesting and international groups of ambitious young people we were lucky to have as our Young Delegates. I acted as a trainer, but I learned so much from the experience that I have the feeling that they trained me, not vice-versa.



Lovisa Broms
Swedish Sports Confederation

I don't know where to start, my experience with ENGSO Youth has truly been an amazing journey and it will be something that I will bring with me for a very long time to come. It's very hard to wrap up all the things I'm taking with me from the time as a Committee member, but the best thing has definitely been the opportunity to meet, get to know and work together with so many extraordinary, ambitious young people. I've really appreciated to face new challenges and opportunities together with ENGSO Youth and learnt that with a bit of patience, an open mind, a big portion of curiosity, some physical activity, lots of laughs and hard work everything is possible!



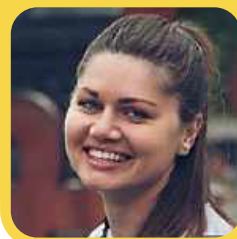
Marianna Cardoso,
Sport Confederation of Portugal

Across this two years of mandate I realized even more how strong and powerful can sport be! We think, we act, we change through and with sport and it is amazing to realize that there's a space and an opportunity for it in everything. I must also highlight the experience of working during a pandemic. COVID-19 brought new ways of working and e-meet people, projects, events. It was definitely a challenge that allow us to proof how flexible, plastic, inclusive can sport be.



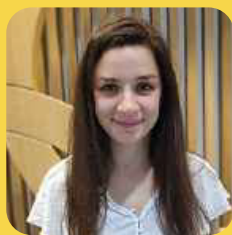
Anett Fodor
Hungarian Competitive Sport Federation

It was really interesting to see what kind of tasks, assignments and commitments the committee has to deal with. I think the dedication of the committee members are really satisfying and all of us have a lot of experience and expertise in different fields. It was really nice to be part of this group, which is guided by the Chair at a very pleasant and fair way. I think there are plenty of opportunities in this group, I am really happy to belong here and help to build further its potentials.



Ivana Pranjić
Sport Austria

I'm very grateful for the experiences I made through and with ENGSO Youth. It thought me that honesty and authenticity form connections, drive young people and motivate them. I'm thankful for the chance to have met so many great people, that helped me grow. I learned to put others first, because to inspire others, you don't show them your super power- show them theirs and empower them!



Erika Juhasz
Hungarian Competitive Sport
Federation

Committee member 2019-2020



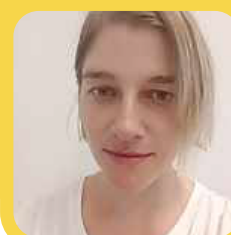
Titouan Martin Barre,
French Olympic Committee



Bence Garamvolgyi,
policy and project manager

(until Nov 2020)

Working for ENGSO Youth under the 2019-21 leadership was the best thing that I could imagine. Combining sport related, international project and policy work with the principles I believe in, is just an unforgettable experience! I am truly grateful for all the members of the ENGSO Youth family!



Polona Fonda
communications manager

The last two years has been full of growth, innovation and personal development. ENGSO Youth leadership, committee, staff and young delegates provided me with numerous opportunities to truly enjoy what I love doing most; uniting creativity with sport policies and social initiatives. The latter made it possible for me to grow and develop on all levels, professional and personal. It was an honour to be part of the ENGSO Youth movement, the only youth sport movement in Europe.



Matej Manevski
policy and project manager

(since Nov 2020)

Since November, when I joined ENGSO Youth, I have had a dynamic few months filled with different events, activities and personal growth. I learned that ENGSO Youth is built on strong values and mutual trust, and until we keep things structured and the communication efficient, we can manage everything. The main highlight for me is the positive environment filled with so much passion for youth empowerment by, thorough and with sports.



Dora Farago
operations manager

Luca Arfini
volunteer

Elizabeth Galouzine
intern

Mark Bekiet
intern



Lithuanian Union of Sports Federations
ENGSO youth secretariat

Lithuanian ENGSO member organisation - Lithuanian Union of Sports Federations - was established in 1992. It is an umbrella organisation for 73 national sport federations in Lithuania, being one of the widest sport organisation in the country.

Lithuanian Union of Sports Federations works closely with the National Olympic Committee, Ministry of Education, Science and Sport of the Republic of Lithuania, Lithuanian Sports University. Member organisation actively participates in ERASMUS+ programme and promotes youth sports in the daily work.

2019-2021 Young delegates

ENGSO Youth [Young Delegates](#) programme connects individuals who are willing to take meaningful action and play an important role in advocating and empowering children and young people in the sport for all sector. It is a devoted and knowledgeable group of individuals (18-30 years old), committed to using sport as a tool for positive social change.

Sustainable Development

Khoudija Houhou (Algeria)
Martim Ramôa (Portugal)
Mirjana Ivkovic (Serbia)
Scilla Szmoloaiova (Slovakia)
Metehan Cengiz (Turkey)

Employment and education

Vugar Rustamili (Azerbaijan)
Isaiah Kiolougrou (Greece)
Spela Hus (Slovenia)
Stefan Ferencz (UK)
Marcos López Flores (Portugal)

Sports diplomacy

Sakina Valiyeva (Azerbaijan)
Sandra Zwick (Germany)
Fabio Jorge da Silva (Japan/Portugal)
Giulia Santangelo (Italy)
Ekaterina Gorokhova (Russia)

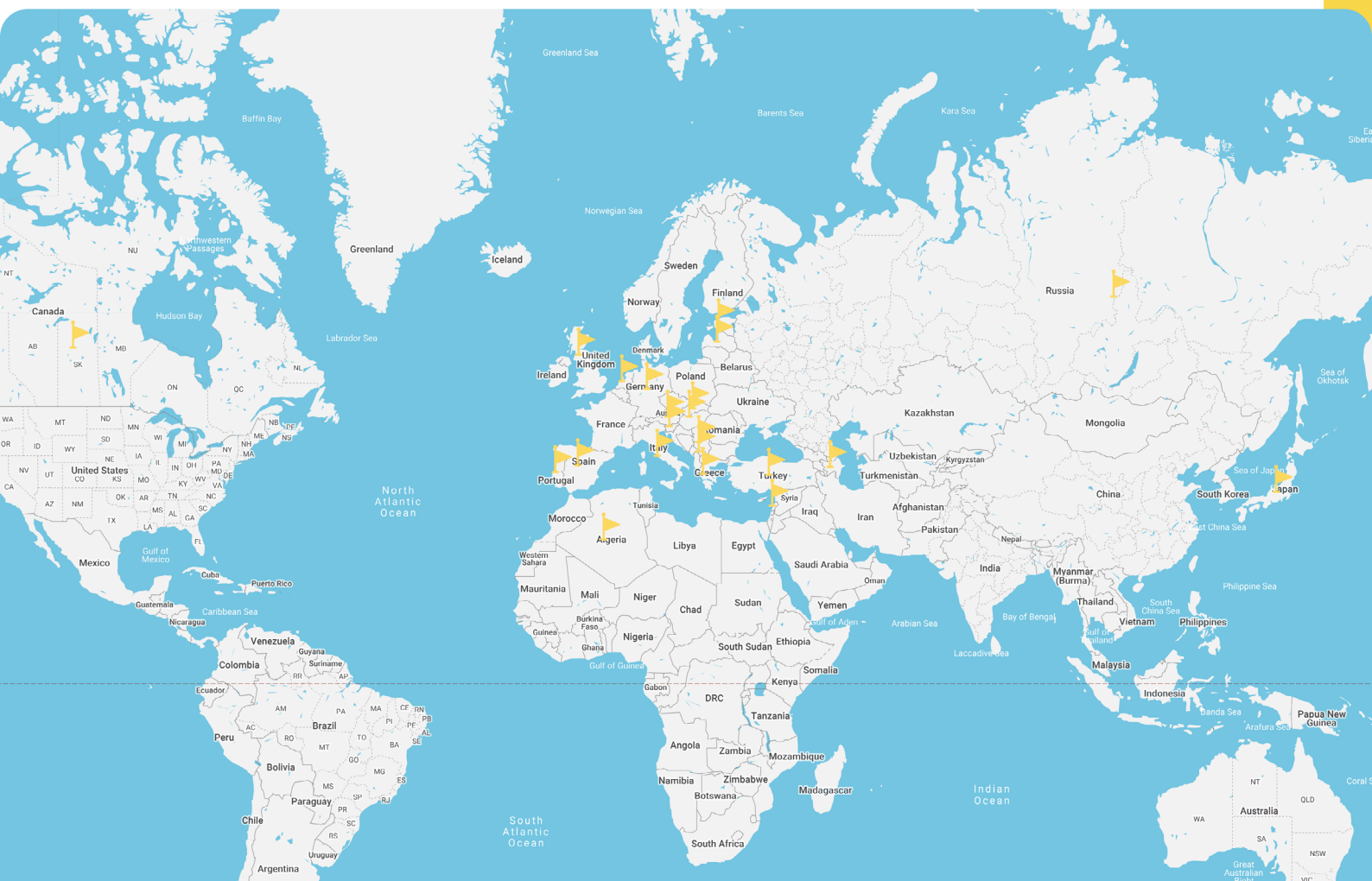
Health

Marianne Skopal (Austria)
Zhanna Tlegenova (Germany)
Christian Hajj (Lebanon)
Miguel Peralta (Portugal)
Emilie Moffat (UK)

Social inclusion

Laura Maria Tiidla (Estonia)
Dillon Richardson (Canada/Germany)
Gena Sturgeson (USA/Kosovo)
Zane Skujina (Latvia)
Lars Cornelissen (Netherlands)

The best volunteer award for the 2019-2021 mandate went to Laura Maria-Tiidla.



2019-2021 in review

What a journey!

2019

June

New committee was elected. ENGSO Youth's new chair became Ugnė Chmeliauskaite. Filip Filipic took over the role of a vice chair. Seven new committee members were elected: Ivana Pranjić, Lovisa Broms, Marianna Cardoso, Iva Glibo, Titouan Martin Barre, Kirsten Hasenpusch and Erika Juhasz.

July

The handover committee meeting was organised in Vilnius, Lithuania. The aim of the meeting was to determine the first steps of the new committee of the 2019-2021 mandate, which started with a **new working plan** for the upcoming mandate in accordance with the **ENGSO Youth [strategy 2020-2023](#)**, which was developed and approved by the newly elected Committee.



The SWinG project officially kicked off.

September

We welcomed **25 new Young Delegates** who joined our programme, divided into five working groups.

We also celebrated the 2019 edition of the European Week of Sport.

October

ENGSO Youth's second meeting of the 2019-21 mandate took place on 5-6 October 2019 in Rome, on the occasion of the European Sport Platform 2019.

Come In project final conference took place in Nantes, France.



November

35 participants took part in a **Sport for Active Citizenship international activity** (Young Delegates meeting) which was held on 22-26 November 2019 in Buda-



pest, Hungary.

Our committee members represented ENGSO Youth in the New Leaders Forum. Project EYVOL held the first conference on international sport volunteerism.

December

We visited Ljubljana, Slovenia, for our last committee meeting of 2019. Also, Step In For Inclusion - ComeIn project- toolkit was released.

We published a new position paper Safeguarding Children and Youth in Sport.

2020

February

The first ENGSO Youth Committee meeting of the year took place in Zagreb, Croatia, on 8-9 February 2020. The theme of the meeting was "bio, organic and environment-friendly".

The most important outcome of the 2019 Young Delegates meeting in Budapest “**Sport for Active Citizenship**”, a manual on how we can use sport to encourage active participation of youth in the society, has been released.

March

On March 20 we held the online **kick-off meeting for the Sport for Sustainable Development project**.

April

On April 12, we celebrated our **18th birthday**.

We also embraced the April 6 - International Day for Sport for Development and Peace and ran a #WhiteCard campaign with the help of our Young Delegates.

#BeActiveAtHome campaign was our way to stay active and healthy throughout the Covid-19 lockdowns.

May

New secretariat

For the last two years ENGSO Youth Secretariat was hosted by the ENGSO member - **Hungarian Competitive Sport Federations**, where the first European Sport Platform was organised, the first Young Delegates meeting took place and where ENGSO Youth signed a Memorandum of Understanding with Special Olympics Europe Eurasia. Those are just three of the many groundbreaking achievements of the ENGSO Youth while being hosted by Hungary. We are particularly grateful to the Hungarian Competitive Sport Federations and our former Operations Manager Dóra Faragó for successful cooperation and support over the past couple of years.



In May 2020, ENGSO Youth secretariat moved from Budapest, Hungary to Vilnius, Lithuania, and has since then been hosted by the **Lithuanian Union of Sports Federations**. Lithuanian ENGSO member organisation was established in 1992. It is an umbrella organisation for 73 national sport federations, being one of the biggest sport organisations in the country.

We published a new position paper: **Mental Health and Youth Sport**.

June

In June, because of the pandemic, our committee and staff meeting was held online.

With the help of our young volunteer Luca Arfini, we ran a Pride Month campaign. Luca talked to LGBTQ athletes from all over the World.

July

Munich, Germany, hosted the summer committee meeting.

The new Skills for You(th) through Sport (**SK4YS**) **handbook** was released.

August

Sporting Inclusion and Diversity (SPIDI) international activity took place on August 21-26, 2020 in Vilnius, Lithuania. Young participants from all over Europe joined the four-day event to learn more about refugees and human rights, and inclusion through sport. They also developed and filmed the SPIDI manual.

September



We held a SPIDI follow up activity **Refugee&Human Rights Education** online workshop. Also, European Week of Sport took place and we celebrated it with an #BeActive campaign.

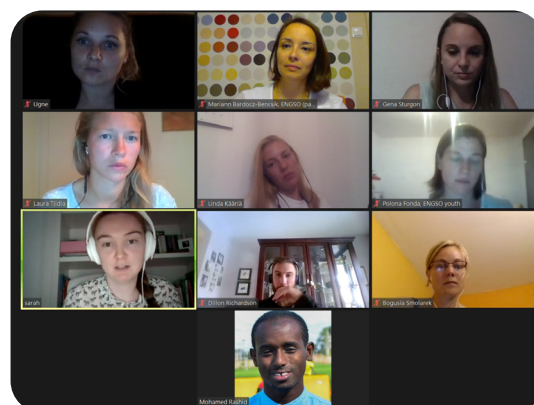
October

#Sport4YouthEmploy-

ment online session was organised by the project SK4YS team.

The final outcome of the Sporting Inclusion and Diversity (SPIDI) international activity - the video manual, has been released.

And our committee gathered in **Gdansk, Poland** for a meeting.

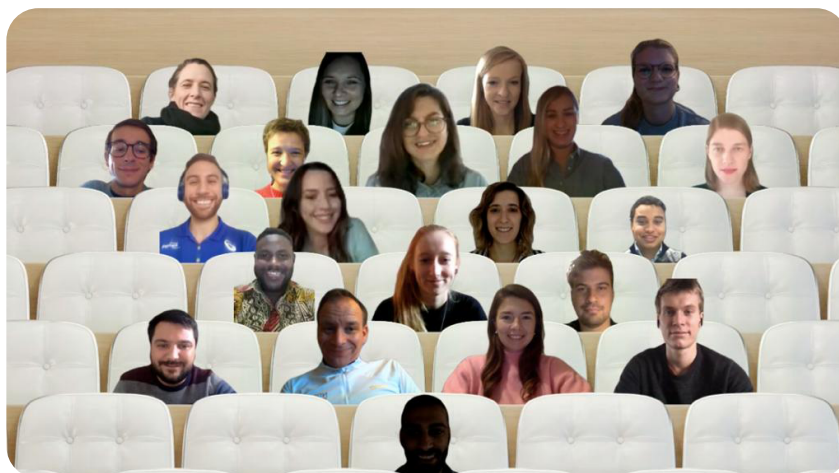


November

First ever virtual Youth Assembly

On Saturday, 14 November 2020, ENGSO Youth hosted its first-ever virtual, and its 17th edition of the Youth Assembly. The Committee members - **Ugnė Chmeliauskaitė, Filip Filipić, Ivana Pranjić, Lovisa Broms, Marianna Cardoso, Iva Glibo, Titouan Martin Barré and Kirsten Hasenpusch, Young Delegates** and ENGSO/ENGSO Youth members, partners and friends gathered online to present and discuss the 2019-2020 development and set the agenda for the upcoming year. The Assembly began with welcome remarks from ENGSO Youth Chair Ugnė Chmeliauskaitė and ENGSO Secretary General Sara Massini who highlighted the changes that took place throughout 2019-2020; new secretariat, new team and committee members and going digital to the pandemic. The welcome session was followed by the adoption of the 2019 narrative, financial report, updated standing orders and presentation of the ENGSO youth working groups.

The second part of the Assembly, titled »Continuing Youth Leadership« included special guests: Caroline Baxter Tresise, International Consultant, Youth and Sport at UNESCO, Ishita Godinho (India), Jen Macapagal (Singapur) and Milton Angat Kisapai (Papua New Guinea) who presented the Youth and Sport Task Force of UNESCO and their main local activities. Afridan Amu, a professional surfer, and lecturer in Design Thinking at the Hasso Plattner Institute joined us for the second part of the and introduced us to his career development, background and current work in the field of Design Thinking Methods.



New team: welcome Anett and Matej

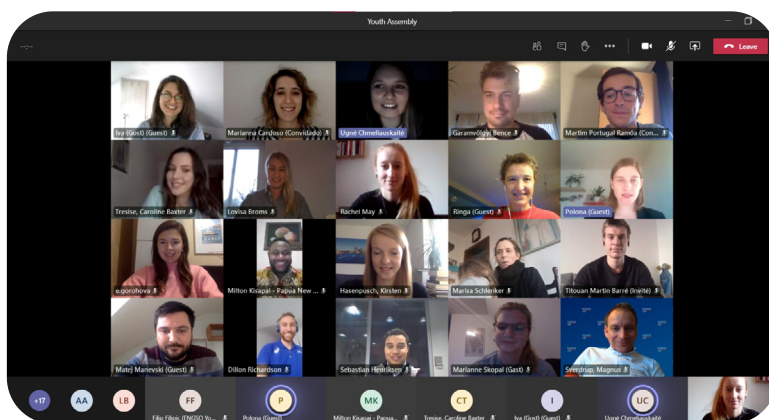
In November we also welcomed two new team members. **Anett Fodor** from the Hungarian Competitive Sport Federation became our new com-

mittee member and **Matej Manevski** took over the role of the new Policy and Projects manager.

Anett and Matej replaced our former committee member Erika Juhász and Policy and Projects manager, and also a former committee member, Bence Garamvolgyi. Earlier in May, due to the Secretariat change, we also said goodbye to our Operations Manager Dóra Faragó. **Thank you to everyone, Dora, Erika and Bence**, for their essential contribution to the development of ENGSO Youth.

The Sport for **Sustainable development manual “Score all 17”** was released and we hosted the first Sport for Sustainable development international (online) seminar.

Our chair Ugnė opened session two of **European Sport Platform 2020** - “Respect! Sport against violence and bullying”, and our committee member Lovisa and Young Delegate Lau-



ra contributed to session one where the discussion revolved around gender equality.

December

On Saturday, on 5 December 2020, ENGSO Youth committee members and staff gath-

ered for the **last meeting of the year**.

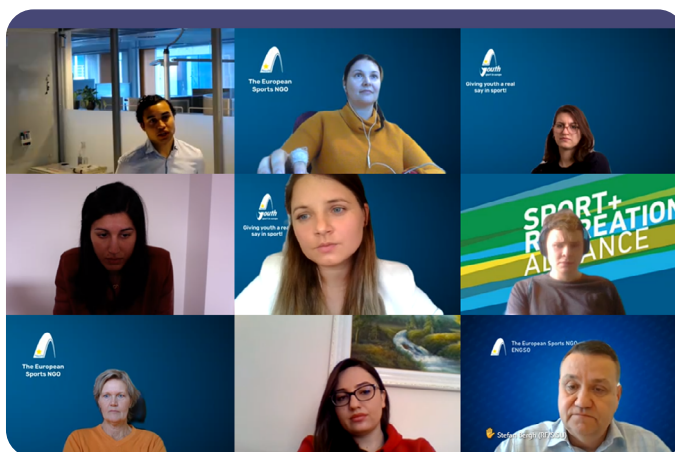
Together with ENGSO, we signed the **Sports For Climate Action Framework**, initiated by the United Nations Framework Convention on Climate Change (UNFCCC).

January

We discussed **Sport for Sustainable Development** project at the **second international (on-line) seminar**.

February

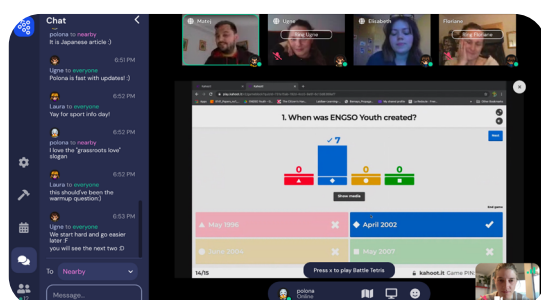
We invited ENGSO members to join us in the **The Power of Youth in Sport Organisations** online seminar, and also held the first committee meeting of the year.



April

As every year, we celebrated the April 6 - an **International Day for Sport for Development and Peace** and joined the #WhiteCard campaign once again with the help of our Young Delegates.

We also held a joint meeting with ENGSO, had a fun Young Delegate team building event and celebrated our **19th birthday** with a special 2002 challenge.



We also submitted a pledge for **European Climate Pact**.

May

ENGSO Youth **Alumni Club** programme was launched.

Within the framework of the **EYVOL project**, we organised three online training courses on “Working with the socially disadvantaged groups”.

June

Position paper on **Youth Sport for Climate action** “**Where are we now?**” and Code of Conduct were released.



2019-2021 in numbers

2 **YOUNG DELEGATES MEETINGS**
(ensuring annual meetings)

2 **MOUS**
Special Olympic EuroAsia
and
European Paralympic
Committee

4 **POSITION PAPERS:**
Safeguarding Children and Youth in Sport;
Sports and Active Citizenship; Youth Sport
for Climate Action, Mental Health and Youth
sport

5 **TOOLKITS PREPARED**
SK4YS, COME IN, HAVE YOUR SAY, SCORE
ALL 17, SPIDI

1 **RESEARCH PAPER**
(TENDER)

7 **PROJECTS**
(SSD, SKYS, SWING, EYVOL,
MONITOR, SCFORH, COME IN)

**FIRST TIME
TRANSCONTINENTAL
COOPERATION!**

Over **60** times participated in the national and
international events, conferences, round-table
discussions, workshops

6 **MEMBERSHIPS**
(European Youth Forum, Eurochild,
WGI, CIGEPS, EWS, ENGSO EU Advisory
Committee)

TEAM:

9 Committee members

25 Young Delegates

3 regular employees

COMMUNICATION:

19 Newsletters with **584** subscribers

More than **1500** posts

14.000 followers on social media channels

Updated website www.youth-sport.net

INTERNAL STRENGTHENING:

Revision of the founding documents

Administrative improvements

Strategy 2020-2023

Code of conduct

Financial liability

Strategy 2020-2023

The ENGSO Youth [Strategy 2020-2023](#) was released in early 2020 as our guiding document based on which we are defining our actions, all towards achieving our strategic aims. It gave us a clear direction and focused our work so we can be more efficient and impactful with all our actions, supporting the further development of ENGSO Youth. As it is visible in the timeline of activities, we operated by relying on advocacy, projects, policy and networking, with special focus on:

1. Sustainable development in and through sport;
2. Inclusion in and through sport;
3. Health enhancing physical activity;
4. Education and employability in and through sport;
5. Sports diplomacy;
6. Internal development and nourishing cooperation with ENGSO and its organisational bodies.

These actions were done through the work of the five topic based Working Groups (sustainable development; inclusion; education and employability; sports diplomacy; health), coordinated by the Committee Members, aiming to systematically coordinate and align resources and processes with mission, vision and strategy throughout the organisation.



Finances

2019 expenditure	Planned	Results
Structural Grant Meetings Staff Working Groups Communications & Marketing	€ 49.943	€ 49.981
ENSGO Contribution Membership Fees Co-Funding activities	€ 8000	€ 8000

2020 expenditure	Planned	Results
Structural Grant Meetings Staff Working Groups Communications & Marketing	€ 49.943	€ 34472
ENSGO Contribution Membership Fees Co-Funding activities	€ 7983	€ 6460

2021 expenditure	Planned	Results
Structural Grant Meetings Staff Working Groups Communications & Marketing	€ 52.956,00 €	€ 6476,24€
ENSGO Contribution Membership Fees Co-Funding activities	€ 17.612,50	€ 675,00

Project's portfolio 2019-2021: 400 000 EUR

Working groups reports



Sustainable Development Led by Lovisa Broms

Milestones

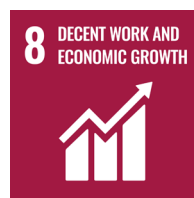
The overall aim of the Sustainable Development working group this mandate has been to take urgent action to combat climate change and its impacts through the use of sports and to support the other Working Groups in the implementation of sustainable approaches. By working towards this aim, we have made a true impact in our internal strengthening by connecting the SDGs to all EY activities. We have also successfully applied for, and worked with, two projects; the Erasmus+ project Sports for Sustainable Development and the GSW social booster project: Score all 17, both of these projects are focusing on education on how to implement sustainable development approaches in and through sports. Another thing we are very proud of is that we, during this mandate, have signed the Sports for Climate Action Framework and the European Climate pact. Additionally, we have written and published a position paper on sports and sustainability.

Events

The Sustainable Development Working group has proudly represented ENGSO youth in various events on-site and online. We've had the opportunity to present our score all 17 project at the first edition of the Global Sports Week in 2020 and we also attended the 2021 GSW online event. Members from the working group also attended the Sport positive summit, 2020, the UN Global Compact Leaders' Summit, 2020, and various online seminars. On top of this we have organized and co-organized two webinars focusing on sports and sustainable development and have had the opportunity to be guest speakers on the Sports for Social Impact Podcast.

Goals

By taking on the above-mentioned aim and by signing the climate action pledges, we have set the bar for coming years' work within ENGSO Youth. The goals for the future are to keep on educating youth and empowering youth to work towards a sustainable future in and through sports and to focus our work to support the combat against climate change.



Education and Employability

Led by Filip Filipić

Milestones

The Education and Employability Working Group aims to ensure inclusive and equitable quality education and promote lifelong learning opportunities, as well as to promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for youth within the grassroots sport sector.

Apart from our amazing volunteers who have helped us raise awareness about volunteering in sports as means of non-formal education (check out their stories on our website and social media), we are also very proud of the two-year long initiatives we've also carried out – both of which are building on top of the recommendations of our formally conducted Study on the Contribution of Sport to the Employability of Young People in the Context of the Europe 2020 Strategy:

- An Erasmus+ Sport Big Collaborative Partnership “MONITOR – Monitoring and Evaluation Manual for Sport-for-Employability Programmes”, and
- An Erasmus+ Sport Small Collaborative Partnership “SK4YS – Skills for You(th) through Sport”, which was led by ENGSO Youth.

Events

Our Working Group members and Young Delegates have actively engaged in a variety of onsite and online events, roundtables and dialogues connected to the topics of education and employability, some of which include the UN Global Compact 20th Anniversary Leaders Summit, the New Leaders Forum, International Sport Seminar “Why Does European Sport Need Skilled and Competent Coaches”, the European Youth Forum Academy 2020, and others.

Goals

Our work is not done yet - we have new projects in the pipeline covering different areas within both formal and non-formal education and employability, such as developing leadership skills through sports, harnessing the power of mobile technologies to provide engaging PE content, etc.

We also plan on releasing a position paper in the field of employability on the grounds of our insights from the MONITOR and SK4YS projects, so stay tuned.



Social inclusion

Led by Ugnė Chmeliauskaitė

Milestones

The overall aim of the Inclusion working group is to promote the participation of children and youth in sport regardless of disability, ethnicity/race, gender, socio-economic status, location, or other background characteristics through building a strategic network, creating tangible opportunities, and engaging in key chances for advocacy.

We are proud, that during the mandate COMEIn project toolkit was released under the ERASMUS+ project entitled “Creating opportunities for sport Members at grassroots level to Enable Inclusion with a purpose to serve as a guide for all the sport members/operators willing to start inclusive sport session to allow everyone to do sport and physical activity together.

Moreover, ENGSO Youth Inclusion WG team organised several trainings in order to strengthen the capacity of youth leaders working in the sport area, such as training courses and position paper on working with socially disadvantaged/vulnerable groups in sport; Refugee&Human Rights Educational workshop, importance of Youth leadership and inclusion in decision making bodies.

Additionally, one of the highlights was SPIDI (Sporting Inclusion and Diversity) international activity, which connected more than 30 youth leaders and was our first event organised in a hybrid way, which took place on 21-26 August 2020 online and in Vilnius, Lithuania. After the exchange we also released a video manual, with inclusive sport games, easily adapted to any location, equipment, time and situation, as an inspiration to use sport as a tool for inclusion in our everyday lives.

Finally, we supported the Brighton declaration signatures campaign via ENGSO Youth channels and released a position paper on Safeguarding Children and Youth, which was also presented during European Sport Platform in 2020.

Events

The Inclusion Working group has proudly represented ENGSO youth in various events on-site and online. We’ve had the opportunity to contribute to Special Olympics Europe Eurasia initiative called Online Youth Roundtables, had a seat in roundtable discussion with colleagues from European Commission and organisations working in the field regarding Strategy on the Rights of Persons with Disabilities 2021-2030, led a discussion on ‘Inclusion (football) through sport’ organised by Praxis in cooperation with FARE Network, attended Girls’ goals events organised by Play2educate, as well as Eurochild workshops on recovery of Children in Europe post COVID-19, took part in several podcasts to discuss Youth empowerment and engagement in decision making positions in sport as well as podcast on discussion topic „Why sex matters?“ and had many more discussions and exchanges of ideas with different stakeholders in the field.

Goals

For starters, currently ENGSO Youth Inclusion WG is leading preparations for Step in For Inclusion International Activity, which will connect more than 30 youth leaders from all around Europe to develop further our COMEIn project idea – not only including people with disabilities in sport, but also assuring they have a chance to lead activities, to volunteer in sport events and have long lasting and sustainable involvement. Additionally, ENGSO Youth Inclusion WG team is leading SWING (Supporting Women in Achieving their goals) ERASMUS+ project with an ambitious aim to see more women elected to decision making bodies working in the sport sector with a goal to see the changes in the mentees life by the end of 2021. Moreover, we are eager to advocate for Youth representation in IWG World conference on Women and Sport, Auckland 2022, where we are involved in consultations with the organising team.



Health

Led by Iva Glibo

Milestones

The biggest achievement was the submission of the HOORAY Project proposal to the Erasmus+ Programme. With our joined forces, we managed to gather a great consortium to connect over an important issue: mental health and the role of sport in preventing mental ill-health in one of the most vulnerable groups, youth.

Events

The milestone event was the WHO presentation on the new WHO Physical Activity Recommendations. These guidelines are very influential in both, scientific and practical work, and we were there to learn and be up to date with the newest developments.

Goals

The short term goal is to re-apply with the HOORAY Project and try again this year. Other than that, strengthen some links with important stakeholders to represent the voice of youth in health enhancing physical activity and sport, with emphasis on mental health.



Sport Diplomacy

Led by Ivana Pranjić

Milestones

The overall aim of the Sports Diplomacy WG was and is to promote peaceful and inclusive societies for sustainable development, provide access to justice for youth and build effective, accountable, and inclusive institutions at all levels connected to the Sport for All sector; Furthermore, to strengthen the means of implementation and revitalize the global partnership for sustainable development within the Sport for All sector.

By working towards this aim, we have made a true impact in our internal strengthening connecting to all EY activities. In the EU Sport Policy Tender project, ENGSO Youth supported a comprehensive assessment of the EU's sport policy past, present status and the way forward in the eyes of young people.

Events

The Sports Diplomacy Working group has proudly represented ENGSO youth in various events on-site and online. We've had the opportunity to participate in Peace & Sport Conference 2019, where we held a workshop on Sports for Climate Action and the impact of youth. We also joined the UNESCO CIGEPS (Intergovernmental Committee for Physical Education and Sport) meeting as well as meetings from EPAS, such as the Council of Europe Conference of Ministers responsible for Sport, EU Conference on Sport and Human Rights. We also try to represent the voice of youth at the UN Global Programme on the Security of Major Sporting Events and Promotion of Sport and Its Values as a tool to Prevent Violent Extremism, where we are also took part in the Youth Consultancy sessions.

Goals

The goals for the future are to keep representing the youth voice on an international level and urge for diversity in all aspects of the sporting system. Thereby, we want to keep creating opportunities for young people to participate and speak up using their voice. For this, education is the key and will stay one of the priority areas for the coming years within ENGSO Youth.

2020 Sporting Inclusion and Diversity (SPIDI)

SPIDI was an international activity that took place on August 21-26, 2020 in Vilnius, Lithuania. The objectives of the event corresponded to the strategic priorities of the Council of Europe's Youth sector for the period of 2020-2021, namely priority n.3: Inclusive and Peaceful societies. Within the frameworks of the "Promoting social inclusion, fostering active participation, gender equality and combating all forms of discrimination on the grounds of Article 14 of the European Convention on Human Rights" we specifically focused on young refugees and their transition from childhood to adulthood. Young participants from all over Europe enrolled in a four-day educational programme on inclusion through sport. The final outcome of the Sporting Inclusion and Diversity (SPIDI) international activity was the video manual that includes fun and simple games which facilitate inclusion (through sport).

Watch the video



2019 Sport for Active Citizenship

35 participants took part in a Sport for Active Citizenship international activity (Young Delegates meeting) which was held on 22-26 November 2019 in Budapest, Hungary. The event was supported by Council of Europe through the European Youth Foundation with an aim of implementing the Council of Europe's principles of the Revised European Charter on the Participation of Young People in Local and Regional Life and to further disseminate the Have Your Say! Manual. "The Active Citizenship through Sport", a manual on how we can use sport to encourage active participation of youth in the society was the most important outcome of the Young Delegates meeting in Budapest, as ENGSO Youth uses sport as a tool for social change.

Watch the video



Projects & changes we are making

Sport for sustainable development

1 Jan 2020 - 31 Aug 2021



Milestones:

- The manual "[Score all 17 released](#)";
- 2 international seminars;
- Domestic events in Japan and Senegal.

Description: [Sport for Sustainable Development project](#) is a collaboration between 5 partners from 3 continents: Europe, Africa and Asia. The main goal of the Sport for Sustainable Development project is to create a platform for the transfer of knowledge in the field of sustainable development through sport. Key activities are: creation of a training manual for delivering the SDG workshop, a training course in Tokyo, Japan, visibility and dissemination activities, youth exchange in Dakar, Senegal and closing seminar in Paris, France.

SK4YS

Skills for You(th) through Sport

1 Jan 2019- 31 Dec 2020



Milestones:

- [SK4YS handbook](#) released;
- [Database](#) on European sport for soft skills development programmes;
- Communication campaign on sport for soft skills development.

Description: [SK4YS is a transnational initiative](#) of European sport, youth organisations and educational institutions in order to raise awareness on soft skills and competencies gained through sport practice and to build capacity of these organisations to implement sport based employment programmes

SWinG

1 Jan 2019- 31 Dec 2021



Milestones:

- Mentee programme established;
- [IO1-6](#) released;
- Extensive work on IO7 by ENGSO Youth;
- [Role models interviews](#);
- Communication campaigns on supporting women in sports leaderships

Description: [SWinG project](#) identifies and nurtures women emerging leaders and empower them to become real actors of change and decision makers in the sport and physical activities sector. The final aim is to facilitate and support emerging/aspiring women sport leaders in achieving a change-making position in sport governing bodies.

MONITOR

Monitoring and Evaluation Manual for Sport-for-Employability Programmes

1 Jan 2019 - 30 Jun 2021



Milestones:

- [Manual on employability](#) released;
- 6 study visits / workshops held across the World;
- Webinar on sport for employability;
- Policy conference on sport for employability.

Description: [MONITOR project](#) is implementing the Employability Study's recommendations while also developing a manual to enable (starting) youth/sport/employability/education organisations to undertake systematic Monitoring and Evaluation. It is also developing policy guidelines for the employability sector on recognition of skills developed through sports.

EYVOL

Empowering Youth Volunteers through Sport

1 Jan 2019 - 30 Jun 2021



Milestones:

Training group sessions (training);
Educational programme with 8 learning modules;
[Self assessments tool](#) and [policy recommendations](#).

Description: [Eyvol project](#) provides young multipliers (youth leaders and civil society activists) and young people specialized in sport with concrete educational and training tools to be used in youth empowerment activities based on sport and for the training of young sport volunteers.

SCforH

Sport Clubs for Health

1 Jan 2020 - 31 Dec 2022



Milestones:

- The [SCforH textbook](#) released;
- New website up and running: www.scforh.info;
- Online course produced and the first version up and running! Translated into 25! different languages: <https://members.scforh.info>;
- WP4 has kicked off, in this working period ENGSO Youth will contribute to promote the SCforH online course and support the making of 34 SCforH country cards.

Description: SCforH - Creating mechanisms for continuous implementation of the sports club for health guidelines in the European Union, is a new project in which ENGSO Youth is participating as a partner. The main objective of the project is to increase the participation in sport and HEPA in EU by encouraging sports clubs and associations to implement SCforH principles in their activities. The kick-off meeting will take place in Zagreb, Croatia, at the beginning of February.

COME IN!

Inclusive sports programmes for young people with and without disabilities

1 Jan 2018-31 Dec 2019



Milestones:

- The inclusive [toolkit](#);
- Training course across EU;
- Communication campaign;
- Final conference.

Description: [Come In - Creating Opportunity for sport Members](#) at grassroots level to Enable Inclusion, as a partner with the intention of continuing fostering inclusive sports programmes for young people with and without disability.

Position papers

Mental Health and Youth Sport

Mental ill-health is the most common health issue among young people, with 75% of mental illness having its onset before the age of 25. Taking into consideration that every sixth person in the world is an adolescent, addressing mental health disorders from an early age onwards is essential for public health. Adolescence is a critical, transformative time of life.

[READ THE PAPER](#)

Safeguarding Children and Youth in Sport

Despite all positive social and personal aspects of participating in sports and physical activity, some minors are affected by negative experiences. Like in any other arena involving a close personal relationship and authority relationship toward children, a sporting environment may also sometimes expose them to particular risks. Various studies show that children and youngsters can be subject to different forms of violence in sport, which can lead to lifelong consequences on their emotional, physical and psychological health and personal development. Sexual harassment, physical violence, verbal abuse, bullying and neglect are just a few examples that can deeply affect minors' participation in sport activities.

There are a number of young citizens who are growing frustrated and disengaged with politics in Europe. Social exclusion, marginalization and extremism still represent a great threat to the younger generations. Europe is facing a number of internal and external challenges from rising populist political agendas and Brexit to rapidly changing global political, economic and security landscapes. There are a number of young citizens who are growing frustrated and disengaged with politics in Europe.

[READ THE PAPER](#)

Youth Sport for Climate Action; policy paper

Undoubtedly climate change is shaping the future of our planet. It has many social implications, varying from the displacement of communities, threatened local livelihoods and decreased recreational opportunities. Global warming is placing our future generations at risk. From Poland to Colombia to Australia, thousands of young people are protesting and marching to encourage new policies towards the planet's protection, raise awareness of the tremendous impacts of climate change and global warming and demand that action be taken at the political level.

[READ THE PAPER](#)

Sport and Active Citizenship: The European Parliamentary Elections 2019 - The ENGSO Youth Position

There are a number of young citizens who are growing frustrated and disengaged with politics in Europe. Social exclusion, marginalization and extremism still represent a great threat to the younger generations. As a consequence, ENGSO Youth echoes views of the European Youth Forum, according to which 'the European Union needs to be reinvented, injected with fresh ideas and visions, to transform itself into an entity that young people want to engage with'.

[READ THE PAPER](#)

Toolkits, manuals and handbooks

SPIDI video manual

The final outcome of the Sporting Inclusion and Diversity (SPIDI) international activity - the video manual, has been released. The SPIDI video manual includes fun and simple games which facilitate inclusion (through sport). The activities are easy to adapt to any location, timing, number of people or equipment and tools available.

VIDEO MANUAL

Score all 17 manual

Score all 17 is the outcome of the Sport for Sustainable Development project, in which partners have taken action to show how sport can contribute to all 17 Sustainable Development Goals and how young sports people can make a change for a better and more sustainable future. This transcontinental youth initiative aims to promote social responsibility and intends to raise awareness on the link between sports and sustainable development by offering interrelated learning mobility opportunities for youth sports leaders, sports professionals and young people in general.

READ MORE

Skills for You(th) through Sport handbook (SK4YS)

The handbook aims to raise awareness on the transferable skills that sport-based educational activities can develop for young people - especially those not in employment, education or training. The publication is preliminarily addressing youth and sport organizations that aim to deliver programs that can boost certain soft skills of youngsters from fewer opportunities backgrounds. Besides providing practical advice, it also features ten European organizations that run employability and sport-based development programs for youth target groups.

[READ MORE](#)

Step in for inclusion; COMEin project toolkit

The final product of the COMEin (Creating Opportunity for sport members at grass-roots level to enable inclusion) project "The inclusive toolkit" has been released and is available to everyone for free. The toolkit includes the reports, information, exercises and the inclusive sport programmes collected by the official project partners: OPES Italia, ANESTAPS, SPARC Sport, Special Olympics Europe Eurasia and ENGSO Youth.

[READ MORE](#)

Sport for Active Citizenship toolkit

Thirty-five young leaders were introduced to the 'Have Your Say!' manual, and through participatory workshop helped its adaptation to the sporting context. This Toolkit is a result of their collaborative work. The Toolkit includes some theoretical reflections on how sport can be a learning tool for active citizenship, democratic participation, and how it can contribute to more inclusive communities.

[READ MORE](#)

Sports For Climate Action Framework and European Climate Pact

ENGSO President Stefan Bergh, ENGSO Secretary-General Sara Massini and ENGSO Youth chair Ugnė Chmeliauskaitė signed the Sports For Climate Action Framework, initiated by the United Nations Framework Convention on Climate Change (UNFCCC). With the signature, we expressed our intent to support and implement the principles enshrined in the Sports for Climate Action Framework and we committed to working collaboratively with our friends, partners and relevant stakeholders to enhance the climate action agenda in the sports sector and to use sports as a unifying tool to drive climate awareness and action among global citizens.

The Sustainable Development working group also initiated the action of ENGSO Youth supporting the European Climate Pact. In the beginning of 2021, ENGSO Youth joined a group of people, communities and organisations who are participating in climate action and building a greener Europe.



United Nations
Climate Change



2019-2021 Communication

We reached over 1.000.000 people.



13.000+ followers on 6 different online platforms



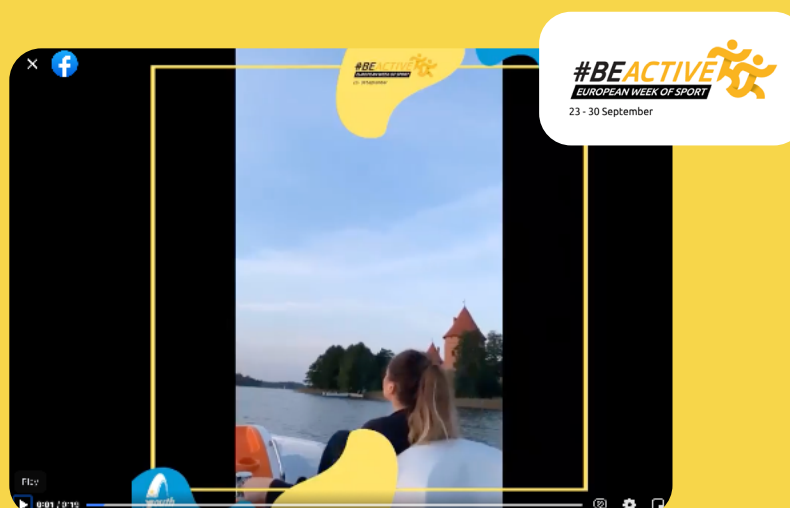
www.youth-sport.net

European-based youth community, interested in youth policies and initiatives, sport for all and grassroots sport.

Communication campaigns

Be Active, Be Active At Home, White Card, 2002 challenge

Communication campaigns were built with an aim to support and motivate the European youth to stay active and healthy (especially during the closures due to Covid-19 pandemic).



Network

Institutions



Partners/MoUs



ENGSO partner organisations



We support



Contact



Ugne Chmeliauskaite
CHAIR

chmeliauskaite@youth-sport.net



Filip Filipic
VICE-CHAIR

filipic@youth-sport.net



Matej Manevski
POLICY AND PROJECTS MANAGER

manevski@youth-sport.net



Polona Fonda
COMMUNICATION OFFICER

manevski@youth-sport.net



ENGSO Youth Secretariat
LITHUANIAN UNION OF SPORTS FEDERATIONS
secretariat@youth-sport.net

Lietuvos sporto federacijų sąjunga
Zemaites 6, LT-03117 Vilnius, Lithuania



www.youth-sport.net

Giving youth a real say in sport!

